

IASTAM

INDIA

NEWSLETTER

*Vol : II *Issue : 8 *July 2018 (Monthly) *Price : Rs. 6/- *Page 8 *Pune

Connecting Systems; Bridging Disciplines

• Ayurved • Yoga • Unani • Siddha • Asian Medicine •

**Branding is the process of connecting
good strategy with good creativity.**

- Marty Neumeier

- Pre Note 01
- Calendar 05
- News 05
- Our Aspirations 06
Dr. S. K. Jain
- Opinion 08
- Welcome 08

PRE NOTE

In Dialogue With Dr. Narendra Bhatt

An interesting initiative was to interview 12 experts or former awardees representing different fields of expertise for their views on IASTAM Approach, Activities and Aspirations. These views covering a wide range of subjects and activities were published in previous two issues of the Newsletter. This has prompted Dr. Kirti Shinde for response of President of IASTAM to their observations and suggestions. Here it is in place of the Pre-Note.

It was interesting to interact with awardees and experts on behalf of our association. What are your views on the observations and suggestions of the awardees and experts who were interviewed?

Very interesting observations and suggestions have been made by the experts. It is gratifying to know of their endorsement not only as an honor but

several have opined on the procedure of selection. This shows their awareness of the procedure where I recollect in past when an awardee or two were not sensitive to the method in which the selections were made. Obviously, this shows better awareness and sensitivity to the efforts made by the association. The bigger number of nominations as received

OUR PRIDE



Prof. Dr. Shivajirao Kadam

Prof. Dr. Shivajirao Kadam is now the Chancellor of Bharati Vidyapeeth (Deemed to be University). Prof. Dr. Shivajirao Kadam has been working for more than three decades in teaching, research and education administration with an experience for over ten years as a Vice-Chancellor and more than 25 years as a co-worker and activist of Bharati Vidyapeeth University. He has been the member of the management board of the University of Pune and also a representative of the University Grants Commission in many universities. He is an esteemed supporter and a well-wisher of our association; it was through his kind support that IASTAM has received the right base in the College of Ayurved.

now despite the long-drawn procedure adds to the credibility of the awards. IASTAM awards have gained recognition in terms of procedure, respect, execution and have grown year by year. Since last several years we have continued to make efforts to improvise the procedure for better and better selection. Despite pulls and pressures we have adhered to the qualitative spirit; IASTAM objective is very clear; *Integration Excellence and Recognition*.

Last several years have seen year to year organization of the award function with an event. How was this achieved? What were the challenges?

Organizing these functions every year has not been easy, it requires advance and proper planning. Having experience of organizing much larger events many times in past was useful. Initially it took much efforts but now the IASTAM team is geared up like a professional group. A system is set where activity and budget formats specific to our meets are developed, and commonly observed issues are identified and addressed at planning stage. From past experiences the selection process, particularly for the international awards are initiated much earlier to avoid uncertainties. It is satisfying that we have come up to the expectations of the sponsors who put faith in IASTAM, and in me personally. I had promised minimum 5 years of the award functions and to the credit of our team, we have completed four years in a row.

What was the purpose of IASTAM? Has it served its purpose? What is its role in present times?

I have witnessed IASTAM since its conception. It is 38 years. It has definitely contributed to debate and discuss variety of issues. It has provided a third dimension to mostly parallel processes. It has done so in subtle but impactful manner. It has brought in changes in thought processes and activities. It has created awareness and respect amongst different schools of thought and different sciences. It has created its methods that are now followed; it was a trend setter for international meets to think big and plan big. It has helped to understand limitations of working within single streams. IASTAM being a non-advocacy group in an environment like that of India has developed faith for neutral discussions



IASTAM awards have gained recognition in terms of procedure, respect, execution and have grown year by year.

and search for solutions to achieve common objectives in otherwise fragmented opinions. IASTAM faced questions about its need, faced several controversies, in the beginning about 'traditional' in its name, about its industrial connection and international linkages. I have faced remarks about its eventual demise! I am happy that we have survived. We have survived due to our commitment to objective and

by not faltering to any pulls. If the purpose was not important and relevant then the association would not have survived. IASTAM as an association has served its purpose very well and is needed more undoubtedly.

'Connecting Systems Bridging Disciplines' is our association slogan. How does it reflect the views expressed by awardees? What made you think of it and why?

'Connecting Systems Bridging Disciplines' was the theme of ICAAM. I thought of this theme to remove some misconceptions about IASTAM. I was witness to the aspirations of Prof. Basham, Prof. Leslie, Pandit Shiv Sharma and Prof. Udupaji. Despite coming from different backgrounds their interests and commitment were to Traditional Systems of medicine like Ayurved or other Asian medicine. For ICAAM we were in need of a statement that reflects the main objective of IASTAM. The times have changed. In India we have AYUSH more visible and active. Internationally the other traditional systems of medicine like TCM or Korean Medicine are better known. There is lot of scientific attention and work going on from different scientific disciplines. IASTAM is committed to provide a common platform right from its inception. No system, no science, no tradition can survive unless it remains relevant to contemporary needs. Ethnic medicine the world over has taken new form. Traditional medicine as practiced in Asian countries have similar origins and face similar challenges of identity and integration. It is therefore necessary that these systems connect with each other. Similarly, science has advanced further with more and more specialization that has given rise to newer disciplines. Cross stream activities are vital for innovations. The phrase '*Connecting Systems Bridging Disciplines*' aptly summarizes IASTAM objectives and activities. Each one of our awardees has stretched out to learn more and work

more to add value to their own field of activity by joining hands and integrating ideas. IASTAM is a platform to encourage such ideas and activities.

What about international activities? Several experts have mentioned about it. We had to go ahead with ICAAM on our own. How is India associated with the international body? What are our plans?

IASTAM in India has continued with focus on integration between different scientific disciplines and different indigenous systems. In India we have remained faithful to basic tenet for which IASTAM was formed. Cross faculty awareness, recognition and activities are necessary for growth of traditional systems of medicine. We have already planned to reach out to international experts and institutes. It is a long-drawn process. As you must be aware, though connected in a way, ours is an independent registered body in India since 1981. Unlike India where we have better consistency that has helped us to grow and establish. The international body of IASTAM had to go through ups and down. Though we also had a weak phase in-between we have revived well to establish better. There is a distinct difference in our approach. International body over a period of time became more of academic group, particularly in humanities, where very limited linkages with the practitioners and systems existed and the activities were not aimed at development of systems as a part of health care delivery internationally and practically no efforts for their integration were prioritized. As an active and probably the senior most member in the international council I did strongly raised these issues at international body with limited success. Today the Indian chapter is well established and has capacity to initiate international linkages and activities. We have begun with international membership with positive responses. If you recollect at ICAAM 2016 there were suggestions to take international lead for Asian Medicine and even new names for our association were considered. But such change cannot be just for the sake of it; it has to have clear objectives and roadmap. Such an organization for its success will need administrative and governmental support.

IASTAM definitely has capacity to play an important role. A catalytic platform without any wasted interest becomes necessary.

Also, it was surprising to know that the international body since last 15 or more years has functioned without proper registration or

constitutional system. My concerns about the international body have turned out to be true and are being attended. Prof. Angelika Meissner, the new president has taken steps to revamp the body and expand its activities. The association is now registered in Germany and its office bearers are being elected. It is going through transformation and I hope it will recognize main objective of IASTAM to bring together Asian medicine systems and scholars alike.

What are your views on new generation, members, their expectations and developing a team?

We have made continuous efforts to create an interest. We are not an advocacy group, it doesn't give freebies. People are here due to their commitment and interest in the objective of IASTAM. With its lateral thinking and methods, it has helped cause of AYUSH. I am happy that the team has successfully brought the monthly newsletter, this being 20th. We will continue to improve our quality and reach. Total no. of IASTAM Awards given are 68 of which 44 were in last four years. It has earned reputation. ICAAM 2016 showed our capabilities. Our publications are read and referred. These are good achievements.

This is a ready platform. Now it has to spread. IASTAM has entered a new phase. What is required is a new enthusiastic team to take it forward. We are living in new digital world. A new push in the direction of humanities and linguistics and other push for broad scientific integration are required to be explained. The new generation with new systems ready to take up these challenges will be a positive happening. My efforts will be to involve different segments of AYUSH fraternity for common objectives, of identifying more contemporary activities. AYUSH Systems are undergoing a major stress for its true identity and relevance. People are concerned and I also firmly believe in it. The AYUSH fraternity need to be sensitive to these dynamics. There is a need for rigorous but productive discussions. IASTAM definitely has capacity to play an important role. A catalytic platform without any wasted interest becomes necessary that is why people like Kishore Patwardhan, Ram Manohar and I personally believe that association like IASTAM has a big role to play. What profession can do, how systems can benefit

the masses and bring up neutrality without having a professional rivalry between two groups; these are issues to be debated and solutions provided.

What are the immediate goals and Future of IASTAM? How do you look up to the year 2020; the 40th Year of IASTAM – India?

One of my immediate wish is to have an Asian meet. I am having discussions with different people and groups. We can organize it. But it needs administrative and governmental involvement for greater gains and to make it more productive. We may bring people together for academic, research and such other trade and business activities to be successful. The purpose of developing mutual respect among Asian Medicine and strive for common acceptance process is important. We have been doing and will organize many more meetings with specific outcome-oriented goal; but the role of administration is very vital. Since young age while working in any set up I firmly believed that people are meant for the association and not vice versa. Commitment of people, non-alignment and functioning of the association are also important and vital. Many associations do not survive when individual or a limited agenda of a group takes over main objectives of the association. Preventing such individual or particular agenda over institutional agenda is very vital and though difficult is not impossible to establish. Our social system hinders separation of political issues from the association within and out of the association. This strength will lie in the new team. My efforts will be to

My efforts will be to bring in a team who understands the neutrality of leadership.

bring in a team who understands the neutrality of leadership. I am looking at the current members of managing committee and also interacting with my peers and colleagues. A group will emerge now which is not biased and will indulge into more of open discussions, transparency, and new activities. I am happy that the comments related to team development and smooth working have come from several experts interviewed. Earlier we have brought in several people at different positions, IASTAM has exercised a lot of patience but nothing happened.

The purpose of developing mutual respect among Asian Medicine and strive for common acceptance process is important. We have been doing and will organize many more meetings with specific outcome-oriented goal; but the role of administration is very vital.

We do not have a common platform where the academic discussions, principles and practice, and issues are addressed the way we do; that is IASTAM strength.

IASTAM did not appear in their day to day agenda; it requires more attention, more commitment than for an advocacy group. I have tried to bring in more people as I took charge and have tried to make it broad based. It was not easy for a non-advocacy group to insist on specific parameters, principles of integrity without any compromises, not allow dominance of any group, institute or a particular thinking. IASTAM is still growing, creating its own resources in a very competitive situation. I am clear in my objectives that gives me strength to go to anybody for the growth of IASTAM. I have tried to share this thought with my colleagues in managing committee and have received positive responses. Several of them travelling at their own expenses to attend to meetings of the managing committee or our meets indicate their commitment to purpose and desire to do something for IASTAM objectives. We discussed this in our recent

meeting. I am considering of one or two major activities where the team will come together for more success to set future goals. Obviously for that we need funds. We are looking for some kind of backing. If we succeed I am sure IASTAM will have long term future. There is not a single association in this country which is committed to Indian medicine - AYUSH in the context of Asian Medicine for global reach. Though professional bodies have events they remain in their independent verticals. We do not have a common platform where the academic discussions, principles and practice, and issues are addressed the way we do; that is IASTAM strength.

As we are headed towards the 40th year in 2020, I intend to define some goalposts. Efforts will be to put IASTAM in a new phase. We will have to prepare from now. I am sure with guidance and support from experts and the help of our team and everybody we will achieve it.

We compliment Dr. Kirti Bhati, Associate Professor of Swasthavritta and Yoga, BVDU, College of Ayurved, Pune and Member of the IASTAM Managing Committee to take the interviews and contribute to 'Dialogue'.



CALENDAR

12th Global Ethnomedicine and Ethnopharmacology Conference **Theme: Ethnomedicine- A Source of Complementary Therapeutics**

August 08-09, 2018 Osaka, Japan

For Details visit - <https://ethnomedicine.pharmaceuticalconferences.com/>

Global Ayurveda Conferences, LLC - 27th Conference and Retreat **"AYURVEDA FOR ALL"**

August 25 & 26, 2018, Arsha Vidya Gurukulam, Pennsylvania, USA

For Details visit - <http://globalayurvedaconferences.com>

Indian Anthropology Congress **21-23 February 2019**

Savitribai Phule Pune University

Organized by the Department of Anthropology in collaboration with The Maharashtra Association of Anthropological Sciences (MAAS), an institutional member of **Indian National Confederation and the Academy of Anthropologists - INCAA**, 'Society for Indian Medical Anthropology'(SIMA) jointly. Spirit of the Congress would be to present and discuss the theoretical and methodological strengths of Anthropology as the distinct Holistic Science of Man, towards Human Development in the contemporary world.

The sub-disciplines of Classical Anthropology, viz. Biological, Social-Cultural, Archeological and Linguistic Anthropology and the evolved sub-specialties therein, such as Medical Anthropology or linkages with molecular biology and genetics etc. would be discussed through key-note, panel discussion, papers: oral and poster presentations, focusing on the contribution to policy planning and implementation at the micro and macro level.

News

From Our INSTITUTIONAL MEMBER **Delhi Pharmaceutical Sciences and Research University**

- Workshop held on Hands-on Training about Taping Techniques (16th April, 2018).
- MOU was signed with Apollo Hospital Education and Research Foundation (16th April, 2018) to jointly develop a research centre of excellence in the areas of clinical research with good standards and values.
- Pharmaceutical Society of Sri Lanka visit (27th April 2018):- The interaction created unique relation between DPSRU and SEAR Pharm forum that ultimately lead to mutual benefit to research professionals and healthcare team.

OUR ASPIRATIONS

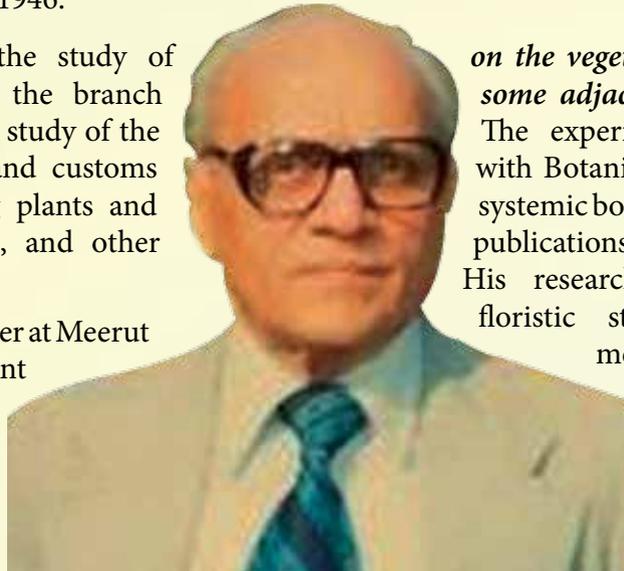
Dr. Vandana Kozarekar provides a profile of

Former President of IASTAM-India, **Dr. S. K. Jain** The Man who is Synonymn with Ethnobotany in India

Dr. Sudhanshu Kumar Jain born on 30th June 1926 in Uttar Pradesh earned his M.Sc. degree from Allahabad University in 1946.

Dr. Jain pioneered the study of Ethnobotany in India; the branch that deals with scientific study of the traditional knowledge and customs of a people concerning plants and their medical, religious, and other uses.

Dr. Jain started his career at Meerut College as an Assistant Professor, Botany. He earned his Ph.D. from University of Pune for his work on 'Studies



on the vegetation on arid, semi-arid and some adjacent regions of western India' The experience gained while working with Botanical Survey of India (BSI) as a systemic botanist lead to extensive research publications on vegetation and floristics. His research was mainly on grasses, floristic studies, endangered species, medicinal plants, ethnobotany and economic botany. After retirement from BSI in 1984, Dr. Jain joined the National Botanical Research Institute, CSIR, Lucknow.

His work not only influenced the expansion of technical programmes but also on the government polices on research in taxonomy, monographic studies, explorations, and the network of botanical gardens, protected areas and the conservation of wild life. He has also contributed to modifying syllabi at universities and all india competitive examinations. The efforts of Dr. Jain *advanced the subject of Ethnobotany in India and has been recognized as D.Sc.* He also influenced international trade in plant products, policies related to botany in India by foreigners, all india training programmes in taxonomy and ethnobotany, broad based publications of regional floras, and role of indigenous knowledge (IK) in sustainable development of plants.

Dr. Jain explored all herbaria in India and in other countries extending his studies to Latin America and Africa. *'The richness of plant diversity in any area, is not evaluated merely by the number of species occurring there, but by the intensity of associations and dependence of the indigenous communities on that plant wealth'*; he expressed in his paper 'Human Aspects of Plants Diversity'. He described 24 new taxa and his students and colleagues named 20 plant taxa in his honour.

The 4th IES International Congress of Ethnobiology at Lucknow; one of the several conferences organized by him was attended by over 300 delegates including 82 foreign ethnobotanists. *'Dr. S.K. Jain,*

Invite
to
Members

IASTAM NEWSLETTER, is yours!

You are invited to participate in its publication. We assure of our efforts to publish appropriate items falling within the purview of IASTAM from our members.

WRITE TO US / SEND TO US / SHARE WITH US

my longstanding respect for you and contributions to ethnobotany have been enhanced by the exciting and enriching Congress which you have been organized in such a generous and through manner’, as expresses by Dr. Timothy John; one of the participants.

He has been Chief Editor of *‘Flora of India series’* (1978-84) and *‘Ethnobotany’* (an international journal of the society of Ethnobotanists).

He has published 43 books named few as *‘Divine Botany’* and *‘Dynamism in Ethnobotany’*, *‘Methods and Approaches in Ethnobotany’*; *‘A Handbook of Field and Herbarium Methods - Today & Tomorrow’s’*; *‘Threatened Plants of India. State of the Art Report’*; *‘Aushayadiya Paudhe; Plants Affecting Human Mind (Psychoactive Plants)’* and over 325 research papers on taxonomy, ethnobotany, economic botany, conservation and medicinal plants.

Dr. Jain has received many prestigious Awards and Fellowships, in India and abroad. Dr. Jain is the first Asian to receive the *‘Distinguished Economic Botanist Award by the Society for Economic Botany’* (U.S.A.) (1999) for *‘Meritorious contributions to study of useful plants’*. He was awarded *‘Emeritus Scientist’* at Council of Scientific and Industrial Research for the project on; Comparative and Deductive Studies in Ethnobotany; the work was published in the form of book *‘Dictionary of Indian Folk Medicine and Ethnobotany’*, which was presented as evidence in US courts to win India the *Turmeric Patent*.

Dr. Jain laid the foundation (1995) for the *‘Institute of Ethnobiology’* at NBRI, Lucknow. He is also the founder of *‘International Society of Tropical Ecology’*; *‘International Commission on Ethnobotany’*; *‘Society of Ethnobotanists’*; and *‘Association for Plant Taxonomy’*.

Dr. Jain was involved with IASTAM since beginning was active participant at our ACTAM AND ICTAM III. Though soft speaking he contributed with scientific session lead deliberations of ethnomedicinal aspects.

Dr. Jain will always be remembered for his continuous support for the activities of IASTAM through regular and responsive communication and also for his assuring presence as a President (1 term) and Vice President (2 terms) at meetings. Enthusiastically he published a *review of the IASTAM Proceedings 2005 ‘Transforming Traditions for Tomorrow’s Health’* in *Indian Journal of Traditional Knowledge*. IASTAM has received his valuable inputs in revising the IASTAM Constitution and Rules and Regulations.

Dr. Bhatt recollects him as *a right and soft leader who provided valuable and clear guidance without much ado*.

To commemorate his 90th birthday; Dr. Jain was honoured with releasing the *‘Felicitation Volume of Indian Ethnobotany: Emerging Trends’* edited by Dr. Ashok Jain and comprising several articles on various aspects of Ethnobotany contributed by very active and devoted Ethnobotanists.

.....
‘Nothing ever built arose to touch the skies unless some man dreamed it’ ...Charles Kettering

We express our thanks to Dr. Arvind Saklani for providing information.

APPEAL

IASTAM appeals for contributions and donations from individuals and group or such bodies to encourage our interdisciplinary mission.

MEETING GROUND

**Do you need some help?
At times we do. We will be happy to identify a collaborator or an institute by publishing your specific need in brief.**

Our New Life Members : Mr. Venugopal Singamaneni, Jammu; Dr. Sachinkumar Patil, Pune; Mr. Anil Bhushan, Jammu

Opinion

The response received for the Pre Note

"IN SEARCH OF MEULENBELD" written by Dr. Narendra Bhatt

From Prof. Vd. Anant Dharmadhikari

It is the best, and thought full article, read so far, regarding Ayurveda. Now efforts to increase the eagerness to learn Sanskrit should be our first priority. What would be the direction for it? This is a difficult task at present. Participation of enthusiastic teachers from all teaching colleges may help with a healthy and repeated discussion.

Feeling proud of creating in the minds of students the interest of reading original text in "Sanskrit" with various efforts and methods. Teacher should teach points of syllabus through original text by explaining meaning of every word & not by reading the translation of sentences. For this, making of appropriate efforts, for creating that skill in teachers, in proper direction is expected.

I admire your efforts taken so far. Congratulations!

Welcome



We are privileged to welcome Dr. Chandrakant K. Katiyar as the **Dr. C. K. Katiyar** Vice President of IASTAM – India. He is currently the CEO - Health Care (Technical) for Emami Ltd. He has more than 30 years of experience in the field of Ayurvedic and herbal industry.

An ardent supporter of IASTAM - India he has been an active member and was on our managing committee and Regional Secretary earlier.



We are privileged to welcome Dr. A. J. Baxi as the member of National Advisory Council (NAC) of IASTAM - India.

Dr. A. J. Baxi

He is the former Head of Pharmaceutical Division, IPGT&RA, Gujarat Ayurved University, Jamnagar. He is Chairman of International Ayurved Foundation (India Chapter) and Consultant to Government of Sri Lanka on Ayurvedic Drug Standardization.

He is recipient of Shri Gopaldas Parikh IASTAM Award for Contributions to Drug Development.

Views and opinions expressed in different articles are entirely of the writers and authors.

Editorial Advisory Board

Dr. Narendra Bhatt
Prof. Dr. Subhash Ranade
Prof. Dr. Madhukar Paranjape
Prof. Dr. Abhijit Patil
Dr. Vandana Kozarekar
Dr. Subhash Wadodkar
Dr. Kirti Bhati

Editor

Dr. Manasi Deshpande

Admin. Executive - Ms. Anagha Vaidya

Visit www.iastamindia.org

Reach Us

iastam.india@gmail.com

Like Us On

facebook

IASTAM NEWSLETTER, Monthly is owned by Indian Association for the Study of Traditional Asian Medicine, Printed & Published by Dr. Vandana Kozarekar, Printed at Ekvira Publicity, Sinhgad Road, Pune, Published at Bharati Vidyapeeth University, College of Ayurved, Dhankawadi, Pune - 411 043. **Editor** - Dr. Manasi Deshpande

From,
INDIAN ASSOCIATION FOR THE STUDY OF
TRADITIONAL ASIAN MEDICINE (IASTAM INDIA)
Bharati Vidyapeeth University,
College of Ayurved, Dhankawadi, Pune - 411 043
Ph. : 020-24373954, 9860085980

To,