As per a very recent report in 2018 there were 7.84 lakh deaths with 12.1% rise due to cancer and there was 15.7% increase incidence in six years. Cancer remains a big challenge in India. The actual figures might be more.

Let me share some information. It is stated that ‘after global efforts and more than 40 years of work in the fight against cancer, the "magic bullet" has not yet been found. This is perhaps not so surprising considering the complexity of a disease such as cancer.’ Further, “The popular understanding of cancer—that if you have even a single cancer cell, it will multiply to the point that it eventually kills you—is fundamentally wrong,” says Virginia Moyer, M.D., a professor of paediatrics at the Baylor College of Medicine in Houston and chairwoman of the U.S. Preventive Services Task Force, an independent panel that provides evidence-based guidelines on health care. “What we’ve learned in the last decade or so is that cancer doesn’t always act like that. Lots and lots of cells in our body turn cancerous and then disappear; others look like cancer but do absolutely nothing.”

Immunotherapy is the buzzword but ‘Experts in the cancer field generally have now come to recognize that, in order to achieve a meaningful immunotherapeutic effect when treating Cancer, immunotherapy should be used as treatment early in the disease process.’ Whereas the limitations of current immunotherapies are stated to be ‘(immunotherapeutic) products were not always as pure or specific as they initially were thought to be and were generally more toxic when given systemically, especially when given in high doses.’

These are interesting observations where I strongly feel that AYUSH systems have much to offer. The 5 themes categorised for ‘Conclave on Cancer’ are of significance.

There is newly found emphasis on signs and symptoms in the field of cancer, for early diagnosis, treatment specificity and non-recurrence. The vast knowledge base as available in our ancient texts are required to be explored in the context of biological and system biology knowledge gathered over last few decades. ‘Prevention of Cancer, AYUSH Perspectives and Clinical Insights’ put jointly together, if researched, studied and documented have huge potential to prevent this disorder which is now considered a group of disease or shall I say a ‘dysfunctional chain of biological disturbance’ as could be explained in Ayurveda?

Similarly, if immunotherapy is the solution than
traditional products that are used with clinical – therapeutic wisdom to address various signs and symptoms related to different types of cancerous situations could be systematically studied. Drug research approaches beyond conventional approach are needed to find therapeutic solutions. Such an approach will need integrative approaches in true letter and spirit for new discoveries. Sessions on ‘Developing Drugs and Products for Cancer Management’ and ‘Cancer Biology and AYUSH Principles’ will help provide new perspectives for research.

Documentation – registry of experiences of individuals physicians and institutions is a long felt need though it is yet to be implemented successfully.

I hope the deliberations at the conclave will help us decide on right next steps.

References

Aligning with IASTAM Objectives

Prof. Dr. A. J. Baxi donates Rs. 50000/-

Prof. Dr. A. J. Baxi, member of our National Advisory Council (NAC) is the former Head of Pharmaceutical Division, IPGT&RA, Gujarat Ayurved University, Jamnagar. He is Chairman of International Ayurved Foundation (India Chapter) and Consultant to Government of Sri Lanka on Ayurvedic Drug Standardization. Prof. Dr. Baxi has always identified with integration of sciences and our heritage of Ayurvedic Knowledge.

He has been on forefront of such integration. Last several years he has brought in many people and made sincere efforts to get funds for sponsorship.

Taking a step forward personally, he has expressed faith in our activities and capabilities by donating Rs. 50000/-. We shall remain indebted to our former IASTAM Shri Gopaldas Parikh Awardee for his kind gesture.

INSTITUTIONAL NEWS

A WORKSHOP ON “Pharmacy Practice in Australia: Opportunities for Indian Pharmacists” followed by interactive discussion on “One year course in Australia for the practice of Assistant Pharmacist” was organized jointly by Delhi Pharmaceutical Sciences and Research University, New Delhi and Association of Pharmaceutical Teachers of India on 11th Jan, 2019. Dr. Kanan Shah, Pharmacy Guild of Australia was the Chief Guest. The workshop aimed to provide an intense training and awareness on Pharmacy Practice in Australia at undergraduate level especially for Pharmacy Undergraduate students.

The “Young Scientist Award-2018” was awarded to Dr. Madhu Gupta by The Society of Biomedical Laboratory Scientist, India in Biomedcon 2018 for her outstanding contribution in Pharmaceutical sciences and medical sciences field at Kirorimal college, Delhi University on 28th Dec. 2018.

NEWS

L. M. College of Pharmacy, one of the premier Institutes of Pharmacy in India, successfully organized the three days International Conference on ‘Herbal Medicines: Research and Commerce – Global Perspectives’ from 27th to 29th December 2018 at Ahmedabad Management Association.

Prof. Navin Sheth (Vice Chancellor, Gujarat Technological University) was the Chief Guest and Dr. Lal Hingorani (Director, Pharmanza Herbal Pvt. Ltd, Anand) a keynote speaker in the inauguration ceremony along with many other eminent experts. In valedictory function Dr. K. S. Dhiman (Director General, Ministry of AYUSH, India) graced the dais as Chief Guest.

Contributed by Ms. Krupa V. Gadhvi
## IASTAM Awardees 2019

### Vaidya Devinder Triguna
- He is recipient of ‘IASTAM Pandit Shiv Sharma’ Oration Award for Promotion of Ayurveda. Vd. Trigunaji is a awarded the ‘Padmashree & Padmabhushan’ Award for his contribution in the field of Ayurveda. He was Hony. Physician to the former President of India and of several esteemed personalities. He is President of All India Ayurvedic Congress. He has been in clinical practice for the past 42 years and gathered rich experience in successful treatment of chronic & complicated disorders and providing free consultation to over 300-400 patients every day.

### Dr. Robin James Marles
- He is recipient of ‘IASTAM Zandu International’ Oration Award (International Expert) for Research Contributions to Natural Products. As Senior Scientific Advisor in the Bureau of Nutritional Sciences, Food Directorate, Health Canada, Dr. Marles advises on safety, quality and claims for botanical, bioactive and nutrient ingredients of novel and supplemented foods. Previously, at Health Canada’s Natural Health Products Directorate (2003–2013), he was the science advisor for the drafting of the Natural Health Products Regulations and product licensing; Director of the Bureau of Clinical Trials and Health Sciences, responsible for natural health product safety, efficacy and quality assessment for monograph development, clinical trials, and health risk assessments; and Senior Science Advisor for policy.

### Prof. S. C. Lakhotia
- He is recipient of ‘IASTAM Zandu International’ Oration Award (Indian Expert) for Research Contributions to Ayurvedic Products. Prof. Lakhotia is a distinguished Professor (Lifetime) at BHU, INSA Senior Scientist and former Professor Emeritus; BHU. His area of research has been lncRNA, Stress Biology, Tumorigenesis (Drosophila model), Ayurvedic Biology. His recent outstanding contributions to Ayurvedic Biology, using the fly model, have provided a new stimulus to active research directed to understanding cellular and molecular mechanisms of actions of Ayurvedic Rasayanas and other formulations.

### Dr. Neeraj Tandon
- She is recipient of ‘IASTAM Prof. K. N. Udupa’ Award for Contributions to Research in Ayurveda. Dr. Neeraj Tandon a Scientist G and Head, Publication & Information and Medicinal Plants Division, Indian Council of Medical Research, Delhi has vast experience in the area of Botanical Identification & Evaluation of Indian Medicinal Plants, Regulatory and Quality Aspects of Herbal Drugs and Botanicals, DNA Fingerprinting and Diagnostics of Medicinal Potential in Plants. Her primary research area includes Medicinal Plants and Traditional Medicine employing multidisciplinary, multifaceted approach, through intramural and extramural programmes so as to facilitate the development of safe, effective and standard drugs for various diseases where there is no satisfactory cure in conventional medicine.
Prof. Dr. Kishor Patwardhan – He is Recipient of ‘IASTAM Dr. C. Dwarkanath’ Award for Contribution to Contemporary Interpretation. Dr. Patwardhan is currently functioning as Associate Professor and Head of the Department; BHU. He represents a young Ayurved researcher recognized for his insights in interpretation of Ayurveda, kriya sharir (physiology) in modern language. His deep concerns about current educational system lead to writing his views about ayurvedic education are exhibited through ‘the quality of Ayurveda education in India: A survey, Governance of higher education in Indian systems of medicine: Issues, concerns, and challenges’ and his blog. As a member of Subcommittee of Planning Commission for proposing the plans related to AYUSH education to be implemented during 12th Five-Year plan he has contributed for developing innovative teaching methods and curricula in Ayurveda.

Prof. Shailendra Saraf – He is recipient of ‘IASTAM Dr. K. M. Parikh’ Award for Development of Ayurvedic/ Herbal Pharmaceutics. Prof. Shailendra Saraf, a distinguished pharmacy professional is actively involved in promoting pharmacy education and research. He was a Professor at B.R.N. College of Pharmacy, Mandsaur, M. P. and became a Principal. He is presently holding a position as Vice-Chancellor of Hemchand Yadav University, Durg and Vice-President of Pharmacy Council of India (PCI), New Delhi. He was instrumental in the establishment of Chhattisgarh's first Drug Information Centre (DIC) with Chhattisgarh State Pharmacy Council. His core areas of research are medicinal plants, herbal technology and novel drug delivery system (NDDS) of herbal actives.

Prof. Vd. Anant Dharmadhikari – He is recipient of ‘IASTAM Shri Jugatram Vaidya’ Award for Excellence in Ayurvedic Teaching. Vd. Dharmadhikari, Emeritus Professor at BDST Ayurved College, Wagholi; he is highly respected for his deep knowledge of Ayurveda. A true Guru; he is a valuable source of knowledge not only for students but also for the academicians and practitioners of Ayurved. The light of knowledge he lit in the form of ‘Samhita Nirupan’ – discourses on Ayurvedic compendia spread all over India over the period and reached to the count 121 till today. He held the supreme post - Director of Ayurved, Maharashtra and was Dean of the Faculty of Ayurveda SRT University; Nanded.

Dr. S. D. Kamat – He is recipient of ‘IASTAM Shri Mathuradas Parikh’ Award for Excellence in Ayurvedic Profession. Dr. Kamat, an Ayurvedic physician with repute is offering his medical services nearly 50 years in the city of Mumbai. His skills and capacities have attracted the patients from the vicinity and across the city as well. He continuously makes efforts to upgrade his knowledge of advances in the field of Ayurved and successfully applies those in clinical practice. He represents a family physician, the most desirable and significant role vanished over the period. A gold medallist, he captivated the clinical knowledge during his initial training as registrar at R. V. Ayurvedic Hospital and later as a research fellow in literary research in the Board of Research in Ayurved, Bombay.
Dr. C. Suresh Kumar – He is recipient of 'IASTAM Vaidya Haribhau Paranjape' Award for Excellence in Shalya Tantra. Dr. C Suresh Kumar is well-known ayurvedic scholar in Marma chikitsa – Marma as a unique concept and vital entity described in ayurvedic literature under Shalya Chikitsa (surgical treatments). He is presently the Managing Partner and Chief Physician of Triveni Nursing Home, a multi-specialty hospital at Trivandrum, Kerala. He was selected and ably guided the students as ‘Guru’ in the training programme ‘Guru Shishya Parampara’ initiated by Rashtriya Ayurveda Vidyapeeth; AYUSH. He is Vice President at Centre for Innovation in Science and Social Action.

Dr. B.N. Gangadhar – He is recipient of ‘IASTAM Yoga Forum Munchen Patanjali’ Award for Excellence in Interdisciplinary Development of YOGA. Dr. Gangadhar pioneered the ‘Integrative Yoga Therapy’ for mental and neurological disorders. Previously working as a Professor of Psychiatry at NIMHANS; he became a Director. He is holding responsibilities at Adult Psychiatry Unit, Schizophrenia & Metabolic Clinic and ECT & Yoga Services. As a modern medical doctor with specialization in Psychiatry at NIMHANS and training at Vienna University and later joining with Yoga he represents a ‘true integration’. His continued efforts lead to the establishment of ‘Advanced Centre for Research in Yoga’. He has contributed as a member of many task forces and committees of Government of India and other prestigious institutions.

Dr. S. Natarajan – He is recipient of ‘IASTAM Shri Gopaldas Parikh’ Award for Contribution to Development of Phytochemistry Research. Dr. Natarajan is currently holding a post as Senior Advisor at Sami Labs Ltd., Bangalore. He has more than 50 years of research experience in synthetic chemistry, natural products chemistry, drug development and creation & management of sophisticated R & D centres. Over 50 years his areas of expertise have been Synthetic Organic Chemistry and Natural Products Chemistry. He has successfully managed the R&D Centres, from their inception to development. He has a vast experience and knowledge of QC methods for herbal, phytochemicals, phyto-pharmaceuticals and fine chemical products further comprising of statutory requirements.

Prof. Dr. Shriram Savrikar – He is recipient of ‘IASTAM Rasvaidya Nagindas Shah’ Award (Unjha Group) for Contribution in Rasashastra. Dr. Shriram Savrikar is a Former Professor in Rasashastra. He is currently serving as a Chairman, Scientific Body, Pharmacopoeia Commission of Indian Medicine and Homeopathy; Adviser; State Minister of AYUSH; Govt of India and Adviser; Minister of Medical Education, Govt. Of Maharashtra. His academic carrier started as a lecturer that grew to the heights to become Vice - Chancellor of Gujarat Ayurved University; Jamnagar. As an invited Ayurved expert to WHO he has contributed in developing teaching modules for guidelines for safety and training of Ayurveda.
IASTAM Oration and Award Function 2019
&
Conclave on
‘Cancer Care & Research in AYUSH:
Developing A Roadmap’

Fri - Sun, 15th - 17th February 2019, Kochi

Pre-Conclave Workshop on ‘AYUSH Treatment Modalities of Cancer’ on Friday, 15th Feb’ 2019

Conclave Subthemes - “Cancer Care and Research in AYUSH: Developing a Roadmap”
• Developing Drugs and Products for Cancer Management
• Clinical Insights for Understanding Cancer in AYUSH
• Cancer Biology and AYUSH Principles, Evolving Integrative Approaches
• Treatment modalities for AYUSH in Cancer
• Prevention of Cancer, AYUSH Perspectives

Chief Guest - Shri Shekhar Dutt, Former Governor of Chattisgarh
Guest of Honour - Dr. W. Selvamurthy, Chancellor, Amity University
Prof. Asim Ali Khan - Director General, CCRUM
Special Guest - Prof. Dr. Angelika Messner, President IASTAM International

15 February 2019 - Inauguration and IASTAM Award Function
16 February 2019 - Plenary - Keynotes - Panels - Round Table
17 February 2019 - Paper & Posters Presentations - Valedictory

Confirmed Speakers

Dr. Shrikanth
Dy. Director General
CCRAS, New Delhi

Dr. Chitra Mandal
Distinguished Biotechnology Research professor

Dr. Antonella Delle Fave
University of Milan, Italy

Dr. C. P. Mathew
Rtd. V. Principal & Hd. Oncology, Kottayam Med. Col.

Prof. Anup Thakar
Director- I.P.G.T. & R.A.

Dr. Jugnu Jain,
Co-founder & CEO, Sapien BioSciences

Dr. Y. K. Gupta
President, All India Institute of Medical Sciences, Bhopal

Dr. Prasoon Gupta
Scientist, IIIM, Jammu

Dr. Shantikumar Nair
Dean of Research, Amritha Vishwa Vidyapeetham

Dr. K. Pavithran
Head of Medical Oncology, AIMS

Dr. Sreeraj Gopi
Plant Lipids, Kochi

Dr. Manohar Gundeti
CCRAS Unit Cancer Center, Mumbai

Dr. Manzoor K.
Amrita Nano Scientist - Cancer Biology

Dr. S. N. Gupta
J.S. Ayurved Mahavidyalaya

Dr. Gopi Mohan
Amrita Centre for Nano Sciences and Molecular Medicine

Dr. Poora Subharwal
Brahmapraksh, Delhi

Dr. Neeraj Siddharth
Hematologist, AIMS

Dr. Younis Munshi
Scientist-4 & Head R. R. I. U. M.

Dr. Manoj Unni
Hematologist, AIMS, Kochi

Dr. Krishnakumar Menon
Amrita Centre for Nano Sciences and Molecular Medicine

Dr. Ullas Mony
Scientist, Amrita Centre for Nano Sciences and Molecular Medicine

Dr. Sabita M
Principal, School of Pharmacy

Dr. Atmaram Pawar
Vice Principal, Poona College of Pharmacy

Dr. Satish Kitambi
Karolinska Institute, Sweden

Our Honoured IASTAM Awardees 2019 will also actively participate
IASTAM Baidyanath Awards 2019 for Ayurvedic Classical Products

IASTAM India and Shree Baidyanath Ayurved Bhavan Pvt. Ltd. Nagpur instituted the 'IASTAM - BAIDYANATH AWARDS' for Ayurvedic Classical Products. These three categories awards are for innovation and novelty in interdisciplinary & meaningful research and given in the form of 'Certificate of Merit' and 'Cash Prize Rs. 51,000/- each. The selected scholars for the Awards 2019 are -

For Best Research in Standardization of Ayurvedic Classical Product - Dr. Vatsala Nayak
Institute - Muniyal Institute of Ayurveda Medical Sciences, Manipal
Title - A Pharmaceutical Study of Drakshavaleha and its Physio-Chemical Analysists to Develop Quality Standards - Study of Drakshavaleha in Two different Media.

For Best Technology Adaptation for the Classical Ayurvedic Product Concept - Dr. Santosh Subhash Bhujbal
Institute - Dr. DY Patil Institute of Pharmaceutical Science and Research, Pimpri, Pune

For Best Validation / Clinical Research of an Ayurvedic Classical Product –
Two submissions were found to be of equal quality leading to a tie. Cash prize Rs. 25,500/- each.
- Ms. Madhuri Uttam Shelar, Dr. Sathiyanarayan & Dr. K. R. Mahadik
Institute - Poona College of Pharmacy, BVDU
Title - Validation of Ethnopharmacology of Ayurvedic Sarasvata Ghrita and Comparative Evaluation of its Neuroprotective Effect with Modern Alcoholic and Lipid based extracts in B- Amyloid induced memory impairment in wistar rats.

- Dr. Ankesh Kumar Agrawal
Institute - IPGT&RA, GAU, Jamnagar
Title - Preliminary Toxicological Studies on Rasa Parpati Prepared with Ashodhita and Hingulottha Parada.
INDIAN ASSOCIATION FOR THE STUDY OF TRADITIONAL ASIAN MEDICINE

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Postal Registration No.: PCW / 196/2017-2019 (Posting at Marketyard PSO - 411 037);
Date of Publication – 8.02.2019 Posting Date – 10.02.2019 For February 2019 Issue

DETAILS OF THE EVENTS INSIDE
“IASTAM Oration & Award Function 2019”

Seminar On "AYUSH Products, Regulatory Aspects for Global Research"

Conclave On “Cancer Care & Research In AYUSH: Developing A Roadmap”

From,
INDIAN ASSOCIATION FOR THE STUDY OF TRADITIONAL ASIAN MEDICINE (IASTAM INDIA)
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To,

February 2019