

IASTAM

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Connecting Systems; Bridging Disciplines

• Ayurved • Yoga • Unani • Siddha • Asian Medicine •

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"Awards and ceremonies are all an applause if discipline."

- Sunday Adelaja

PRE NOTE Need to strengthen Homeopathy as constituent of AYUSH

Dr. C. K. Katiyar - President - IASTAM

People born in the 50s or 60s are aware that their parents were taking them as infants and children for treatment to Homeopathy doctor, for skin problem to Hakim Ji of Unani system of medicines, for Osteo-Arthritis, indigestion and CNS related problems to Vaidya Ji from Ayurveda while in case of injuries or fractures to doctors of modern medicines. This is an example of integration of system of medicine at the level of families in the 50s and 60s.

Later on, more and more focus went towards modern medicines due to Government patronage. The Homeopathy doctors and Hakim Ji and Vaidyas who were available on the nook

and corners of the streets in 50s and 60s have disappeared and one needs Google search to find them now. It is due to this besides other reasons that adequate research inputs could not be infused into Homeopathy despite having good potential.

AYUSH is acronym for Ayurveda, Unani, Siddha, Homeopathy and Sowa Rigpa. As per old data from the Ministry of Ayush (As on first April 2010) there were 245 Hospitals of Homeopathy out of total 3277 Ayush Hospitals, 6958 Homeopathy dispensaries out of 24289 Ayush dispensaries, 246772 registered practitioner of Homeopathy out of 785185 total Ayush registered

practitioners. Therefore, infrastructure wise presence of Homeopathy is not insignificant.

Though Homeopathy was originated in Germany its quite popular in India specially in states like West Bengal. The current objective of IASTAM is limited to the Traditional Asian Medicine but Homeopathy has also been sort of Indianised. Hence, we thought to write this pre-note to highlight the need of promoting and strengthening Homeopathy as well.

Vigyan Bharati in collaboration with Global Homeopathy Foundation has organised a pathbreaking seminar on “New frontiers in Homeopathy” very recently on 24th September 2023 in Ahmedabad.

The topics discussed included low hanging but high potential solutions to Homeopathy, relevance of Homeopathy for public health, Hospitals and integrative health care and Veteran Homeopathy also as additional health programme. This appears to be first of its kind initiative by Vigyan Bharati and Global Homeopathy Foundation. Salient outcomes are mentioned below.

The first session was on Rational, affordable, and speedy NDCTR for Homeopathy Dr Raj K Manchanda, the former DG, CCRH and Director (AYUSH) Govt of Delhi moderated the session and presented a panoramic view on the existing Drug Regulation in Homeopathy and the recent initiatives by the Government to make it comprehensive.

The second session was on Low hanging opportunities in Homeopathy with high

potential. Third session was on relevance of Homeopathy for public health, hospitals, and Integrative health care. This was one of the most vibrant sessions, where the limitations of different medical systems and the challenges in the present-day health care delivery system was deliberated in detail. The scope of homeopathy to meet some of these challenges was highlighted. The session brought in the importance of high-end research involving multi-disciplinary approaches to validate the claims in Homeopathy. And the fourth session was on Veterinary Homeopathy – A must for One Health program. Selected Homeopathic Consultants presented papers on various issues related to Animal health and the Homeopathic approaches for easy, effective, and safe solutions.

Brief report on this conference has been prepared by Dr Dangayach and his collaborators and is being published in this issue separately.

Though, Homeopathy is officially part of the Ministry of Ayush but even 4 to 5 years ago its licenses were controlled by CDSCO having its one leg in Ayush and other leg in CDSCO.

Recently new draft on drugs and medical devices has been proposed with this enabling section and helping Homeopathy to get its due share in health management. This appears to be perfect case of huge public acceptance and support but disproportionate attention of those who matter. Hope this system of medicine would get more than lip service in future with enabling proposals, projects and regulatory support.

Brief Report on the 3rd Homeopathy VijnanaSammelan held at Ahmedabad on 24th September, 2023.

*Dr Eswara Das, Founder, Global Homeopathy Foundation and
Dr SB Dangayach, Founder Trustee, Innovative Thought Forum*

The Global Homeopathy Foundation, Vigyan Bharati and Innovative Thought Forum in association with the Homeopathic Medical association, Gujarat organised the 3rd in the series of Homeopathy VijnanaSammelan at J B Auditorium, Ahmedabad Management Association, Ahmedabad on 24th Sept, 2023. The theme of the conference was “New Frontiers in Homeopathy.”

The objective of the conference was to sensitise and showcase the strength of Homeopathy in the health care delivery system within and outside its domains. The credibility of Homeopathy as a holistic health care is questioned by some quarters, not because of its therapeutic nihilism, but because homeopathy remained detached from the development of recent scientific developments. Understanding this lacune, the Global Homeopathy Foundation has taken steps to connect Homeopathic academia and research experts with main stream scientists in association with the Innovative Thought Forum and Vijnana Bharati.

The Inaugural session:

Mr SBDangayach, Patron of GHF and a passionate supporter of safe medicine with revolutionary Ideas welcomed the gathering. He highlighted the conference is to create a global standard of healthcare and education in homeopathy, and to bring together experts from around the world to share knowledge and experience in this field. He stressed that Homeopathy has the potential to revolutionize the way we approach healthcare, and to provide affordable and effective treatment to people all over the world. This conference is

to develop a safe eco system in line with the VasudhaivaKutumbakam concept of Indian ethos safeguarding not only the human health but the animal, plant and mineral kingdoms.

Dr Jayesh Sanghavi in his presidential address briefed about the Global Homeopathy Foundation and the conferences organised especially the two of the world's largest, path-breaking global events on fundamental research and Integrative Oncology. The GHF has joined hands with Vijnana Bharati – ViBha and Innovative Thought Forum (ITF) for the larger cause of elevating the stature of Homeopathy nationally and globally proposed a series of ten conferences across India for a multi-front Homeopathic empowerment capable of helping with solutions to some of the most worrying global health challenges that are the greatest concern of WHO and medical fraternities worldwide. This Series of HVS 2023-24 will culminate in a mega event in 2024. The ultimate mission behind this humongous exercise is to build a platform for the vertical rise and acceptance of Homeopathy across nations.

The Chief Guest of the function was Dr G N Singh, Advisor to Honourable Chief Minister, Uttar Pradesh and Former Drug Controller General of India. He highlighted that Homeopathy has a long history of being a safe and effective medicine that has been used for centuries. As communities around the world continue to seek holistic approaches to healing and wellness, the need for high quality education and research in the field of homeopathy is more important than ever. Dr Singh also suggested that one such event might be organised in the State of Uttar Pradesh.

Special Guest was Dr Anil Kothari, Director General, Madhya Pradesh Council of Science and Technology & Scientific Advisor to Govt of MP

Guest of Honors were Dr H G Koshiya, Commissioner FDCA Gujarat, Dr Viranchi Shah, National President, IDMA and Dr Piyush Joshi, National Secretary General HMAI

Dr Eswara Das, the Patron of GHF honoured seven eminent personalities in Homeopathy from the state of Gujarat during the event. Dr Praveen Kumar, Secretary GHF, moderated the function and Dr Sreevals Gopinath made the Vote of Thanks.

Scientific Sessions:

The first session was on Rational, affordable, and speedy NDCTR for Homeopathy Dr Raj K Manchanda, the former DG, CCRH and Director (AYUSH) Govt of Delhi moderated the session and presented a panoramic view on the existing Drug Regulation in Homeopathy and the recent initiatives by the Government to make it comprehensive. Ms, Geeta Taele, Partner Clinical solutions LLP Navi Mumbai, and Dr Sanjeev Acharya, Principal, SSR College of Pharmacy, Silvassa also made their presentation on innovating the Homeopathic products, which are getting wider acceptability among the public. Dr Anil Khurana, the Chairman of National Commission on Homeopathy could not attend the session due to indisposition.

The overall thrust was that there is an urgent need for regulatory frame work for NDCTR in Homeopathy. The Classical Homeopathic preparations are regulated through the Homeopathic Pharmacopeial frame work, however, the Homeopathic products including the nutraceuticals, cosmetics, Veterinary and Agri-care products do not have a regulatory frame work. This is an important area where standards need to be brought in through proper clinical trials for better credibility and competitiveness. This also offers tremendous scope for patenting

the products by the industry and offer much opportunities to the PhD programs.

The second session was on Low hanging opportunities in Homeopathy with high potential. Dr S P S Bakshi, CMD, Bakson group of Institutions was the key speaker, but informed his inability.

Dr Dinesh Dua Former Chairman, Pharma Expo Council, Dr Sudipta Narayan Roy, M D Powel Laboratories (P) Ltd, Dr Rajesh Shah, Practicing Homeopath, Political activist and Pharma CEO from Vadodara and Shri Mridul Goel, Director, M/S Goel Pharma Laboratories presented papers on the high opportunities in Homeopathy which are otherwise considered clinically less important like use of Biochemic remedies in mal absorption and mal assimilation, use of Calendula and arnica in wound healing etc. Such economically viable options could be used in public health care delivery system as cost effective and nontoxic alternatives.

Relevance of Homeopathy for public health, hospitals, and Integrative health care was the third session. Dr Dileep Mavlankar Former Director, IIHP, Gandhinagar., Dr Juhi Gupta, Govt Homeopathic Medical College, Bhopal, Dr Abdul Ghafur, Consultant, Infectious Diseases, Apollo Hospital, Chennai and Mr Pradeep Borar IAS, Rajasthan were the speakers. It was one of the most vibrant sessions, where the limitations of different medical systems and the challenges in the present-day health care delivery system was deliberated in detail. The scope of homeopathy to meet some of these challenges was highlighted. The session brought in the importance of high-end research involving multi-disciplinary approaches to validate the claims in Homeopathy. The session also called up on the organisers to take up this issue urgently with appropriate authorities and the speakers assured support to involve themselves to find solutions to this grave challenge through Homeopathic research. It also

Report

suggested for standard protocols and pragmatic solutions in preventive and promotive health through Homeopathic principles.

The fourth session was on Veterinary Homeopathy – A must for One Health program. Dr Surjit Singh Makker, renowned Veterinarian and former Joint Director, Govt of Punjab, PDr Vikram Jani, Amul Veterinary Homeo Unit, Amul Dairy, Dr Poshak Patel, manging Director, Gujarat Sheep and Wool Development corporation, Dr Shivang Swaminarayan, Homeopathic Consultant, Gujarat presented papers on various issues related to Animal health and the Homeopathic approaches for easy, effective, and safe solutions.

Panel Discussion:

The theme of the Pannel discussion was on VasudhaivaKutumbakamand on how to popularise the strength on Homeopathy in Public health delivery system to create a holistic, integrative inclusive pluralistic safe health system which would be affordable, easily reachable, ecofriendly with least carbon imprint. The Panellists were Shri S B Dangayach from Innovative Thought Forum, Shri P C. Pande IPS, Former DGP, Gujarat, Dr Nandini Sharma, Homeopathic Consultant from New Delhi, Dr Prakash Joshi, Vice President of Medicynth, Mumbai.

The delegates were limited to 450 offline and about 2000 participants joined through direct Youtube link and about 5000 viewed the conference through external links from across the world attended the conference. About 50% delegates were from homeopathy and remaining were from different branches of Science & Technology, Biomedicine, Management trainees and experts, Lovers of Homeopathy, Veterinary and Agri-care students/ experts. The Speakers were also be eminent personalities from different dimensions of Science, Philosophy and Public life who gave an outsider's perspective on Homeopathy, which is considered essential to take forward the system in future Global health care.

Valedictory Function:

The valedictory speech was given by given by Padmashree V Prakash, who emphatically stressed to formulate small groups of experts in each of the topics and prepare recommendations to the concerned authorities for implantation. He observed that this was a momentous occasion to collate opinions and views on Drug laws related to Homeopathy, especially the New clinical trial strategy and NDCTR. Also, we are deliberating the extend of developing Homeopathy in veterinary practice and Agri Care. Low hanging opportunities in Homeopathy is having very high potential especially in long term, lifestyle and chronic conditions which are having very less scope in other medical system other than management. If Homeopaths uses the management options available in other medical system and use their therapeutic modalities, it would give the best treatment option not for management alone, but for curing the illness. Use of Naturopathy, Homeopathy, Yoga and such therapies will help in evolving a new paradigm in health care.

Conclusion:

It was indeed a very educative conference for the Homeopathic fraternity as well for the lovers of Homeopathy. The conference debated on many untapped areas in Homeopathy that can be great businesses opportunities. GHF now has a lot on it's plate including thought leadership in Homeopathy and policy support to translate some of the ideas, research etc into programmes or impactful enterprises.

This was a momentous occasion to collate opinions and views on Drug laws related to Homeopathy, especially the New clinical trial strategy and NDCTR. Also, we are deliberating the scope of developing Homeopathy in veterinary practice and Agri Care.

Gujarat Mineral Development Corporation-Gramya Vikas Trust (GMDC -GVT) and many stake holders and lovers of Homeopathy supported the event.

Report - International Conference on 'Practical Application of Fundamental and Diagnostic principles of Ayurveda'

Organized by

J. S. Ayurveda Mahavidyalaya & P. D. Patel Ayurveda Hospital, Nadiad
in association with IASTAM India and Ayurveda Point, Italy

3rd-4th September 2023



The institute had organized 7th International Conference, on "Practical Application of Fundamental and Diagnostic principles of Ayurveda" on 3rd & 4th September 2023 and pre-conference workshop on "Practical Application of Fundamental and Diagnostic principles of Ayurveda" 1st & 2nd September 2023 along with Vaidya Sundarlal Joshi Smriti Puraskara Samaroha on 3rd September evening in which four eminent personalities were awarded.

Total 340 delegates attended the conference. In the conference 13 scientific sessions (4 Plenary, 7 Parallel and 2 poster sessions) were held. There were deliberations of ten invited eminent speakers in 4 Plenary scientific sessions while 113 oral presentations in 7 parallel sessions and 41 poster presentations in 2 poster sessions were done by delegates as per the theme of the Conference. During the conference, discussion and deliberation on fundamental Principles

of Ayurveda such as-Understanding the concept of Dosha and Agni, Importance of Agni, Application of Daivavyaprashraya and Satvavajaya Chikitsa, Concept of Oja and Vyadhikshamatva, Multidimensional approach of Tantrayukti and Tantradosha, Practical application of Arishta Vijnana, Concept of Srotas and its applied aspects, Vyadhighataka and their importance in Samprapti, Basic principles of Ayurveda in Roganidana diagnostics, Maxim Application of Nyaya A was done .

A Souvenir was also published with ISBN number in which selected full papers were published. Organizing committee is thankful to IASTAM for academic support for the conference and President of IASTAM India – Dr. C.K. Katiyar for sending his best wishes for the conference which is also published in Souvenir.

By- **Dr. Haripriya Panjabi**
Organizing Secretary

IASTAM appreciates a big step from the Ministry of AYUSH on "Ease of doing business" by advising that Sch T approved manufacturing units of AYUSH may be used to manufacture products with FSSAI Licences in the same premises with due precautions to avoid cross contamination. (Letter of Drug Policy section, Ministry of AYUSH, Government of India/I/67148/2023 Dated – 31.08.2023)

It comes as a huge relief to AYUSH Industry.

Congratulations:



Dr Kirti Bhati, Secretary - IASTAM, India and Associate Professor, Department of Swasthavrita & Yoga, was conferred "Suryadatta Dhanvantari National Award - 2023" for Excellence in the field of "Medicine & Social Service" as Ayurvedacharya on 16th September 2023, in National Conclave : Impact of AI & Digital Technology in Medical Science & Suryadatta Dhanvantari National Award – 2023 Ceremony

Dear Editor, IASTAM Newsletter

Letter on Prenote on Standardised Extracts published in IASTAM newsletter September issue.

This Prenote by the President (September 23 issue) is very scientific, factual and timely.

As a pharmaceutical scientist who has worked in this area, Global awareness, and acceptance of documented long History of Safe Use (HoSU) has gained regulatory approvals. EU directive states same. Indian Nutraceutical regulations, based on HoSU, listed several botanicals documented in Indian TK permitting them for use in health supplements. This food regulations clearly state the botanicals, parts to be used, minimum and maximum permissible level for such use. The provisions under General requirements clearly state that if Extracts of these herbs listed in the schedule to Nutraceutical regulations if to be used they can be - aqueous, ethanolic and ethanol-water Extracts only and basic extractive values as the levels to be within the permissible levels. Use of any other part of botanicals listed, Extracts

using any other organic Solvents or technology do not qualify for extrapolation of HoSU and hence are not permitted for use in products under Nutraceutical regulations. Such ingredients would fall under FSS (Non-Specified Foods & Food Ingredients) regulations and would need Prior Approval of the Foods Authority. The aspect of standardized Extracts involving fractionation, enrichment, use of other than permitted Solvents for extracts, if applicable full Toxicology data, including Ame's test results, Carcinogenicity data, and where applicable technology data ate submitted, and reviewed by Authority is under consideration by the Authority.

The above is being conveyed for clarity as suggested by the President IASTAM.

Ministry of Ayush may provide further clarification.

DBANarayana

Bangalore. Dated 14th September 23.



XIVth IASTAM ORATION AND AWARDS 2024 NOMINATIONS INVITED

Since 1990 IASTAM has instituted and nurtured the unique tradition of IASTAM Orations and Awards.

With systematic and stringent selection procedure evolved over several years IASTAM Awards are vastly respected and coveted by experts from various fields.

Suggestions from Members of the Managing Committee, Members of the National Advisory Council and Previous Awardees has helped us increase the quality and reach of these awards.

IASTAM Members are requested to nominate the best of experts for different categories of National Awards.

Last Date of Nomination - on or before 31st October 2023

For Details - List of Previous Awardees, Award Categories, Criteria and Procedure, Nomination and Selection,

please visit IASTAM website - www.iastamindia.org

Views and opinions expressed in different articles are entirely of the writers and authors

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To,