

# IASTAM

INDIA

## NEWSLETTER

### Communiqué

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\*Vol : V \*Issue : 10 \*September 2021 (Monthly) \*Price: Rs. 6/- \*Page 8 \*Pune

### Connecting Systems; Bridging Disciplines

• Ayurved • Yoga • Unani • Siddha • Asian Medicine •

**"Knowledge of other people's beliefs and ways of thinking must be used to build bridges, not to create conflicts. ."**

**- Kjell Magne Bondevik**



## PRE NOTE

### General Body Meeting and New Managing Committee

**Dr. Narendra Bhatt**

The postponed General Body Meeting of our association was held on August 19th, 2021 along with the concluding phase for the election of the office bearers and members of the managing committee for the term 2021-2024.

For the first time in the history of our association the actual election necessitated with a greater number of nominations for the position of members of the managing committee. The ballot procedure was concluded amongst the members present with norms of secrecy. This is a welcome happening when compared with earlier long back situations where efforts were needed for getting nominations. The details of the minutes of General Body Meeting and the outcome of the election appear inside this issue.

I had declared my decision to quit the position of president in 2017. Despite desire of several senior members and colleagues I have considered it appropriate to ensure change in management. This is based on my firm belief that I have always practiced in my activities and career that *individuals are meant for organization or an institute* and not vice versa. Change is a necessity to grow with time that is ever changing. I had put in efforts to nurture the new generation since the silver jubilee function in 2005; with some successes, some failure and with unfortunate loss of some colleagues.

Commitment to IASTAM objectives and respect for

systems and procedures to be followed have been my demands from my colleagues. I am happy that I could obtain from most with few exceptions.

I feel contented as I take an overview of forty years of my association with IASTAM. I feel more than satisfied in contributing to whatever I could to this uncommon route of respecting oriental knowledge of AYUSH Systems in the context of Asian Medicine. It is required to collectively complement and develop integrative modalities with science and medicine as a prerequisite. **The slogan that I gave, 'Connecting Systems; Bridging Disciplines' was born out of my commitment to this need.** This need if attended right has ability to take on global health care challenges. In post pandemic situation the medical care has broken many barriers, realized limitations and the world is in urgent need of a balance between holistic and reductionist medical care. IASTAM can play a small and yet significant role.

I am delighted that Dr. Chandra Kant Katiyar, a long-term friend and supporter of IASTAM activities is a capable leader with the experience and reach agreed to take on the new responsibility. He, supported by several former proficient colleagues on the committee, I am confident will provide continuance of foundational values and newer dimensions for growth of IASTAM that has survived despite all the adversities. ○○○

## HONOUR ○

## Life Time Achievement Award



Prof. Dr. Shivajirao Kadam, Hon. Chancellor of Bharati Vidyapeeth (Deemed to be University); an esteemed supporter and well wisher of IASTAM, was conferred

SFE Life Time Achievement Award at the inaugural ceremony of SFEC 2021 on 27th August 2021 at Pune.

## ACCOLADES ○

## IASTAM Managing Committee 2021-24

*Heartiest congratulations to the newly elected Team*

- |  |  |
|--|--|
| 1. <i>Dr. Chandra Kant Katiyar</i>             | - <i>President</i>                               |
| 2. <i>Prof. Dr. Shivenarain N. Gupta</i>       | - <i>Vice President - West</i>                   |
| 3. <i>Dr. Younis Iftikhar Munshi</i>           | - <i>Vice President - East</i>                   |
| 4. <i>Dr. Narendra Nath Mehrotra</i>           | - <i>Vice President - North</i>                  |
| 5. <i>Dr. Nedungadi Haridas</i>                | - <i>Vice President - South</i>                  |
| 6. <i>Dr. (Mrs.) Kavita Vinayak Indapurkar</i> | - <i>Secretary General</i>                       |
| 7. <i>Shri Girish G. Parikh</i>                | - <i>Treasurer</i>                               |
| 8. <i>Dr. Ashok Kumar Jain</i>                 | - <i>Regional Secretary - East</i>               |
| 9. <i>Dr. Vandana Kozarekar</i>                | - <i>Regional Secretary - West</i>               |
| 10. <i>Dr. Prasoon Kumar Gupta</i>             | - <i>Regional Secretary - North</i>              |
| 11. <i>Prof. Dr. Sanjeev Rastogi</i>           | - <i>Member</i>                                  |
| 12. <i>Prof. Dr. Vidhi Bapna</i>               | - <i>Member</i>                                  |
| 13. <i>Dr. Kirti Bhati</i>                     | - <i>Member</i>                                  |
| 14. <i>Dr. Sanjay Sharma</i>                   | - <i>Member</i>                                  |
| 15. <i>Dr. (Mrs.) Meera M. Paranjape</i>       | - <i>Member</i>                                  |
| 16. <i>Dr. Vikash Babu</i>                     | - <i>Member</i>                                  |
| 17. <i>Dr. Manasi Deshpande</i>                | - <i>Member</i>                                  |
| 18. <i>Dr. Umesh Ghate</i>                     | - <i>Member</i>                                  |
| 19. <i>Dr. Narendra Bhatt</i>                  | - <i>Member (Immediate Former President)</i>     |
| 20. <i>Dr. Abhijit Patil</i>                   | - <i>Member (Nominee - Principal, BVDU, COA)</i> |

-Prof. Dr. Manasi Deshpande

I knew of IASTAM since 2005, when I was working as a committee member from BVDU for the IASTAM Conclave and its silver jubilee program. I became a life member in 2009. During 2012 - 2014, I became a coordinator for BVDU IASTAM- National Ayurved Scholar Awards and attended several meetings of the managing committee as a special invitee. When I participated in the ICTAM VIII in South Korea in September 2013, I understood the importance of the Indian chapter of IASTAM at the International level. I was nominated as a Joint secretary in 2014; but was given the responsibility of being a secretary to organize the ICTAM – 2016. I got nominated as the Secretary General for the period from 2017 to 2021. This has been a stepwise involvement.

### Managing Committee Meetings

During this period, 35 meetings of the managing committee were held regularly in a structured and disciplined way. Every meeting in itself was a learning experience as an office-bearer. Norms followed by the managing committee in every aspect of the day-to-day functioning and several major decisions taken during these meetings gave me a new direction as an office bearer. This was continuous learning and growing.

### Awards

During the selection of IASTAM Oration and Awards, the managing committee often faced dilemma and conflict when the nominations were nominated by relatives or friends, cross nominations, or self-nomination. There were demands of all kinds. In these situations, the decisions taken by the managing committee had the most important impact on the selection of the awardees and the reputation of awards. I experienced how a well-defined procedure got evolved under the guidance of Dr. Narendra Bhatt to ensure high standards of objectivity and proficiency as far as possible.

### Award Functions, Conclaves and collaborations

I handled the responsibility as a coordinator for numerous events organized in collaboration with various national-level universities/ institutes. This was also a great learning experience as each university/ institute/ association has its own procedures and methods. It was sometimes a challenging period to balance between academic and administrative responsibilities at the college level, but the guidance of seniors, and support from the college authority and colleagues made it easier.

These events opened up new avenues and help nurture administrative and leadership motivations.

### Committed Leadership

Dr. Narendra Bhatt undoubtedly has played the most important role in development of activities and recognition of IASTAM. His single-minded pursuit of IASTAM objectives and commitment to the principled standards has given our association a strong foundation. This is evident in the variety of activities, events and enormous expansion during his tenure. His ability to establish systems and norms and adhering to it are reasons that he was trusted by so many senior experts or heads of different institutes that helped recognition of IASTAM Awards and collaborations. His visionary leadership has been characterized by innovative ideas, strategic thinking, and importantly, tireless efforts to increase the credibility and visibility of IASTAM at the National and international levels. This has become an asset to the association.

### Learning From Leader

I appreciate the time that I spent working with Dr. Narendra Bhatt both for IASTAM and Ayurveda Research Cell (ARC) at BVDU-CoA. This reminds me of your dreams, hopes and expectations for Ayurveda sector, and how you planned and acted for nurturing of the association. I learnt from your successes and regrets. I started to become optimistic rather than pessimistic and started believing that everything is possible. You have changed the whole aspect of my learning. His encouragement, his trust in my efforts, his criticism and demands for perfection, have taught me that with hard work, and commitment towards the goals, I can achieve what I set my mind to. To put it in one word, it was transformative. I must thank him for letting me learn from my mistakes and creating a safe space for me to improve, for giving me opportunities, challenging me, counselling me, and holding me accountable.

Due to personal reasons I have opted to not to take any responsibility as an office bearer but I certainly learned a lot about the unique aspects of an association and life through IASTAM. His energy and devotion will be difficult to match, but he would be a role model to develop a strong footing for us and incoming aspirants. Humbly, I recollect a quote by Steven Spielberg that says, 'The delicate balance of mentoring someone is not creating them in your own image, but giving them the opportunity to create themselves.'



## IASTAM ACTIVITIES 1981-2021

Year	President Secretary General	MC / GB Meetg	Award Institutions and no. of Awards given		Award functions
1983-1993 Office @ Zandu	Prof. K. N. Udupa Prof. R. K. Mutatkar	10	1	Pandit Shiv Sharma Oration (11)	1 Mumbai
1993-1996 Office @ Zandu	Prof. R. K. Mutatkar Dr. Ashok B. Vaidya	5	-	-	-
1996-2005 Office @ Zandu	Prof. R. K. Mutatkar Dr. Narendra Bhatt	16	3	Prof. K. N. Udupa Award (10) Dr. C. Dwarkanath Award (7) Dr. K. M. Parikh Award (9)	2 Mumbai ADMA, Delhi
2005-2008 Office @ Zandu	Dr. S. K. Jain Dr. Prashant Suru	5	3	Zandu Bhattji Oration (7) Shri Mathuradas Parikh Award (8) Shri Jugatram Vaidya Award (6)	1 BVDU, Pune
2008-2011 <i>Transitio</i>	Dr. Narendra Bhatt Dr. Prashant Suru	4	-	-	-
2011-2014 Office @ BVDU COA	Dr. Narendra Bhatt Dr. Devendra Shah	11	3	Vaidya Haribhau Paranjape Award (7) Yoga Forum Munchen Patanjali Award (7) Shri Gopaldas Parikh Award (7)	1 BVDU, Pune
2014-2017 Office @ BVDU COA	Dr. Narendra Bhatt Dr. Ashwinikumar Raut	16	2	Life Time Contribution to IASTAM (1) Zandu International Oration (6) Rasvaidya Nagindas Shah Award (5)	3 GAU, Jamnagar Pune IMS, BHU, Varanasi
2017-2021 Office @ BVDU COA	Dr. Narendra Bhatt Dr. Manasi Deshpande	16	-	-	3 DPSRU, Delhi Amrita, Kochi Pune

## IASTAM ACTIVITIES 1981-2021

Other	No. of Conf.	Conferences, Conclaves, Seminars	Publications
-	2	ACTAM III ICTAM	Program Abstracts Souvenirs
-	1	National Seminar cum Workshop: Priorities in the studies of Indian Medicine & Relevant Research Methods	
-	3	National Debate on Therapeutic Pluralism Symposium: Global Needs of Ayurveda- How to meet it? Intellectual Conclave on Ayurveda	Conclave Proceedings
-	1	Transforming Traditions for Tomorrows Health	Award Book Conclave Proceedings Background Paper Commemorative Issue
-	-	-	
BVDU Awards 4 Years	2	National Symposium : “ Interactive Research What & How? Int. workshop on Integrating Traditional South Asian Medicine in to Modern Health Care System	Award Book
Baidyanath Award 3 years	6	Conclave on Asn. Med. ICAAM 2016; Consultative Meet on Cancer; Translational Research Opportunity Mini Symp. opportunities Aca. Res. Brainstorming Meet on NITI AYOG	Award Books Abstract Books Oration Books ICAAM Proceedings Cancer Proceedings Communique
Fellowship & Short Term Project (Dr. Satyavati)	5	Challenges for Global Competitiveness Cancer Care & Res.; Regulatory Aspects Ayurveda And Viral Infection: Translational Modalities; Pharmacovigilance	Award Books Abstract Books Oration Books Newsletter TEXT

## REPORT

## IASTAM GENERAL BODY MEETING

The General body meeting of IASTAM (India) was held on Thursday August 19th 2021 at 3.30 pm after time required for the quorum at the College of Ayurved, Bharati Vidyapeeth Deemed to be University, Pune. Thirty-Three (33) members were present. President, Dr. Narendra Bhatt chaired the meeting.

Dr. Bhatt welcomed all the members.

**Condolences** – Right in the beginning the members of the association were informed of the sad demise of several of its members during the tenure. A list of office bearers and members and their contributions was shared by the president. All the members stood and observed a moment of silence to pay their respects.

### Activity Report

Dr. Manasi Deshpande, Secretary General presented the report and highlighted various activities that were held during 2017-2021. A nice graphical presentation with points covering IASTAM history, institution of awards, activities, collaborators, conclaves, meets and award functions on subject of relevance as Challenges for Global Competitiveness, Cancer Care & Research, Regulatory Aspects, Viral Infection- Translational Modalities organised at Delhi, Kochi, Pune and virtual meets was presented. She updated about membership drive, execution of Baidyanath awards and activities sponsored by Dr. G. V. Satyavati - Dr. P. J. Deshpande Fellowship, and Short-Term project. A detailed report is presented in this issue of the Newsletter.

### Office Administration

Ms. Anagha Vaidya joined IASTAM in October 2014 as an Administrative Executive for ICAAM 2016. Since July 2017, as IASTAM had limited funds, an alternate arrangement has been provided for continuance of her services by Dr. Narendra Bhatt through M/s CRIA Consultants Pvt. Ltd. Since then she is working under dual contractual agreements.

### Meetings

The members were informed of the regular Meetings of the members of the Managing committee held as mandatory and that the Agenda and the Minutes of Meetings have been maintained in proper format and bound for future reference.

### Financial Report

Dr. Vandana Kozarekar, Treasurer, presented the financial report to the members for the period 2017-2021. The funds of IASTAM have been used mainly for two/three activities (1) Award Function, (2) Newsletter

published every month, (3) Event. The corpus collected for Awards has been exhausted against the Award Function and events and related expenses. 67 out of total 91 experts have been awarded in last six (6) years. The sponsors have been approached for funds and continuation of the Awards. Dr. Bhatt gave details of the process followed. All these expenses have been undertaken with due considerations and approvals by the managing committee.

The filing of IT returns has been completed regularly in time without fail. Accounts for FY 2020-21 are under audit and will soon be submitted. The submissions to the Charity Commissioner are under process.

A special thank you was expressed for the monitory supports received from time to time from M/s. Emami Ltd. for contribution towards expenses of international Awards, BVDU Awards, Shree Baidyanath Ayurved Bhawan Pvt. Ltd. Awards, and special contributions from Shri Girish Parikh, Dr. M. H. Paranjape, Dr. DBA Narayana, Prof. A. J. Baxi, Dr. C. K. Katiyar and Dr. Narendra Bhatt. She explained of urgent need to get funds for the corpus.

### Publications

Over 40 years IASTAM has a history of publications as Proceedings of events, Souvenirs, Chronicle and the Award Books.

**IASTAM Newsletter** – The monthly published newsletter will be completing 5 years in November 2021. 56 issues are published till date and all are available on the website. The new managing committee will decide about continuation of publication of the newsletter in hard or soft copy.

**Text** – Integrative Perspectives: Ayurveda, Phytopharmaceuticals and Natural Products- This text has made noteworthy contribution to the sector where 41 renowned expert awardees have shared their experiences, observations and suggestions in their area of activities with 9 contributions from the contributing editor, Dr. Bhatt that provide detailed perspective on 'Integration' in the context of Ayurveda based on his 47+ years of experience in the different areas particularly Clinical Research, Drug Standardization and Regulatory Aspects. He informed of the sale of 332 copies till date. A special offer of Rs. 1000/- was made for the day.

### The Election Office Bearers and members of the Managing Committee for 2021-24

Dr. Abhijit Patil provided his honorary services as

## REPORT

the 'Electoral Officer' as resolved by the members of the managing committee on the dates declared for the process of nomination and election. The election process for election of the office bearers and members of the Managing committee for 2021-2024 was initiated as per the norms. On 17th August 2021 after scrutiny, 20 nomination forms for various posts were received. One nomination form was rejected as it was incomplete and not in order. No withdrawal request was received. Finally, nineteen nomination forms were eligible for consideration.

The office bearers were nominated and elected for the positions without contest for the term 2021-2024. One position of Regional Secretary (South) remained vacant. For 8 positions of the members of managing committee nine (09) eligible nominations were received. Thus, it was for the first time that the procedure of election was necessitated.

Therefore, an election process was conducted at the general body meeting of the association on August 19th, 2021. Under the supervision of the electoral officer the election was held while ensuring the required secrecy. After due completion of the electoral process Dr. Abhijit Patil presented the election report and announced the names of the office bearers and the members of the Managing Committee for the period 2021-2024. The detailed minutes of the General Body Meeting and the Election Procedure will be available on the association website.

### International IASTAM Update

Dr. Bhatt informed of the new constitution for IASTAM-International. Prof. Angelika Messner, Mr. Reinhard Bogle and other 5 council members have taken initiatives to register the international body in Germany. This was required as the association didn't have registered record of previous management. Dr. Bhatt shared the historical details about the relationship between two organizations. IASTAM India has its own identity and managed more regularly. There is no conflict between International and India. Both the organizations though independent will remain complimentary to their activities.

Members were informed of active participation of Prof. Angelika Messner, President, IASTAM at the award function at Kochi in 2019. She had extended an invitation to all members to actively participate at the X ICTAM to be held at Taipei; that is postponed and now the new dates are awaited.

### Address by Dr. Narendra Bhatt

Dr. Bhatt informed members of relinquishing his position as decided in the previous General Body Meeting. He made reference to his efforts to prepare

the new generation of office bearers and regretted the unfortunate loss of few. He appreciated the elected office bearers and members of the new managing committee and look forward to the development of IASTAM India by the strong new team under the able leadership of Dr. Chandra Kant Katiyar. He will always be there to support, suggest and give advice to the committee. He expressed sincere thanks for College of Ayurved, BVDU for the shelter, facilities and the support of the faculty for the several events that took place. He reiterated his belief that individuals are meant for organization and not the organization for individuals. He was overwhelmed with his 40 years journey which started on terrace of Zandu where he was asked to bring members for IASTAM. He thanked all members for their support and cooperation.

A photo frame of the 91 Awardees was unveiled by Dr. Katiyar, Dr. Bhatt and other senior members. Another photo frame of visionaries and functionaries of the association is in the making along with a separate listing of names of the presidents and the secretary generals.

### Dr. Chandra Kant Katiyar, the incoming president was asked to share his views.

Dr. Katiyar mentioned that it was only due to continuous persuasion by Dr. Bhatt that he has could agree to become president of the association. He updated members of their good chemistry together. He acknowledged that passion, seriousness and benchmark set by Dr. Bhatt will be difficult to match but he assured the members that he will try his best to continue the activities of IASTAM and that he will come up with new ideas and suggestions. He asked Dr. Bhatt for his continued support and guidance. He confirmed that the IASTAM has become much big than what we think and that it has the recognition and wealth of knowledge and its activities to spread. He assured to address different points that have been made and that he with support of his colleagues on the committee will carry forward all the events and activities of the association. He specifically referred to the efforts of Dr. Bhatt for continuous publication of the newsletter and for the IASTAM Text, being a landmark publication for the association.

The supportive presence and suggestions of the senior members Prof. Subhash Ranade, Prof. M. H. Paranjape, Shri Chandubhai Bhanushali, and all the members was appreciated. Once again, the sponsors as Emami, Zandu, Yoga Forum - Munich, Baidyanath, Dr. M. H. Paranjape, Dr. Satyavati and Bharati Vidyapeeth University were acknowledged for their kind support.

*Meeting ended with Vote of thanks.*

Minutes of the GBM will be available on the website shortly.



**Glimses of General Body Meeting of IASTAM India on 19th August 2021**



Views and opinions expressed in different articles are entirely of the writers and authors

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- Prof. Dr. Subhash Ranade
- Prof. Dr. Madhukar Paranjape
- Prof. Dr. Abhijit Patil
- Dr. Vandana Kozarekar
- Dr. Subhash Wadodkar
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IASTAM NEWSLETTER, Monthly is owned by Indian Association for the Study of Traditional Asian Medicine, Printed & Published by Dr. Vandana Kozarekar, Printed at Ekvira Publicity, Sinhgad Road, Pune, Published at Bharati Vidyapeeth University, College of Ayurved, Dhankawadi, Pune - 411 043. **Editor - Dr. Manasi Deshpande**

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