

IASTAM

INDIA

NEWSLETTER

Communiqué

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talk and Action."**

- Leadership Freak

† Due to the lockdown printing and irregular postal services,
we are happy to bring you this issue though delayed.



**IASTAM Award Function 2020
& (Semi Virtual) Conclave on
'Ayurveda and Viral Diseases:
Translational Modalities**

**IASTAM Text
Integrative Perspectives:
Ayurveda,
Phytopharmaceuticals &
Natural Products**

PRE NOTE

PANDEMIC, AYUSH, NEXT STEPS AND IASTAM CONCLAVE

Dr. Narendra Bhatt

Pandemic has largely benefitted AYUSH Sector in terms of awareness of its use, reach to new generation, academic interests and activities, search for research approaches and sizable increase in marketing and sale of AYUSH products. Immunity and Ayurveda have become catchphrases.

Onus of converting this opportunity into sustained capability is on us, the AYUSH fraternity. Next few months or shall I say few weeks will be decisive.

We took up the challenge head-on but could not convert it into opportunity as the world and India is still looking for solutions *within a system dominated by a different paradigm*. There is every reason for AYUSH fraternity to be pragmatic and explore possibilities as the biomedical options available for CV-19 are not expected to change.

Here are few suggestions that would help carve out new

path which is the requirement. *The key will be to provide an altogether different understanding of the disease with measurable clinical objectively and quantifiable therapeutic solutions.*

Efforts to access, collect, compile, categorize and analyze huge data and information generated over several months can help interpret the infection and its clinical variability in a prolific way.

A straight refined product or drug-oriented research program based on recent experiences could be another promising option.

However, both these must be based on a paradigm redefined to deliver specific AYUSH outcomes through the integrated scientific means, methods, and endpoints.

This way we will be able to validate with full confidence,

few if not all, solutions and may even contribute to better understanding of the infection and the disease.

A word of caution would be about imitating of studies within the present biomedical modalities without providing scope for expanded objectives.

At forthcoming conclave, we will try to address the Viral diseases as a group to provide Ayurveda with a wider and right contextual scope and edge.

Let us look at the integration aspects in terms of science and how to apply science. In the process of scientific inquiry most of the times the basis of objectivity is lost due to lack of context. We concentrate too much on methods and equipment but not on the purpose and possibilities. How does one interpret a viral infection in a simplistic form? ***A viral infection is established to be different from the bacterial infection in the sense that the host factor has greater significance and variability of host factor - in the environment where the perpetual infection gets adopted - has even greater significance.***

The biological, the 'host environment' which makes the infectant behave or influence the host, could be outcome of a very chronic dysfunction developed over prolonged period or an aggressive disarray that might have incidentally precipitated the disturbance. The scientific necessity is to be able to identify and if possible, develop parameters to classify and measure these variabilities.

Will it not be possible to examine and categorize these possibilities based on AYUSH paradigm?

This categorization can help redefine possibilities for prevention, containment, or treatment of the disease in its initial or acute stages.

Claim about success of any preventive measure cannot be validated unless the cause-effect relationship and approach to that relationship is established.

Similarly, any therapeutic solutions cannot be validated unless its clinical endpoints are validated beyond doubts.

In either case the relevant experimental and biological parameters must be included to either confirm or support the clinical endpoints. All necessary care must be taken to standardize and ensure quality parameters of the offerings. ***This, in my opinion will be a truly defined translational modality.***

It will not be impossible to provide a novel solution for at least one or more expression of this dreaded infection. Whereas established methods, protocols, and formats, are necessary for such an endeavor the requirement is to integrate and utilize these methods within the sphere

of AYUSH.

Once again, an added point would be to intelligently use the information technology to the fullest with real time monitoring implementation and monitoring.

The present political environment is in favor to obtain opportunities and deploy resources.

Ayurveda as a medical knowledge has survived tests of times which includes diseases and epidemics that have impacted the mankind. There are well laid down principles and treatment approaches that are relevant even under challenging clinical conditions. Viral diseases are no exception. The quest to understand, prevent, control, and cure these viral infections is a research priority. Complexity of its causes, uncertainty of its infection, unpredictability of its progression and severity and variability of responses to treatments make the understanding and treatment of a viral infection highly challenging. Enormity and complexity of Viral diseases require broad-based treatment modalities. ***Ayurveda does provide an opportunity to explore its clinical and therapeutic knowledge base and information to design reliable solutions that could reduce the morbidity and the mortality burden due to viral diseases.***

Earlier, we had planned the conclave on meaningful modalities for translational research. The present situation has provided us with an opportunity to develop translational modalities that are most suited for convergence of different streams of knowledge to evolve a common paradigm and validation methods for ayurvedic solutions to treat viral diseases.

We eagerly look forward to the IASTAM Award Function and the Conclave on Viral Disease, Translational Modalities. ***A well thought one-day program is expected to deliver the objective to provide a small but important step forward to address viral infections in a contextual and solution-oriented manner.*** Efforts are on to coordinate with invitee speakers and active participants for compact deliberation and outcome.

The IASTAM Text

IASTAM text '*Integrative Perspectives: Ayurveda, Phytopharmaceuticals and Natural Products*' has received incredibly positive responses from the contributors, experts and buyers. The special scheme in all probability is expected to get exhausted before the deadline. This is most satisfying.

We look forward to your active participation at the event on Sunday, the December 13th, 2020.





11th IASTAM ORATION AND AWARD FUNCTION 2020



and (Semi Virtual) CONCLAVE on 'AYURVEDA AND VIRAL DISEASES: TRANSLATIONAL MODALITIES'

An Online Event
with a Difference

Sunday, 13th December 2020
Time - 9.30 am - 5.30 pm

Venue: The Orchid Hotel, Balewadi, Pune

Celebrating
- 40th Year -
a Special Event
and
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Function 2020

**IASTAM Model of
Outcome Oriented Deliberations
with Interactive Participation**

Ayurveda and Viral Diseases: Translational Modalities

Viral diseases like Smallpox, Flu, Influenza Herpes, HIV/AIDS, HPV, Measles, Stomach Flu, Meningitis, Pneumonia, Hepatitis, Ebola and recent Covid have Affected Human Lives over Centuries with Disastrous Results.

We are witness to ongoing Covid 19 Pandemic.

Increasing Population, Nutritional Immoderations, Environmental Disturbances, Excess Or Prolonged Use of Antibiotics and Immune Suppressant Drugs, Increase in Drug Resistance Microbes have given rise to Newer and Newer Forms of Viral Diseases.

Ayurveda as a Medical Knowledge has Survived Tests of Times since Time Immemorial which includes Diseases and Epidemics that have Impacted the Whole Mankind. There are well laid down Principles and Treatment Approaches that are Experienced by Practitioners to be relevant under Challenging Conditions.

Viral Diseases Are No Exception.

The Quest to understand, Prevent, Control and Cure these Viral Infections is definitely a Research Priority. Complexity of its Causes, Uncertainty of its Infection, Unpredictability of its Progression and Severity and Variability of Responses to Treatments make the Understanding and Treatment of a Viral Infection Highly Challenging.

Enormity and Complexity of Viral Diseases require Broader and yet Compressed Treatment Modalities. Translational Research is the Process of Applying Discoveries generated during Research in the Laboratory, and in Preclinical Studies, to the Development of Trials and Studies in Humans.

Ayurveda Provides an Opportunity to Explore its Clinical and Therapeutic Knowledge Base and Information to Design Reliable Solutions that could reduce the Morbidity and the Mortality Burden due to Viral Diseases.

The Need is to Interpret, Understand and Categorize the Viral Diseases in Ayurvedic Context and Identify Treatment Solutions that could be Validated for Universal Use.

Translational Modalities are Most Suited for Convergence of Different Streams of Knowledge to Evolve a Common Paradigm and Validation Methods for Ayurvedic Solutions to Treat Viral Diseases.

CONCLAVE (Semi Virtual) on 'AYURVEDA AND VIRAL DISEASES: TRANSLATIONAL MODALITIES'

STRUCTURE OF THE CONCLAVE

OBJECTIVE OF THE CONCLAVE

Conclave aims to quickly Review the Viral Diseases in the context of Preventive and Therapeutic Solutions based on Ayurveda, Develop Selective Hypotheses and Evolve Modalities that could be Utilized for Validation of the Selected Hypotheses.

The Three Sessions will try to cover Studied Review of the Ayurvedic Experiences in Viral Diseases, Limitations of Presently Applied Approaches, Integrating the Challenges with the Possible Solutions and Efforts to Develop Translational Modalities.

The Conclave will be divided into following three sessions.

Session I - Understanding of the disease/ viral infection in Ayurvedic context and Developing Various Hypotheses.

Session II - Identifying Areas and Methodologies for Interdisciplinary Research Activities.

Session III - Finalizing Specific Approaches for Translational Modalities

Each session will be Moderated by an able Expert who will provide the Background and Highlight the Issues to be Addressed. Two 'Lead Discussant' Experts will Identify possible Areas followed by a Panel of 4-5 Experts Representing Different Specialities who will help Develop Hypotheses for Convergence.

This will be an Interactive Meet with Scope for Interactive Participation in the Form of Precise Questions, Observations and Suggestions.

After Comprehensive Deliberations in the First Two Sessions, the Third Session will be aimed at Evolving possible Approaches for Translational Modalities for Ayurvedic Solution in Viral Diseases.

As per IASTAM norms, All Proceedings will be Recorded and Efforts will be made to Prepare and Publish the 'Proceedings'.

EXPECTED OUTCOME

To Identify Specific Opportunities and Scope for Integrative Hypotheses for Translational Research in Ayurveda in Understanding and Treatment of Viral Diseases.

To Develop Translational Modalities that could be Utilized to Address the Issue/s of Validation of Ayurvedic Capabilities for Reducing Morbidity and Mortality due to Viral Diseases through Community based, Laboratory and Clinical Research.

**11th IASTAM ORATION AND AWARD FUNCTION 2020
and (Semi Virtual) CONCLAVE on**

**'AYURVEDA AND VIRAL DISEASES:
TRANSLATIONAL MODALITIES'**

**Participation in
PERSON
By INVITATION
Only**

**Participation
ONLINE
By Registration Only.**

Link -

<https://forms.gle/UocjWwuDdwiQJmGc8>

**Confirmed Speaker
(Either in Person or Online)**

Dr. V. M. Katoch - Former DG ICMR, Specialist in Microbiology & Molecular Biology.
Dr. Ashok Vaidya - Specialized in Clinical Pharmacology, Ayurveda and New Drug Development.
Dr. Madan Thangavelu - Genome Biologist, primary research interest in single DNA molecule & Ayurveda.
Dr. Abhay Chowdhary - Expertise in Clinical Microbiology, Virology, Immunology, Infection Control & Prevention.
Dr. Ram Manohar - Ayurvedic research Expertise with Integrative Modalities.
Dr. Shriram Savrikar - Specialization in Rasashastra & Ayurvedic Pharmacopoeia - Safety & Regulation.
Dr. C. K. Katiyar - Leader, Ayurvedic Pharmaceutical Research, Pharmacological and Toxicological & Clinical Studies
Dr. Narendra Bhatt - Expertise in Ayurveda, Research and Industry, Integrative Approaches
***Dr. Antonio Morandi** - Neurologist and Vaidya, specialization in Ayurvedic Therapy Research
***Dr. S.C. Lakhotia** - Cytogeneticist, Expertise in Drosophila model for Ayurvedic Drugs, Innovation
& Others *Experts Being Approached

*If interested to participate in person, you are requested to
approach the IASTAM office as soon as possible,
but not later than November 28th, 2020.*

**THOSE INTERESTED IN ACTIVE PARTICIPATION
OTHER THAN 'INTERACTIVE / Q & A' SESSION, SHALL PROVIDE
EITHER BULLET POINTS (NOT MORE THAN SEVEN (7)
OR A NARRATIVE IN NOT MORE THAN 250 WORDS
ABOUT INTENDED VIEW AS SOON AS POSSIBLE.**

11th IASTAM ORATION AND AWARD FUNCTION WILL BE HELD WITH THE EVENT

We have requested for the THREE ORATIONS to be aligned with the subject of the Conclave.

*** Awardee Participants**

Dr. R. G. Singh
Dr. Rama Jayasundar
Dr. Navin Sheth
Dr. Ishwar Basavaraddi

Vd. Samir Jamadagni
Dr. G. S. Lavekar
Dr. Balendu Prakash
Vd. S. M. Sathye
Shri Avinash Bhawe

**3 Online Orations -
(International Experts)**
Dr. Jorge Berra (Argentina)
Dr. DeAn Guo (China)
Dr. Muhammed Majeed

Honoured Guests - **Dr. V. M. Katoch**, Former Director General, Indian Council of Medical Research
(Either in Person or Online) **Shri Shekhar Dutt**, Former Governor of the Indian state of Chhattisgarh
Prof. Dr. Shivajirao Kadam, Chancellor, Bharati Vidyapeeth Deemed to be University

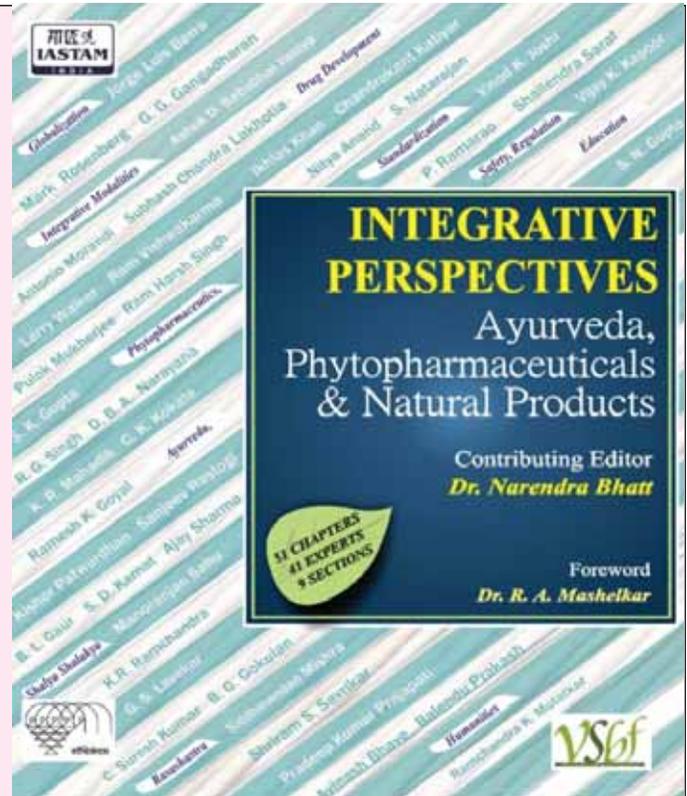
FORMER AWARDEE EXPERTS IN RELEVANT SUBJECTS ARE BEING APPROACHED FOR INPUTS

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For the First Time Ever,
41 experts representing
Ayurveda, Phytopharmaceutical
and Natural products have shared
their Academic and Research
Experiences in a Single Volume.



Theme Integration: *Integration is a basic law of life; when we resist it, disintegration is a natural result, both inside and outside of us, thus we come to the concept of harmony through integration. - Norman Cousins*
Integration is About Connecting the Dots, Applying Knowledge from One Subject to Another and Discovering Innovative Solutions.

9 Sections - 51 Chapters (9 Editorial Contributions)

I-Globalization - India must have a strategic approach to all three aspects of (1) Teaching, Learning and Training, (2) Professional Acceptance and (3) Products' Acceptance; all through a systematic approach bringing value to health care of that country. Piecemeal approach will not help.

II-Integrative Modalities - Any existing or traditional system cannot grow unless it adapts to needs of time. Ayurveda and modern biomedicine (conventional medicine) must join with mutual respect to absorb and translate either strengths into gains for people.

III-Ayurveda Education - Though well recognized, the efforts to address the issues of AYUSH Educational Reforms at fundamental level are limited & without vision. Human resource is wasted to majority of extent or misused.

IV-Shalya-Shalakyas, Ayurvedic Surgery - It provides an unexplored area to contribute to provide solutions to problems-Eye disorders, Fractures, Difficult wounds and Use of Kshar can contribute to mainstream Ayurveda.

V - Rasa Shastra, Ayurvedic Alchemy- Used rightly provides an unprecedented opportunity to take on challenges in 'cures' hat, if validated right can open up new vistas for cures of difficult diseases like cancer.

VI - Drug Development - Molecular mechanisms and Ayurvedic biology are new approaches for translational research – bedside to product – to deliver new drugs.

VII - Phytopharmaceutics, Standardization - Available technologies and scientific principles have capabilities to help deal with Ayurvedic principles and needs. QA & QC at Raw material level, process level and finished product level could be newly defined for modern Ayurveda.

VIII - Safety Regulation - There is urgent need to address the safety and regulatory issues in a collective & positive manner. Recognising these both as a societal need and scientific challenge will help resolve issues and expand avenues.

IX - Anthropology, Humanities - Studies in humanities, medical social aspects and international interests in linguistics, Sanskrit studies need encouragement to integrate sciences and systems. An outside viewpoint will give AYUSH a better idea to overcome weaknesses and promote strengths.

TEXT

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360° Approach To Your Research

Pharmaceutical products derived from medicinal plants have a tremendous potential to be accepted as universal health solutions due to their minimal side effects or adverse after effects.

It is my belief that this volume will of use to the aforesaid groups for carrying out their work in an integrated manner and provide the society with desirable health solutions. The editorial contribution has knitted these sections with a common thread of integration.

This collection will be of use to researchers in Ayurvedic, Phytopharmaceutical and natural product from Ayush and as well as other disciplines of science.

*-Shri Shekhar Dutt,
'Message'*

To my mind, the world 'integrative' in the title of the book is of tremendous significance. I am so convinced of its significance.

We should be open to new ideas and new thinking. There should be no artificial boundaries, no walls or borders between different domains of knowledge or their practitioners. The book has well-marked sections.

Not only do the papers provide excellent analysis they also provide innovative strategies as the way forward. The book is invaluable in terms of pointing the way forward.

*- Dr. R. A. Mashelkar,
'Foreword'*

**Contributing Editor - Dr. Narendra Bhatt,
Consultant Ayurveda, Research & Industry; Clinical Practitioner,
Former CEO, Zandu Pharma.**

The list of authors in this book reads like a 'Who's who?' with expertise in their respective fields and they represent various disciplines.

I wonder if any research activity has been left out in this comprehensive text in Ayurveda and pharmaceuticals that is not covered in this book.

This is a gem of a book, a collector's item, having the wisdom of renowned experts in diverse fields of Science, Humanities and Ayurveda.

*-Dr. C. K. Katiyar,
'Prologue'*

Biomedicine of the 21st century has embraced integrative modalities for development.

The need for science to integrate rather than contradict nature for a harmonising holism, is being realized. Ayurveda and Herbal products can play a greater role to remedy natural biological anomalies.

Knowledge and science have mutual significance for being the source and the outcome. If one wants to Innovate, then one cannot but integrate. Every reader, will find a takeaway.

*-Dr. Narendra Bhatt,
'Epilogue'*

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For Scholars, Researchers & Academic Leaders*

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ARTICLE ●

Ayurveda – A Way Forward

Prof. Dr. Shriram Savrikar
Chairman, Scientific Body,(PCIM &H), Govt of India
IASTAM Awardee

The story started following publication of my article titled ‘Untold story of Plight of Ayurveda in pre and post-independent India’ in the current spring-summer 2020 issue of Journal of Health Care Ethics and Administration (JHEA). The article appears to have generated a debate on the current and future status of Ayurveda in India. World Ayurveda Foundation invited me in a debate on this article in a live webinar series AYUR TALKS on 12th Sept 2020. In this debate I was asked a concluding question as to whether Ayurveda will become unwanted by 2024? This question was asked on the basis of my statement in the article that Ayurveda doctors will no more be required, as India will be achieving WHO recommended 1 doctor per 1000 population ratio with MBBS doctors only. My statement in the article had a reference to those doctors who hold educational qualification in Ayurveda but practice modern medicine. Listening to the debate some of my friends thought my statements very provocative and opined that the program should not be floated on open public platform like You tube and Facebook. Some friends thought that I belong to purist group. Some colleagues opined that I am talking out of frustration. However, majority of them appeared to have agreed that there exists a problem and hence felt a dire need to find a solution to that problem. May be they didn't agree with the solution given by me. This article is an attempt to find such solution.

Current Status of Ayurveda and Ayurveda professionals - To find out the solution, we have to first find out the current status of Ayurveda and role played by Ayurveda doctors in the society. Many modern medicine supporters and intellectuals opine that the society doesn't require Ayurveda or any system of medicine other than modern medicine. These people consider Ayurveda as a pseudo-science. Representing these people, the Wikipedia labels Ayurveda as a pseudoscience. Articles and news items branding Ayurveda as a pseudoscience, Ayurveda doctor as a quack and Ayurveda drug as a toxin; are published frequently across the world. Although majority of such articles are based on ignorance and misinformation, they definitely put a big question mark on the very existence of Ayurveda as a system of medicine and need of Ayurveda doctors as a health care service provider in the society.

Types of Ayurveda Professionals: Presently two types of Ayurveda professionals appear to be functioning in health care service sector. One providing health care through practice of modern medicine, some openly and some under the camouflage of Ayurveda, and the other providing health care through practice of Ayurveda as a system. Whatever may be the reason, the number of first type of Ayurveda doctors exceeds too much as compared to the other. These doctors are either practicing modern medicine on their own in their own clinics or they are employed as Medical officers in Primary Health centres or as RMOs in modern medicine hospitals to cater modern medicine services. Usually the young ones are employed as RMOs in private modern medicine hospitals as cheap labour. These Ayurveda doctors carry out all the services of an assistant of a modern medicine consultant expert. All these doctors will become jobless in coming few years. Because they will be replaced by MBBS doctors, becoming available in large numbers and lower wages as well.

Changing Trends of Acquisition of Health care - Another important factor is the changing trends of the society to acquire health care service. It is necessary to understand these trends for every medical professional, particularly for those who wants to practice medicine on his own. The trends in urban and rural areas and lower, middle and upper socio economical class vary widely.

Rural Trends: Rural and lower socio economical class population is now being covered under AYUSHMAN BHARAT and similar Govt schemes under which the health care services are offered at no cost. Not only medicines and surgical procedures but all investigative services are also offered free of cost, under these schemes. In such a situation no individual from this class will have any reason to spend money from his pocket by visiting any doctor who doesn't provide service under any such health schemes. No doctor except modern medicine doctor is eligible to get empanelled in any of these schemes. Hence the population covered under these schemes has been permanently weaned away for Ayurveda doctors.

Urban Trends: The urban middle and upper socio-economical class has now shifted his health care acquisition mode towards corporate hospitals or specialist consultants. They don't visit general practitioner anymore for their

ARTICLE

health care service needs. In fact, the species of general practitioner is almost on the verge of extinction at least for middle and upper socio-economical class. The policy makers of Ayurveda courses need to consider these changing trends while restructuring the curriculum.

The existing ones as well as those who are preparing themselves for practicing modern medicine while holding Ayurveda qualification have no future. But it doesn't mean that Ayurveda has no future. Ayurveda doctors as professionals practicing Ayurveda as a system definitely have ample scope and good future prospects.

Scope of Ayurveda as a System of Medicine - The modern pharmacologists look towards Ayurveda as a source of new drug molecule whereas the physician look at it as a complementary drug source when they don't find any definite treatment protocol. All this is happening due to ignorance of knowledge of Ayurveda as an independent system of medicine. On this background it is necessary to critically find what Ayurveda can offer to the world which will be accepted open heartedly.

Current Status of Yoga, An Illustration: In this regard the current status of Yoga will be illustrative enough. The world has accepted Yoga without any reservations as a wellness program. Modern medicine community has also accepted Yoga, because Yoga neither competes modern medicine as a system of medicine nor it competes with its doctor as a medical service provider. Yoga has its own domain which doesn't interfere in the medical world in any way. Although some Yogacharyas are trying to promote Yoga as a therapy, but they will never succeed. The current Ayurveda as system of medicine and Ayurveda professional as a service provider, both are standing competing with modern medicine on all fronts. This competition has taken Ayurveda on a whirl wheel. If Ayurveda wants to grow as an independent system, it has to stop taking competing stance. It has to offer something which is not offered by modern medicine.

Current Scenario and Role of Ayurveda - Studies have shown following scenarios where Ayurveda is used.

(1) Home remedy before seeking help from medical doctor. (2) Add on home remedy with modern medicine with or without knowledge of the treating physician. (3) Add on treatment by Ayurveda doctor. (4) Stand-alone treatment by Ayurveda doctor.

The above scenario indicates role of Ayurveda in the last two conditions. It is necessary to identify conditions where stand-alone treatments and add on treatments can be given. The Ayurveda professional needs to be trained for offering his services in these two areas.

Critical look into current medical world exposes some areas which are left unattended by the modern medicine. Outside the Ayurveda community, the world looks towards Ayurveda as a system offering a wellness program, a home remedy or a complementary therapy. Ayurveda community has to take advantage of this mentality. The most important area is dietary and behavioural practices which make the life style management. Although modern medicine doctors do take the help of dietician and psychotherapists to address this issue, this help doesn't appear to yield expected outputs. The current dieticians address only nutritional deficiencies and caloric requirements of the patients, which doesn't solve the problem. One has to look beyond nutrients and calories for streamlining the dietary requirements of a patient. This look can't be provided through the eyes of modern medical science. Ayurveda can certainly provide these eyes. This is a grey area, where Ayurveda can gain entry. Moreover, the need to address this issue is ever increasing. The nature of this issue differs widely in urban and rural sector.

Restructuring of Ayurveda Curriculum - Need of Hour - Considering all above issues it is necessary to restructure and redesign the current Ayurveda curriculum. One has to understand that Ayurveda practitioner needs to be strengthened clinically in areas where Ayurveda is strong. This will be possible if he learns to apply advanced knowledge of science line biochemistry, medicinal chemistry, microbiology, fundamental principles of pharmacology and likewise. He doesn't need modern pharmacotherapy.

It is also true that such mass restructuring will not be possible or feasible considering its negative impact on the existing Ayurveda professionals. These professionals will find themselves uprooted if they are suddenly made to stop practicing modern medicine. Hence it will be wiser to introduce the proposed structure in a stepwise manner. May be initially both existing and proposed structure be run parallel with an object to introduce it as the only system in future.

Along with structural reforms in education it is also necessary to introduce Ayurveda in public health care as an independent system. Currently the Ayurveda as an independent system of medicine has no existence in public health with few exceptions. A vertical infrastructure parallel to modern medicine in every State is the need of hour.

Although health is a State subject according to the Constitution, Central Govt has to find out a way out to promote State Governments to establish independent Ayurveda public health care infrastructure.

It is true that the above proposals are difficult to implement. But it said that difficult roads always lead to good places. So let us start walking on this difficult road with a confidence that it will take us to destination of establishing Ayurveda as an independent system of medicine offering health care in true spirit of Ayurveda.



HONOUR ●

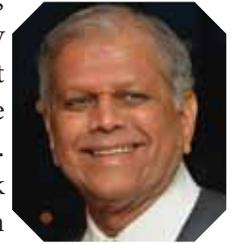
*सहस्रचंद्रदर्शन सोहळा of Prof. GURU Dr. Subhash Ranade

Prof. Vaidya Eknath Kulkarni

Editor, Ayurveda Patrika

(*Celebration of a person's 1000th full moon in his lifetime)

Prof. Dr. Subhash Bhalchandra Ranade, resident of Pune completed 80 years of his age and entered in 81st year of life recently. He is like a full moon, cool, inspiring and spreading silver light of knowledge. We, Indians celebrate 81st birthday of a person as “सहस्रचंद्रदर्शन सोहळा”. This was celebrated in very simple manner. As you all are aware that due to epidemic of COVID – 19 the ceremony could not be arranged on a large scale. But still “Ayurveda Sankul”, the Institute at Anand in Gujarat state had arranged and performed religious as well as Ayurveda promoting programmes from 5.00 a.m. to 6 p.m. on June 27th, in Dr. Ranade's honour, which was publicised beforehand on Face Book so that thousands of his friends and Ayurveda lovers all over the world watched and exulted in this outstanding event. The bond between Ayurveda Patrika, Ayurvediya, IASTAM newsletter and several other magazines and Dr. Ranade is unbreakable. He is hon'ble, senior writer of these magazines besides a guide and a great donor. It is very duty of us to denote his 81st birthday; therefore, we would like to acquaint you all about his life and his extra-ordinary work in science of Ayurveda. We also wish him very healthy and long life.



January 2014 Issue of *Ayurveda Patrika* was published as a special edition to honour Dr. Mrs. Sunanda Ranade and Dr. Subhash Ranade. This issue was of 108 pages in which we have tried our best to acquaint / enlighten the readers all about the work of Dr. Ranade and his well-educated wife Dr. Mrs. Sunanda Ranade in the field of Ayurveda. The interested / curious ones should go through this issue thoroughly. In this article we have summarised their acquaintance and their achievements and success since 2014 in brief. Vaidya Subhash Ranade, was born at Wai on 27th June 1940. In 1962 he obtained degree of B. A. M. S. from Tilak Ayurveda College, Pune. He married Dr. Miss Sunanda Sansare in 1966 and both started joyful married life. Ranade Sir is known as Raja or Rajabhau at his home as well as in his friends' circle. He is a “RAJA” in true spirit.

In 1968, this couple left Pavas and came to Pune. Dr. Ranade joined Tilak Ayurveda College, Pune as a Professor. Sunandatai started to work in Central Council of Research in Ayurveda and Siddha at Seth Tarachand Ramnath Ayurveda Hospital, Pune. In 1973, Ranade Sir obtained M. A. Sc. from Pune University. While teaching he felt dire need of text books so he started to write text books for students of Ayurveda faculty.

He has penned several books from History of Ayurveda to Research methodology and Medical Statistics. Because of this Dr. Ranade became GURU and a friend of all the students of Ayurveda. Both Dr. Ranade's and their co-authors have so far written 170 books on Ayurveda and Yoga. Their books are available in several Indian languages like Marathi, Hindi, Malayalam and 13 foreign languages like English, Spanish, German, French, Italian and Greek. Recently Dr. Subhash Ranade and Dr. Sunanda have written a book viz., “Clinical Diagnosis in Ayurveda” during lock-down period. Since 1981 both of them are doing the work of promoting and teaching Ayurveda while travelling around the world in 77 countries.

It will not be an over statement to say that they have won the whole world and proved themselves as विश्वगुरु of Ayurveda. When one reads their book “Around the World with Ayurveda and Yoga” one easily and readily agrees with

HONOUR

this statement.

Dr. Subhash Ranade was Professor at Tilak Ayurveda College for a long span and thereafter he worked as a Professor as well as Principal at Ashtang Ayurveda College, Pune. He was also honoured the post of Prof. of Interdisciplinary school of Health sciences and later on Head, Dept. of Ayurveda of Pune University. He has organized many International Ayurveda conferences and Training courses and still is occupied in this work. He has published CDs and E-books on various branches of Ayurveda. He has been conducting on-line courses of Ayurveda for many years. He is Professor Emeritus and Hon'ble guest lecturer of various foreign Universities and Institutions. His lectures and interviews are broadcasted on radio and T.V.s. in India and abroad. He was appointed as representative of Chancellor of Banaras Hindu University for the period of three years by Hon. President of India. National Ayurveda University, Delhi honoured him by conferring upon Diamond Membership also. Both Dr. Ranade's founded "International Academy of Ayurveda" in 1966 to train the students from all over the world in Ayurveda.

He has been conferred with a number of धन्वंतरी (God's Physician) and Life Time Achievement Awards world-wide. Various institutions of Pune, Ahmednagar, Nashik and Nanded have honoured him with Life Time Achievement Awards as well as The Best Physician Award. He also received तन मन प्रेरणा award in Pune.

He was given prestigious सांडू आयुर्वेद गौरव पुरस्कार at the hands of Dr. Mohan Bhagwat, Chief of RSS (सर संघचालक राष्ट्रीय स्वयंसेवक संघ), in presence of Hon. Shri. Shreepad Naik, Central Health Minister. He also received Life Time Achievement Award of Maharashtra Health Sciences University, Nashik. His well-educated wife, Dr. Sunandatai played a pivotal role in his life journey. Ranade Sir, a talented personality, possesses a rare quality to praise other talented people. He is an Inspirator of many writers and has inspired many in India as well as abroad to act as Ayurveda Promoter. He is generous minded, ideal tutor, friend and ideal head of the family also.

His interests include Yoga and spirituality. He is a good cricketer. Good hand writing and neatness are his other qualities, apt to be followed by everybody. If we look into his persistent writing and working as Ayurveda clinician in field of *Ayurveda*, he is a Sage (ऋषी) of today. He certainly deserves to be a receiver of D. Lit. of a University and also Govt. should honor him with पदमभूषण. We sincerely wish him to receive these honors.

I humbly wish Ranade Sir and his wife Dr. Sunanda many years of health, happiness and prosperity on his 81st Birthday. जीवत शरदः शतमा

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INSTITUTIONAL NEWS

Prof. Subhash Ranade has been nominated as Visiting Professor for Teaching Faculty at Alma Mater Europaea University, Maribor, Slovenia. This University will conduct 1 year Postgraduate Certificate Course in Ayurveda for Health Professionals. This is open for Ayurvedic, Homeopathic and Naturopathic practitioners. It will start from April 2021



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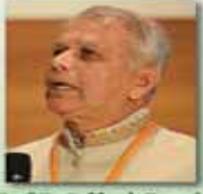




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Prof. Dr. Subhash Ranade

**IASTAM Award Function 2020 & (Semi Virtual) Conclave on
'Ayurveda and Viral Diseases: Translational Modalities'**

**Details
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**IASTAM Text - "Integrative Perspectives:
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