

IASTAM

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Connecting Systems; Bridging Disciplines

Ayurved

Yoga

Unani

Siddha

Asian Medicine



The VIII IASTAM Oration & Awards Function 2017, as our earnest desire took place at Dr. K. N. Udupa Auditorium who was also first President of IASTAM – India.



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President Note

IASTAM Award Function 2017 and Conclave – A Rewarding Event

Dr. Narendra Bhatt

IASTAM Oration & Awards Function 2017 and Conclave on 'Translational Research Opportunities in Ayurved' turned out to be a landmark event. **Prof. Udupa** was among the founder pillars and the first president of IASTAM India. His commitment to IASTAM to bring together traditional medical knowledge for better health care was phenomenal. **It was a historic moment to recognize his contributions by organizing the VIII IASTAM Oration & Award Function at Prof. K. N. Udupa Auditorium on BHU Campus.** As stated by Dr. Manoranjan Sahu *Dr. K. N. Udupa will be the happiest to see the development of IASTAM.*

Hon. Minister of AYUSH, Shri Shripadji Naik

Hon. Minister of AYUSH, **Shri Shripadji Naik** had confirmed his presence and details were worked out. However, the electoral code as applicable in Varanasi due to ongoing elections to the Uttar Pradesh Legislative Assembly prevented him from participating. He has always encouraged our activities and sent his good wishes. We remain indebted to him for his encouragement.

Presence of Shri Shekhar Duttji

We are grateful to **Shri Shekhar Duttji, Former Governor of Chattisgarh**, to adjust his planned schedules for his graceful presence to felicitate at IASTAM Awardees and to inaugurate the Conclave. He has always been a **critical observer and an ardent supporter of IASTAM.** We are thankful for his kind words of wisdom. He made several suggestions at the function and at informal discussion on important issues related to education, profession, research and development and policy related issues of AYUSH systems. We will take necessary steps on his guided path.

HAMDARD Initiative

We have been in continuous pursuance with HAMDARD officials. At a meeting held with efforts of Dr. Qazi with Shri Nayyar, the CEO of Hamdard, we had explained IASTAM mission and activities. **Dr. G. N. Qazi at the event made announcement about 'HAMDARD' decision to join IASTAM to evolve modalities to recognize excellence in Unani System as well.** The UNANI System will get a boost with support from Hamdard. This will

positively be a break through happening for IASTAM in pursuit of its theme 'Connecting Systems; Bridging Disciplines'.

Faculty of Ayurved, Institute of Medical Sciences, BHU

It was indeed a pleasure to have support and to work jointly with the Faculty of Ayurved, Institute of Medical Sciences, Banaras Hindu University, Varanasi for this unique event. We sincerely appreciate the willingness and efforts of Dr. Manoranjan Sahu in organizing this event. *The personal bond developed during the event will certainly help IASTAM and BHU move forward jointly in our future activities.* We are thankful to Dr. V. K. Joshi and Dr. Anand Chaudhary for their personal support. We were happy to observe a good teamwork of Dr. B. Ram, Dr. Ashutosh Pathak from BHU and Dr. Manasi Deshpande and Dr. Vandana Kozarekar from IASTAM who carried the responsibilities efficiently on their shoulders and ensured a smooth event.

Highlights of the Event

IASTAM as its tradition had three orations in the award function:

1. **Pandit Shiv Sharma Oration was given by Dr. Simone Hunziker on Globalisation of Ayurveda for Sustainable Global Health.** She has dedicated her life to global spread of Ayurved. She clearly stated that Ayurveda is based on probably the finest knowledge system that humanity ever knew, the Veda. It is rooted in the fundamental principles of most elaborate philosophical concepts of universal value that transcend time and space: the Darshana.

2. **Dr. Antonio Morandi in his IASTAM Zandu International Oration on 'Directions of Research on Ayurved' emphasized on the need for Āyurveda and Modern Science need to encounter for the benefit of mankind.** According to him the debate between diverse epistemologies is harbinger of new paradigms. He suggested that the instability generated by the contact of two diverse conceptual environments when properly mediated can generate a higher level of coherence between the systems engendering novel perspectives.

3. **IASTAM Zandu International Oration was delivered by Dr. G. N. Qazi on 'Medicinal and Aromatic Plants: A Pivotal and Lifeline Sector for global and Indian Traditional systems of Medicines'.** He stated that the use of complementary and alternative medicines (CAM) has become increasingly popular in the developed world after NIH (USA) initiated systematic evidence based studies on it. In a survey conducted by WHO in 1994, it

was found that 60 percent of conventional doctors had at some point of time referred patients to practitioners of alternative medicine. He shared his experiences to bring science into traditional knowledge streams.

Three presentations by the Awardees of IASTAM – BVDU Awards covered varied subjects related Charak's Concept of Buddhi, Validation of Amritbidu Nebulisation in Tamak Swas and studies on Yavagu in Sandhishoola in Vaatarakta.

Newly introduced IASTAM Baidyanath Awards on classical products provided details of standardization studies on Tamra Bhasma, technology adaptation on Nagaradi Lepa Choorna and validation of Anti Diabetic activity of Shilajatvadi Lauha.

Three Keynote speeches that enthralled the delegates were by Dr. A. K. Tripathi, Dr. C. K. Katiyar and myself.

The participants witnessed an interesting panel discussion with best of the experts. I and Dr. Sahu enjoyed on our efforts to get specific views on variety of subjects from the experts.

We hope the Faculty has also gained some insights into subjects and requirements related to research in Ayurved. The best remark that I enjoyed came from a young scholar at BHU who expressed his joy to have so many experts on the same platform sharing their views over two days in a clear manner.

Publication of Theses

One of the task is the publication of the IASTAM – BVDU Awarded thesis. We are looking at publications in the field of Ayurved and other allied systems. We need an academic pool of experts to help in editing of rewarded theses. We already have twelve theses in hand to be published as selected for IASTAM – Awards. **Please come forward with suggestions and to help edit and publish these interesting works.**

Becoming 'International'

We need to integrate with challenges of time, economics of living and need to address challenges of integration with present day life style. We are required to be capable and respected. Personally, I strongly feel that the AYUSH fraternity has the experience of last four decades and is now ready to move forward; what we need is the right direction. **IASTAM going International; is one step towards the agenda.**

After opening up international membership we already have **five international life members** and one international institutional member. We look forward to more new members in coming days. Dr. Rahul Peter Das from Germany personally visited Varanasi to meet us

and shared his views for future activities.

There nearly 70 countries in Asia with similarity of culture, beliefs, similar approach to medicinal plants and similar approach to traditional medical knowledge. Each system has common characteristics and we need to complement each other to grow. We will endeavour to connect systems within India and Asia. We would

like to bridge disciplines for the development of AYUSH. We wish to develop a common goal, to evolve common regulatory processes and to develop modalities to complement each other.

With the successful event at Varanasi, the annual IASTAM Oration and Awards(12+3+3) have acquired a next level of achievement. We shall persuade it further.



Editorial

Greetings from IASTAM India!!!!

I am happy to present the report of IASTAM Oration and Award function 2017 and Conclave on Translational Research Opportunity in Ayurveda, held on 18th -19th

February 2017 at K. N. Udupa auditorium, Banaras Hindu University, Varanasi. We are thankful to all those who helped us directly or indirectly to organize and support this event.

Dr. Manasi Deshpande



Glimpses

IASTAM Oration and Award function 2017 And Conclave on Translational Research Opportunity in Ayurveda



Inauguration



Lamp Lighting



Valedictory Function



Shri Shekhar Dutt
Former-Governor,
Chhattisgarh



Dr. V. K. Shukla
Director IMS, BHU,
Varanasi



Dr. A. K. Tripathi
Director, CSIR- CIMAP,
Lucknow



Dr. Manoranjan Sahu
Dean, Faculty of Ayurved,
BHU, Varanasi



Dr. Narendra Bhatt
President,
IASTAM – India.

Felicitation of Senior faculty of Banaras Hindu University



Prof. S. D. Dubey



Prof. S. K. Dixit



Prof. S. K. Mishra



Prof. J. Ojha

IASTAM Oration and Awards 2017

Pandit Shiv Sharma Oration



Dr. Simone Hunziker

**Zandu International Oration
Award (International expert)**



Dr. Antonio Morandi

**Zandu International Oration
Award (Indian Citizen)**



Dr. G. N. Qazi

Prof. K.N. Udupa Award



Prof. Ramesh K. Goyal

Dr. C. Dwarkanath Award



Dr. P. Ram Manohar

Dr. K.M. Parikh Award



Dr. K. R. Mahadik

Shri Jugatram Vaidya Award



Dr. S. N. Gupta

Shri Mathuradas Parikh Award



Vd. Jayant Jahagirdar

**Vaidyaraj Haribhau Paranjape
Award**



Dr. K. R. Ramchandra

**Yoga Forum Muchen
Patanjali Award**



Shri O. P. Tiwari

Shri Gopaldas Parikh Award



Prof. Vijay Kumar Kapoor

**Rasavaidya Nagindas Shah
Award**



Prof. P. K. Prajapati

IASTAM - BVDU National Ayurved Scholar Awards

Best Thesis For Ph.D. in
Ayurveda



Dr. Girish Sarade

Best Dissertations For
M. D. / M. S. in Ayurveda



Dr. Priyanka Thigale

Best Dissertation within the
Faculty of Ayurved, BVDU



Dr. Hemal Trivedi



Delegates

IASTAM - Baidyanath Awards

Best Research in
Standardization



Dr. Swapnil Y. Chaudhari

Best Technology
Adaptation



Dr. Ansh M.B.

Best Validation /
Clinical Research



Dr. Rakesh Singh Thakur

Together for a
Common Objective



Dr. Manoranjan Sahu
& Dr. Narendra Bhatt



IASTAM Oration Speeches
by Dr. Simone Hunziker, Dr.
Antonio Morandi, Dr. G. N. Qazi



Felicitation of Key Note
Address Chairperson,
Prof. Dr. R. H. Singh



Felicitation of BHU Faculty,
Dr. Anand Chaudhary &
Dr. V. K. Joshi



Panel Discussion on Opportunities, Challenges and Methodology for Translational Research.

Report

IASTAM Oration and Award function 2017 And Conclave on Translational Research Opportunity in Ayurveda

It is indeed the most memorable event in the life span of thirty six years of Indian Association for study of Traditional Asian Medicine [IASTAM- India] to organize **IASTAM Oration and Award function and Conclave on 'Translational Research Opportunity in Ayurveda'** in association with Banaras Hindu University, Varanasi. **The aim of the conclave was to find out and identify National and Global opportunities** and newer scope for translation research and to develop modalities of research for Ayurved. This event took place on **18th - 19th February 2017**, at K. N. Udupa auditorium, BHU, Varanasi.

INAUGURATION : The IASTAM Oration and Awards function and Conclave was inaugurated by **Shri Shekhar Duttji**, Ex-Governor, Chhattisgarh, Dr. V. K. Shukla, Director Indian Medical science, BHU, Varanasi, Dr. Narendra Bhatt, President IASTAM-India, Dr. Manoranjan Sahu, Dean, Faculty of Ayurved, BHU, Varanasi, Dr. A. K. Tripathi, Director, CSIR-CIMAP, Lucknow graced the function.

Dr. Manoranjan Sahu, Dean Faculty of Ayurved, BHU, Varanasi welcomed the guests and shared how the joint event took place. This joint venture will be useful for future collaborative activities. There is potential in the faculty of Ayurved, with team work we are progressing and doing better for serving the mankind.

Dr. Narendra Bhatt, President of IASTAM India briefed about IASTAM India and awards. IASTAM India is established to develop the study of 'indigenous systems of medicine' with an interdisciplinary approach. IASTAM India instituted three orations and nine different awards over two decades to recognise and respect true knowledge and achievement in the various fields. National Ayurved Scholar Awards and IASTAM Baidyanath awards also started to recognize upcoming scholars of Ayurved.

With the new theme '**Connecting Systems, Bridging Disciplines**' IASTAM India committed to common interest of global healthcare by connecting systems and bridging the gaps of challenges with different disciplines and with these awards which are instituted with a mission would continue to inspire the generations and to constitute many more awards.

Shri Shekhar Dutt, Ex. Governor of Chhattisgarh- In his inaugural address emphasized on importance of Indian traditional Medicine and its need for the benefit of mankind. There is no end of this knowledge. This Indian

traditional knowledge is based on Natural science; it needs appropriate utilization of this knowledge for surviving of mankind with scientific methods. He requested all the scientist and delegates to come up with scientific research to utilize Ayurved for "**Sarve Bhavantu Sukhinah, Sarvey Santu Niramaya**", as per the Indian philosophy. We have to identify and search the medicines which are useful in the antibiotic resistances. Today antibiotic resistance is the burning problem. Ayurved can definitely search the medicines which is useful in bacteria, virus which is root of the diseases.

Dr. A. K. Tripathi Director, CSIR- CIMAP, in his speech stressed the importance of research on medicinal plants. Each Medicinal plants has a unique time where active principles are in high quantity, we have to collect the plants in proper season and time. Ayurved can be useful in the diseases like Cancer, Diabetes with proper and scientific research. Dr. Tripathi told that if China can get noble prize for their traditional system of medicine, then why not India.

Dr. V.K.Shukla, Director, Indian Medical Science, Banaras Hindu University, Varanasi, in his presidential address highlighted the thoughts of Shri Madan Mohan Malviyaji. How Malviyaji has instituted all the treatment modalities in the Kashi Hindu Vishva vidyalaya. Dr. Shukla also stressed that on the base of Make in India and Skill India, Ayurved can also be developed. Today evidence based research is essential to promote Ayurved.

ORATION AND AWARD FUNCTION: IASTAM India felicitated 12 distinguished experts for their outstanding contribution. It included 3 orations and 9 awards.

IASTAM-BVU, National Ayurved Scholar Awards in three category for Best Ph.D. thesis, Best M.D. / M.S. dissertation at national level were awarded.

For the first time **IASTAM Baidyanath Awards** in three categories for Best Research in Standardization, Technology Adaptation and Validation / Clinical Research of a Classical Product at national level were awarded.

Oration speeches - This session was chaired by Dr. Narendra Bhatt, President of IASTAM India having a truly distinguished personality with more than 42 years of experience as an academician, clinician, researcher and pharmaceutical experience.

The Orators were

1. Dr. Simone Hunjiker- Globalization of Ayurveda for Sustainable global Health
2. Dr. Antonio Morandi- Directions of Research for Ayurveda
3. Dr. G.N. Qazi- Medicinal and Aromatic plants- A pivotal and Lifeline sector for Global and Indian Traditional Systems of Medicines

Key note lectures - This session was chaired by Prof. R. H. Singh, distinguished personality known for his outstanding contributions to the research and academic.

The Key Note speakers were

1. Dr. A. K. Tripathi – Role of Botanical Translational Research in better health
2. Dr. C.K. Katiyar- Opportunities in Translational research in Ayurveda
3. Dr. Narendra Bhatt - Translational research opportunities in Ayurveda

PANEL DISCUSSION on Opportunities, Challenges and Methodology for Translational Research. Translational Research is aimed at gaining the knowledge or understanding to meet a specific, recognized need or solve a specific problem.

Following topics were discussed :

Metal and minerals safety and efficacy by *Dr. P. K. Prajapati*

How to focus on Rasa aushadhi, its efficacy by *Dr. Anand Chaudhary*

Industry product for public service by *Dr. Pawankumar Sharma*

Reverse Pharmacology as a Trans-disciplinary Bridge, Chromatography, Future of chemistry by *Dr. R. K. Goyal*

Surgical intervention, where not to cut? By *Dr. Manoranjan Sahu*

Ksharsutra, Phytopharmaceutical translational research by *Dr. K. R. Ramchandra*

Comprehensive literature survey and publications by *Dr. Ram Manohar*

Drug Discovery, PKPD model, Reverse pharmacology by *Dr. V. K. Kapoor*

Meaning of translational research as Bench side, Bedside and Community based research by *Dr. V. K. Joshi*

Mind, Measurement of Manas, Model of disease, dravya by *Dr. Antonio Morandi*

'Lokoupayogi Anusandhan', Leads from classical, out of box thinking and convert in applicability by *Dr. R. H. Singh*

Panel discussion was chaired by Dr. R. H. Singh and Dr. Antonio Morandi and moderated by Dr. Narendra Bhatt and Dr. Manoranjan Sahu.

Outcome: Translational research is helpful in various fields providing scientific credence and global acceptability to Ayurveda, new leads to genomics, create interdisciplinary expertise and provide advantageous to health, nutrition and Ayurveda industry. These endeavors would lead to safer, economical and sustainable healthcare delivery to the global community.

SCIENTIFIC SESSIONS- We received about 200 abstracts from all over. Considering this enthusiastic response and the wide ranging topics of interest, 18 parallel oral sessions and one poster session were organized. Finally 72 oral papers and 11 poster presentations were included in the conclave. Themes of the scientific sessions were Fundamental, Pharmaceutical, Clinical, yoga and others.

PUBLICATION: A proceeding of National conference on Conclave on Translational Research opportunity in Ayurved and IASTAM Oration Award function was released. This proceeding contains 35 full papers and 120 abstracts of the research papers.

CULTURAL PROGRAMME: Students of Ayurved faculty performed various cultural activities such as singing, dancing, drama, mono acts on various burning issues. The guests and delegates were fascinated by various performances.

EXHIBITION STALLS: 12 pharmaceutical companies had exhibited their products.

VALEDICTORY: Valedictory function was held on 19th February 2017 in the presence of Dr. Narendra Bhatt, Dr. Manoranjan Sahu, Dr. Manasi Deshpande, Dr. Vandana Kozarekar, Dr. B. Ram and Dr. Ashutosh Pathak

Dr. B. Ram welcomed and shared his views of how the function was initiated and guidance and helped received from senior faculty members from BHU, Varanasi.

Dr. Manoranjan Sahu expressed his view regarding whole process of function.

Dr. Narendra Bhatt, President, IASTAM – India expressed that IASTAM has achieved good success. We as a group with BHU friends & colleagues did much better and are satisfied. This event has developed an emotional bond with BHU. One of the twelve awards is in the name of K N. Udupa who was the first president of IASTAM India thus it was a dream come true as this award event took place in the K.N. Udupa auditorium making it unique in that sense.

Two days conclave report was presented by *Dr. Manasi Deshpande*, Joint Secretary IASTAM India and organizing secretary of Conclave.

Dr. Ashutosh Pathak, Organizing Secretary of the conclave expressed vote of thanks.



Expressions

The Ceremony was very immaculately organised, and all the presentations were so valuable and educative that these will leave a lasting impact on all those who attended the event.

Dr. V K Kapoor

Conclave was much fruitful, It was very well organized and well conducted. This honour is to all dedicated teachers for whom the teaching is not merely a profession but a passion and a mission.

Prof. Dr. S. N. Gupta

The Conclave was well organized & executed in a systematic manner. The deliberation of the conclave if implemented in its true spirit, the development of the science will be beyond our imagination.

Dr. K. R. Ramachandra

This was an important event which was a frank success...

Dr. Simone Hunziker

The event was highly successful.

Dr. V. K. Joshi

Sometime it happens that words fail when you want to express about some things which are beyond words. The reception and conducting of the whole program, following the ritual of the conference was so complete. The oneness of the delegates was great.

Shri. Omprakash Tiwari

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