

IASTAM

INDIA

NEWSLETTER

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Connecting Systems; Bridging Disciplines

• Ayurved • Yoga • Unani • Siddha • Asian Medicine •

**"Technology is synonymous
for connection
with other people."**

- Sebastian Thrun

Communiqué

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PRE NOTE

Message from President

Dr. C. K. Katiyar

Dear IASTAM Colleagues

Greetings for the festive season and hope you are enjoying it.

Besides on going festive season in our personal lives this is time for IASTAM also to initiate celebration of success of individuals with expertise and achievements in their domains.

With this we are announcing invitation of nominations for IASTAM Awards. The details would be available at our web site. You are requested to please provide your recommendations along with the CVs for evaluation.

We are happy to inform that due to persistent efforts of last Management Council led by former President Dr. N. S. Bhatt, these awards have now become coveted and have assumed tremendous significance. Hence, please evaluate yourself before recommending the nominations and send them to Dr Kavita Indapurkar, Secretary General of IASTAM.

We are planning to host the Award function in mid or late February 2022, the details of which shall be communicated as and when they are finalised. The modality of the function is also subject to prevalent situation of COVID-19 on whether it would be physical or virtual or hybrid mode like last year. However, it will

not impact the enthusiasm of the function.

You would be happy to know that after successful publication of IASTAM "Integrative Perspectives: Ayurveda, Phytopharmaceuticals and Natural Products" edited by Dr. N. S. Bhatt on completion of 40 years of Oration and Awards of IASTAM. Dr Bhatt and his team are at the advance stages of completion of another land mark work on Asian Medicines, which will be a reflection of Asian characteristic of IASTAM.

We are happy to inform that this is 60th issue of IASTAM Newsletters and would be completing 5 years. Whole credit of this enviable feat goes to Dr. N. S. Bhatt and Editorial Board of IASTAM Newsletter. Kudos to the team.

As all of you are aware these are the times of high end technology and digitisation. We need to decide in upcoming meeting of members of the Managing Committee on whether we should also upgrade to digital version of the Newsletter. Final decision would be taken only after the discussions.

Looking forward to your continued support and inputs for the success of IASTAM.

Thanking you



ARTICLE **IASTAM INDIA, WHAT NEXT? SOME UNFULFILLED AGENDA**

Dr. Narendra Bhatt

IASTAM has forty years of unparalleled experience as an integrative organization in the field of AYUSH. It has actively provided a catalytic platform to bring together different systems and various disciplines. As it enters its new phase there is need to get better aligned with new age academics, research and even industry. The following seven-point agenda is proposed to ensure its enhancement.

I. Continuity of Awards

All efforts must be made for continuance and quality of the awards that have helped IASTAM create its identity and reputation. Maximum efforts to adhering to the stringent procedure of selection of the awards is a must.

With substantial growth in the number of AYUSH institutes, organizations and industry there is need for a new series of awards to attract new generation for their contemporary achievements for accepting and expanding horizons of AYUSH systems.

IASTAM – Baidyanath Awards for - (i) Best Research In Standardization” Of Ayurvedic Classical Products, (ii) Best Technology Adaptation” For the Basic Classical Ayurvedic Product Concept and (iii) Best Validation / Clinical Research” On an Ayurvedic Classical Product – are examples of such relevant awards.

II. Involving New Generation and Enhancing the IASTAM Recognition

The new generation is getting into variety of tasks and professional activities mostly driven by market forces. A subtle ambiguity and friction are felt about career opportunities and choices. Cross system activities are not only desirable but a must. IASTAM can play a very important role in providing those directions by deliberations with the help of varied expertise.

Postgraduate studies in AYUSH field are aplenty. Recognising the excellence in academic research for their interdisciplinary contribution efforts will help IASTAM objectives. Efforts initiated to publish the nine ‘Best MD/ Ph.D Awardee Theses of IASTAM - BVDU Awards are a good example of present-day needs. Sponsorship from suitable Individuals/ Bodies/ Trusts/ Industries/ could be obtained. IASTAM has experience of identifying subjects and methods to define parameters for final selection.

III. Publication, Communication and Use of New Media

It is difficult to cope up with changing technologies. A specific attention on dynamic use of suitable media for communications is important. It is desirable that a technology oriented expert group be formed to attend to this important requirement.

IV. Cross System & Cross Faculty Activity Enhancement

Cohesive scientific activities are becoming more a norm rather than exception for growth. IASTAM with its multidisciplinary approach can expand its catalytic role. Organizing deliberations on interdisciplinary subjects and forming groups with action plans will widen reach.

V. IASTAM Platform : Independent Meets / Conclaves

IASTAM pioneered the not only the concept but right methods of organizing intellectual ‘Conclaves’ for productive deliberations and outcomes. ‘Consultative Meet to Prioritize AYUSH Research Activities in the Field of Cancer for International Collaboration’ or ‘National Debate on Therapeutic Pluralism’ are good examples of IASTAM strength.

With an established reputation of organizing and documenting outcome-oriented Conferences, Conclaves and Meets on Subject of significance. IASTAM could emerge as a reliable platform provider to address newer and newer issues that are emerging. IASTAM can collaborate with other private and governmental bodies dealing with specific subjects.

VI. Asian Medicine : International Initiative

Presently the area of Asian medicine is of international interest. There is an unfulfilled need to develop an international body which necessarily will look into issues related to knowledge enrichment and mainstreaming with medicine. It

Please see last page for IASTAM India Award Announcement

ARTICLE

is desirable that IASTAM takes initiatives to bring together professionals having different expertise to explore and expand use of Asian Medicine for betterment of mankind. IASTAM can evolve specific agenda and add to WHO impetus.

'Asian Medicine: Global Health' was the theme for ICAAM 2016 – International Conference in January 2016. I proposed the motto “Connecting Systems, Bridging Disciplines” to bring together all interested. With 40 years of activities and experience IASTAM in a country like India with most institutionalized medical pluralism in the world has character to play the necessary role. IASTAM India in brief has capability to provide not only method to communicate but the language as well. For global need, Asian approach is inevitable if Asian Medicine have to survive intact. The earlier it happens, better it will be. **IASTAM – India has necessary indulgence to provide that platform to take on the lead. A well-planned and large international event will of great help for new age awareness and global links.**

We are re-working on the Asian Medicine book. The text covering nine Asian medical systems with 27 chapters is undergoing final editing. It is expected to be a landmark publication of international value.

VII. Constitution related / Changed form

There have been discussions about the repositioning of IASTAM right from its nomenclature to its different activities and relink it. **There is need to reposition IASTAM - India to satisfy new academic, research, industrial and regulatory needs both at national and international levels.**

FOR IASTAM THE FUTURE IS READY TO BE EXPLORED FURTHER.



AYUSH AND TARGETED THERAPEUTICS: THEME OF THE NEXT IASTAM CONCLAVE

-Dr. Narendra Bhatt

Research in the area of 'Targeted Therapeutics' is aimed to develop effective drugs for the treatment of various diseases where multiple cellular and molecular mechanisms are involved in development of a disease. These therapeutics are designed or expected to act at multiple levels to address the disease dysfunction that appears as a result more than one cellular or molecular disarrays.

Targeted therapies are substances that block the growth of unwanted cells and pathogens by interfering with specific molecules involved in the growth, progression, and spread of disease. These are termed *precision medicines*. The advances in biotechnologies have now made it possible to examine effects of such therapeutics.

Ayurveda, Unani and Siddha systems based on humoral - functional theories with well-defined categorization of distinctive tissue systems offer opportunities to correlate clinical manifests and disease dysfunctions. These systems offer promising therapeutic approaches to address the multi-level dysfunctions. The targeted therapeutic modalities provide have opened up better possibilities to explore the concepts of six-stage samprapty, formation of a disease as in Ayurveda on one hand and multiple indications ascribed to ingredients and their formulations.

More importantly, certain class of highly potent ingredients of inorganic and organic origins are prescribed and regularly used by professionals. The ancient alchemy is known to have mastered the art of this category of therapeutics. These drugs are clearly stated to bypass the systematic pathway and directly act at the site responsible for the disease manifest which is similar to action at more than one cellular or molecular pathway for effect on the dysfunction as a whole.

Targeted therapeutics are most commonly used in cancer therapy. However, with rise in other degenerative and debilitating diseases the role of this group of drugs is expected to rise in coming times. This search may now include drug resistant infections, viral infections of variable adaptations and such others. This research essentially is aimed at finding a cure where ancient alchemy has a potent role.

The proposed conclave will have experts from specialised fields to share their views on evolving translational modalities. The conclave aims to deliberate on different aspects of targeted therapeutic approach to examine its potentials to explore AYUSH systems and to evolve a novel transdisciplinary vision for cancer and such other similar disease conditions.

It is heartening to know of the decision of the IASTAM Managing Committee to have planned the next Conclave on this very important and upcoming field of research.

GRATITUDE

IASTAM Oration and Awards 2022

We at IASTAM India are proud to announce the IASTAM Oration and Awards 2022.

*The (1) IASTAM Pandit Shiv Sharma Oration **For Contribution to Promotion of Ayurveda** and (2) Prof. K. N. Udupa IASTAM Award **For Contributions in Research in Indigenous Systems of Medicine** (Preferably given to Scientist / scholar from Modern biomedical sciences for contribution to Ayurvedic Research) were initiated and will be continued to be managed by **IASTAM INDIA**.*

*This year (3) Dr C. Dwarkanth IASTAM Award **For Contribution To Contemporary Interpretation Or Application Of Ayurvedic Principles** (Preferably given to an Ayurvedic Scholar / Scientist who has contributed to novel interpretation of Ayurvedic knowledge for its contemporary application) will be organised by the association and supported by the office bearers.*

*The two IASTAM International Orations are sponsored by **EMAMI Ltd - Zandu**. We once again express our gratitude for their continuous support and sponsorship.*

*(4) Zandu International Award for **'Excellence in Research Contribution to Ayurvedic and / or Natural Products'**.*

*(5) Zandu International Oration (Indian Citizen) for **'Excellence in Research Contribution to Ayurvedic and / or Natural Products'**.*

*We sincerely appreciate the support from the old Sponsors for the continuation of IASTAM Awards and New Sponsors for their financial support for continuation of other **THREE AWARDS**.*

VINA CHARITABLE TRUST** for (6) Vinaben Patel IASTAM Award **For Excellence in the Teaching - Ayurveda

VAIDYA BALENDU PRAKASH** for (7) Vaidya Chandraprakash IASTAM Award **For Excellence in Rasashastra

MR. REINHARD BOGLE, YOGA FORUM MUNCHEN** through **DR. NARENDRA BHATT** for the (8) Yoga Forum Manchen Patanjali IASTAM Award **For Contributions to Yoga AND

***SHRI GIRISH PARIKH** for*

*(9) Dr. K. M. Parikh IASTAM Award **For Contribution to Development of Ayurvedic / Herbal Pharmaceuticals**;*

*(10) Shri Mathurdas Parikh IASTAM Award **For Excellence in Profession - Ayurveda**;*

*(11) Shri Gopaldas Parikh Award **For Product Development, Standardization and Quality Control***

*(12) Shri Jugatram Vaidya Award **For Excellence in Shalya Tantra***

The Nomination and the Selection Procedure for the Oration and Awards remains the same. The details are available on the website. IASTAM-India Members Are Urged To Nominate The Best Of Experts.

For details and nomination form kindly visit website - www.iastamindia.org

The NEXT 12th series of IASTAM Award function and Conclave is proposed to be held in February 2022



HONOUR

HONOUR

Prof. Dr. Subhash Ranade and Dr. Sunanda Ranade Felicitation at Nagpur on Ayurveda Day



Prof Ranade Subhash was felicitated at Jupiter Ayurveda Medical College, Nagpur with Ayurveda Maharishi Award, Life Time Achievement Award, Ayurveda Bhushan Award, Global Ayurveda Teachers Award and Ayurveda Nidan Bhushan Award by Prof Subhash Waghe and Prof Upadhyaya



Dr Sunanda Ranade was felicitated at Jupiter Ayurveda and Medical College, Nagpur with Ayurveda Maharishi, Best Global Ayurveda Teacher, Ayurveda Nidan Bhushan and Life Time Achievement at the hands of Mrs. Tarini Nikhare



From left - Dr Dhanvantari, his mother, Vaidya Harinath Jha, SRI SRI Ravishankar ji, Prof Ranade and Dr Sunanda Ranade

Prof Ranade Subhash and Dr. Sunanda Ranade were invited at ashram of SRI SRI Ravishankar ji at Vasad and were felicitated by him.

IASTAM NEWSLETTER - THE NEW EDITORIAL TEAM

With This, November 2021 Issue IASTAM has completed 5 years of regular publication of monthly IASTAM Newsletter. We appreciate the support received from all the members.

A NEW EDITORIAL TEAM has been constituted at the meeting of Members of the managing committee on 12 November 2021.

We are happy to introduce the youngest member of the managing committee Dr. Vidhi Bapna who has volunteered to take up responsibility as the 'Editor'. We are confident of the continuance of IASTAM Newsletter with enthusiasm and new features. Dr. Vidhi Bapna, Member of Managing Committee. She is M.D. in Dravyaguna presently working as a Professor and Head of the Department, P.G. Dept. of Dravyaguna, J.S. Ayurveda Mahavidyalaya, Nadiad (Gujarat). She is Chief Editor of International Journal of Ayurveda and Pharmaceutical Chemistry and (Herbal section), International Journal of Green and Herbal Chemistry, Scientific Advisor to 'International Ayurveda Foundation'.

A New 'Editorial Advisory Board' comprising of Dr. Chandra Kant Katiyar; Dr. Kavita Indapurkar; Prof. Dr. S. N. Gupta, Prof. Dr. Sanjeev Rastogi, Shri Girish G. Parikh and Dr. Narendra Bhatt as Chairman will guide and support the publication.

Next Issue of Newsletter will require to undergo procedural formalities with the authorization and will be published accordingly

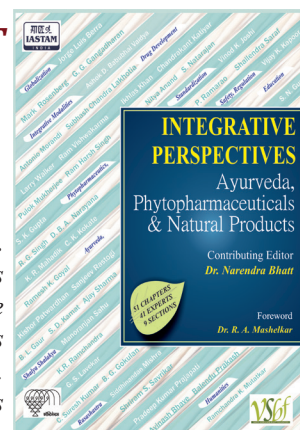
REVIEW

EXCEPTIONAL ACCOLADE ON IASTAM TEXT

BY DR. MOHAN NAIR*,
A DOYEN OF PHARMA INDUSTRY
IN INDIA

375 Copies sold in
an year with
100 complementary
to Contributing Authors
& important reviewers

As IASTAM text 'Integrative Perspectives: Ayurveda. Phytopharmaceuticals And Natural Products', completes one year of its publication- it was on 13th November 2020, the Dhanvantari Jayanti Day - it was heartening to receive accolades from Dr. Mohan D. Nair; an internationally known stalwart of Indian pharma. industry. Relevant Excerpts from mail of Dr. Mohan Nair to Dr. Narendra Bhatt about the IASTAM Text reads as -



"Narendra, I owe you a sincere apology for not sending you even initial feedback on the book ably edited by you with your own contributions at the end of every section. The fact is that I thought I will write after an initial browsing. In spite of my suffering from AMD with considerable impaired vision I almost finished the section on globalisation which is the most seminal topic connected with spreading the benefits of the system. I am at an awe as to how you (or any one for that matter) could undertake bringing out such an encyclopaedic work. I really need to offer my pranams to you after reading even one section. I accept you as my guru and guide. How you did it still baffles me. I then browsed through the other seven sections and I find all of them equally scholarly and relevant.

The question is how to bring your brilliant ideas and suggestions to the attention of our stake holders? My proposal is to make an executive summary in the form of recommendations and submit it to all the policy makers. The present Govt seems to very much in favour of supporting such a venture.You are truly a role model as a multi tasker doing so many things at one time. Best Regards, Mohan"

*Dr. Mohan D. Nair, is credited with providing visionary and innovative conceptual and novel approaches with vision to develop the Indian pharma industry become global player in research, technology development, and production. His area of specialty includes patents, documentation and information management for the pharmaceutical industry, and the evaluation and development of biotechnology. A former consultant to WHO he has held senior most positions (CIBA GEIGY, SPIC, SAMI LABS) and has been instrumental in setting large and unique production & R & D facilities in the country. As an established strategist, internationally he has been one of most vocal promoter of Indian pharma industry. He is author of Fifty Years of Pharmaceutical Industry' (2019).

Appreciated by Stalwarts

Dr. R. A. Mashelkar, (Forward.); **Shri Shekhar Dutt**, (Important for our country);

Vd. Prof. T.R. Shantala Priyadarshini, (innovative much needed book.);

Shri Shiv Raman Dugal, Institute of Clinical Research India (....ordering for our 14 libraries),

Commonly mentioned by many -Very Valuable Insights and Knowledge About The Entire Science Of The Traditional Medicinal Systems.

Reviewed by Experts

Prof. R. K. Mutatkar, (..admirable contribution),
Dr. Manasi Deshpande (..covers all areas, in the integrative perspective...)

Dr. A. J. Baxi (..“Hats off” to the marvellous job...);
Dr. R. B. Smarta (..integrated modalities to drug development and discovery),

Prof. Ramesh Goyal, Vice Chancellor, DPSRU (..to develop global products ..)

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INSTITUTIONAL NEWS

Contributed by Delhi Pharmaceutical Sciences and Research University, Delhi

"VACCINATION DRIVE"

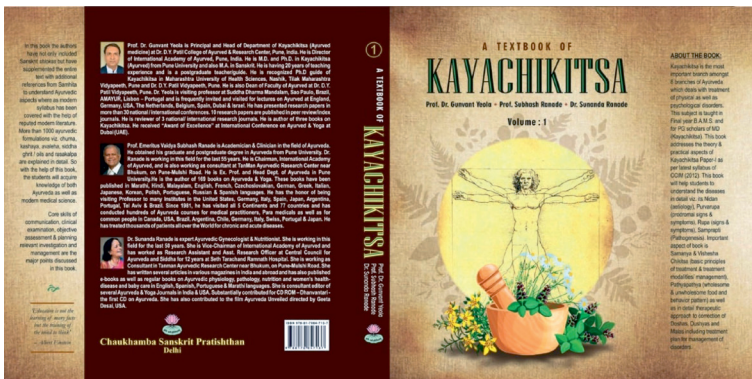
Delhi Pharmaceutical Sciences and Research University (DPSRU), Govt. of NCT of Delhi, in collaboration with Integrated District Health Society (IDHS), South District, Directorate of Health Services, Govt. of NCT of Delhi, organized a FREE Vaccination drive (COVISHIELD VACCINE) for faculty / staff members and their families on 30.09.2021.

The vaccination drive was inaugurated by the Prof. Ramesh K Goyal, Hon'ble Vice-Chancellor. Prof. Goyal, in his inaugural speech emphasized that DPSRU has followed the safety guidelines and taken all measures to keep the campus safe during the pandemic.



Contributed by Prof. Dr. Subhash Ranade, Pune

169 book of Dr. Sunanda and Dr. Subhash Ranade



A Textbook of Kayachikitsa. This is book number 169. Latest book written by Dr Guntant Yeola, Dr Subhash Ranade and Dr Sunanda Ranade. Published by Chaukhamba Sanskrit Pratishthan Delhi.

Kayachikitsa publications- History - Perhaps in the history of Ayurvedic book publication, the Kayachikitsa book By Dr. Ranade have the longest history. It was first published in Marathi and later on in English medium and has changed hands with three publishers. Kayachikitsa was first published

under the title of Rogvijnyan Kayachikitsa in Marathi. Later on we had to prepare its various editions due to several changes in the pattern of BAMS syllabus. Therefore in many editions new diseases and their treatment had to be updated.

Kayachikitsa Marathi Publications - Rogvijnyan Kayachikitsa -received first prize of Rs. 1000 by Pune University in 1980. **Sampoorna Kayachikitsa** – Total 8 editions. **Sankshipt Kayachikitsa** - published in August 2010. **Kayachikitsa -Part 1, Part 2, Part 3, Part 4** – As per Kayachikitsa Paper 1 to 4 was published in 2007. **Kayachikitsa -Part 1 and Part 2**. **CCIM syllabus -Paper 1 and 2** were included in Part 1 and Paper 2 and 3 were included in part 2 From 2017 total 7 editions.

Kayachikitsa English Publications- One Volume Orange book edition - specifically written for foreign readers and hence it was without any Sanskrit text and published in 2001. This book became very popular with students in Germany, Italy, Portugal, Swiss, USA, Brazil and Chile. The reprint was published in 2006. **Kayachikitsa - Part 1, Part 2, Part 3** Volume edition. In 2009, these volumes were prepared with proper references from all ancient sanskrit texts and was published in three volumes. **Kayachikitsa - Part 1 and Part 2** edition. In September 2021, it was updated according to new changes in CCIM syllabus with reference to all texts in Sanskrit shlokas. This was written as per CCIM syllabus. The book contains information of over 300 diseases and their treatment with more than 1000 formulations including churna, tablet, kashaya, asava and arishta, avaleha, siddha ghrita and taila as well as rasayana kalpas.





XIth - IASTAM ORATION AND AWARDS 2022

~NOMINATIONS INVITED~

Since 1990 IASTAM has instituted and nurtured the unique tradition of 'IASTAM Orations and Awards'.

91 Interdisciplinary Awards under this 'Aspiring tradition' aims to encourage learning, growing and aspiring for excellence in the areas of AYUSH, Related Sciences and Integration.

With systematic and stringent selection procedure evolved over several years IASTAM Awards are vastly respected and coveted by experts from various fields.

Suggestions from Members of the Managing Committee, Members of the National Advisory Council and Previous Awardees has helped us increase the quality and reach of these awards.

IASTAM Members are requested to nominate the best of experts for different categories of national Awards

Last Date of Nomination - on or before 30 November 2021

For Details - List of Previous Awardees, Award Categories, Criteria and Procedure for Nomination and Selection, please visit IASTAM website - www.iastamindia.org

Views and opinions expressed in different articles are entirely of the writers and authors

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Reach Us

iastam.india@gmail.com

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From,
INDIAN ASSOCIATION FOR THE STUDY OF
TRADITIONAL ASIAN MEDICINE (IASTAM INDIA)
Bharati Vidyapeeth University,
College of Ayurved, Dhankawadi, Pune - 411 043
Ph. : 020-24373954

To,