

# IASTAM

## NEWSLETTER

INDIA

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### Connecting Systems; Bridging Disciplines

Ayurved

Yoga

Unani

Siddha

Asian Medicine



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### Presidential Note

## AS NEW TEAM GETS ACTIVATED

Dr. Narendra Bhatt

### *Appointment of an Ayurvedic Professional as a Special Secretary to Ministry of AYUSH*

An encouraging step; appointment of *Padmashree Vaidya Rajesh Kotecha as a Special Secretary to Ministry of AYUSH* has enthused the whole fraternity. Having an expert at the helm of affairs with deep knowledge of the sector is expected to accelerate the decision-making process with right choices. It also beholds on the fraternity to provide all the necessary support for success of this new initiative.

This unprecedented move must not only be appreciated but fully supported by all concerned for its success and to convert it into a regular norm in future.

### *Elections for New Managing Committee*

Elections for the Managing Committee of IASTAM India are over. Without breaking the tradition there was no

necessity to conduct the elections. Two of the nominees as members opted to withdraw their candidature thereby avoiding actual election. However, it was encouraging to have serious enquiries to actively participate in the management of association and more than normal nominations.

A significant precondition of being a member for at least one term to take up any position as an office bearer has helped the association to keep continuity of its purpose intact. By not allowing any member to hold the same position for more than two terms and for not more than 4 terms in any position of office bearer in any condition what so ever is expected to bring in dynamic changes.

I have declared this as my last term. During last three years an initiative was to bring in new generation with interest and commitment; and excluding an experience or two we are confident to evolve the future leadership. Our

endeavour will be to develop a strong team with stronger foundation.

Most commonly asked question about the association is its academic and professional relevance. Foremost need is to generate interest in need for study and development of Asian medicine; and that of Indian systems of medicine in Asian and global context. The need is to realise that the subject of health care is beyond systems that affects the people at large. Though huge in volume the Indian Systems of Medicine have less active, practically miniscule role, around 3 % of budget value. Whatever growth as manifest is driven by private and commercial forces. It is desirable that these systems, rather than follow a divisive path, shall come together to complement each for a common roadmap to take on the challenges of the day. It will be appropriate to align with sciences and faculties eager to join hands for increasing knowledge and developing better options for medical care.

Quality of publications has been an issue and we are determined to work in that direction to collate and correlate knowledge with contemporary needs to satisfy translational use of science and its applicability.

#### *National Advisory Council*

As a first dynamic step the 'National Advisory Council' (NAC) by nomination has been formed. We are privileged to have acceptance by Shri Shekhar Dutt, a profound personality to be the chairman of the NAC. As former Governor of Chhattisgarh and former Deputy National Security, Defence Secretary and Secretary to ISM, we look forward to his active guidance for better reach and activities. We have brought in several other experts on NAC who have hold or are holding high positions with a view to be enriched with their experiences. We will get their advice on one to one basis from time to time and efforts will be to bring them together on one platform.

#### *Fund and Finance*

Creating financial stability of an association is always a challenge. The only way is to develop activities that are productive to develop faith of sponsors and donors. We will continue with our efforts.

#### *Joining hands with other institutes / organisations*

Collaborating with other organizations has always been part of IASTAM approach. We have initiated dialogue with such institutes and organizations. We will be happy to work with such proposals from any individual or an

organisation that is committed to the cause of Indian Systems of Medicine to come forward for any new idea or activity and use IASTAM as a platform to develop ISM.

#### *To Become International Association*

As informed and now resolved at the meeting of the general body our association will take steps to become an international organization. Objectives are to promote indigenous systems globally for their rightful place in health care. The next, IX ICTAM is scheduled to be held in Kiel, Germany in August 2017. Based on past experience and our future plans we will consider possibilities.

#### *Next Asian Meet*

Suggestions to bring together the representatives and organizations of 'Asian Medicine' was our resolution at ICAAM 2016. Such an activity is not possible without active support from the government. We will reach out to the Ministry of AYUSH.

#### *International Award Initiation*

The annually held award functions procedure for selection of Awards will start soon. Selection of 'International Awardee' is a prolonged and important process. Schedules of the potential experts are decided in much advance. To confirm on their availability, we are planning to make it earlier.

The 'Oration and Award function' will be held around 31st January 2018 as usual. I take this opportunity to invite any such institute or organisation if interested in collaboration to organise the next Oration & Award function which is held along with a 'Conclave' on a subject of significance.

#### *Academic Proposal*

Dr. Mrs. G. V. Satyavati, one of our early well-wishers, beyond valuable guidance that we regularly receive from her has extended her support in the form of sponsoring a fellowship and such other activities. Dr. G. V. Satyavati has shared with us dream of an 'Academy of Ayurveda' to act as a catalyst for motivation of young scholars and faculty to take challenges for contemporary development. We will put in all our efforts to ensure that the initial experimental activity will help provide further directions.

We will become more active academically. We will strengthen our catalytic role to reach next level of bridging the gap and connecting the disciplines in an early productive manner.

## Appreciation

### A BOLD STEP BY MODI GOVERNMENT TO REVAMP AYUSH

#### **Padmashree Vaidya Rajesh Kotecha**

We at IASTAM India are very proud to the achievement of Vaidya Rajesh Kotecha as Special Secretary, Ministry of AYUSH; Government of India. This is an amazing decision by the Government. Our Ayurved field is fortunate to have an able personality to lead us for the betterment of Ayurved.

Padmashree Vaidya Rajesh Kotecha, founder and chief consultant of Chakrapani Ayurveda Clinic Jaipur, has obtained M.D. [Ayurved] from Gujarat Ayurved University, Jamnagar and is contributing to the field of Ayurved since last 26 years.

Vaidya Kotecha has been the former Vice Chancellor, Gujarat Ayurved University Jamnagar. Under his dynamic leadership, the GAU received 'A grade' by NAAC, MHRD, Govt of India in 2016. He achieved several benchmarks for the quality improvements in academics and research at the University.

Vaidya Kotecha is also serving as consultant and faculty in various prestigious institutions imparting courses and training in the Ayurveda in US, UK, France, Colombia, Brazil, Italy, Curacao, Canada, and Netherlands. Dr. Kotecha has authored 'Concept of Atattvabhinivesha in Ayurveda' published by Publication Scheme, Jaipur, India and "A Beginners Guide to Ayurveda" published by Chakrapani Publications.

In 2015, Vaidya Kotecha was nominated as a member of

the 'AYUSH Task Force' by the Ministry of AYUSH for reforms in AYUSH sector. He is actively involved in several professional bodies.

Vaidya Kotecha has received number of prestigious awards as 'Global Ayurveda Physician Award' from the Chief Minister of Delhi Mrs. Sheila Dixit, 'Ayurveda Ratna Award' from International Academy of Ayurveda Physicians. He has received "Padmashree," the fourth Highest Civilian Award declared by the Hon. President of India.

His appointment as Special Secretary will definitely help global propagation of Ayurveda as a full-fledged system of Medicine. With his belief in Ayurved, efforts to develop and establish center of excellences in the education and research will be enhanced.

We are positive; he will be able to meet the new challenges efficiently.

**We commit our support and efforts for accelerated promotion of AYUSH.**



## Felicitations

**Prof. Em. Subhash Ranade** was felicitated by honoring **FELLOW of National Institute of Ayurveda (Rashtriya Ayurveda Vidyapeeth)** - under of Ministry of Ayush, Govt. of India - Delhi at Silver Jubilee Celebrations function of RAV held at Malvankar Bhavan (Constitution Club) Delhi on May 29th at the hands of Shri Shripad Naik, Minister of Ayush, Delhi.



## Announcement

**7th year of the Anjani Mashelkar Inclusive Innovation Award Set up in the memory of Dr. R. A. Mashelkar's late mother, who always persuaded use science for the benefit of the poor. There are great winners in the previous years!**  
**More information available at - <http://award.ilcindia.org/>**

## Editorial

**Dear Members,**

Greetings!!!

I am glad to bring this issue, which mainly covers the outcome of election for the 'Managing Committee' and General Body Meeting reports. Election of the Managing committee was held on 22 June 2017 under the keen eyes of electoral officer Dr. A. B. Patil.

We congratulate and welcome the new members who have been duly elected as office bearers and as members of the managing committee of our association. In addition to the members elected, three members are co-opted in order to widen the representation of the various segment. I hope, we as team will be determined for various activities and contribution in the field of Asian Medicine.

National Advisory Council was declared on the same day. Well-known dignitaries such as council members,

vice chancellor, principal, and Emeritus professors have been nominated from various disciplines as council members. We look forward to the multidisciplinary activities in the context of Asian medicine including AYUSH.

It is a very proud moment for AYUSH sector that a Global Ayurved Physician Padmashree Vd. Rajesh Kotecha is appointed as Special Secretary of Ministry of AYUSH.

I am privileged to be elected as Secretary General of this multidisciplinary organization. I look forward to shoulder this responsibility under the guidance of seniors and with cooperation of colleagues from the committee.

We welcome your review articles, book reviews, short communication, interviews, and information and reports.

**Dr. Manasi Deshpande**



## NAC

### **IASTAM NATIONAL ADVISORY COUNCIL (NAC)**

NAC comprises of senior and distinguished members of IASTAM and represents different faculties.

#### **CHAIRPERSON – SHRI SHEKHAR DUTT**

Former Governor of Chhattisgarh, Former Deputy National Security Adviser, Defense Secretary and Secretary, Dept. of ISM, Ministry of Health, Govt. Of India.

#### **MEMBERS**

**Dr. H. R. Nagendra, Bangalore**  
**Prof. R. K. Mutatkar, Pune**  
**Vaidya Suresh Chaturvedi, Mumbai**  
**Dr. M. H. Paranjape, Pune**  
**Prof. K. R. Mahadik, Pune**  
**Shri G. G. Parikh, Mumbai**

**Dr. (Mrs.) G. V. Satyavati, Bangalore**  
**Dr. Rais – Ur- Rahman, Delhi**  
**Prof. Subhash Ranade, Pune**  
**Prof. B. V. Sathaye, Alibaug**  
**Shri Prabodh Shah, Ahmedabad**

Some other members have been approached and written consent is awaited. If required even more members will be nominated. There are minimum 15 members and maximum 21 members in the NAC.

## Elections

### ***IASTAM MANAGING COMMITTEE (2017-2020)***

The election process of the Managing committee for 2017 – 2020 was initiated as per the norms. Dr. Abhijit Patil provided his honorary services as the ‘Electoral Officer’ as resolved by the members of the managing committee.

Following dates were declared for the process of nomination and election.

1. ***Nominations to reach office, on or before... 15th June, 2017 at 4.00 pm***
2. ***Withdrawal of forms..... 20th June, 2017, at 4.00 pm***
3. ***Scrutiny of the forms 21st June 2017***

On scrutiny, 15 nomination forms for various posts were received. Three nominations forms were received through mail but rejected as not in order of format. Withdrawal request for two positions were received. Finally, thirteen nomination forms were considered eligible.

No further election process was necessary, as there were no positions that were being contested for more than the required positions and numbers.

The following names were declared elected without contest for the term 2017 – 2020.

Further in view of the request and multidisciplinary approach, three members were nominated as representation of other systems and disciplinaries as per geographical area.

**President :- Dr. Narendra Bhatt, Mumbai**

**Vice President :- Vd. Punarvasu Agnihotri, Ahmedabad**

<b>Secretary General</b>	<b>Treasurer</b>
<b>Prof. Manasi Deshpande, Pune</b>	<b>Dr. Vandana Kozarekar, Mumbai</b>

**Regional Secretary :- Dr. Subhash Wadodkar, Jalgaon**

**MEMBERS**

Prof. M. H. Paranjape, Pune	Prof. S. N. Gupta, Nadiad
Dr. Ram Manohar, Cochin	Prof. Abhijeet Patil, Pune*
Prof. Kavita Indapurkar, Pune	Dr. Sathyanarayan, Pune
Dr. Mahendra Chaturvedi	Shri Shriram Gandhi, Ahmedabad
Dr. Kirti Bhati, Pune	

**Members by Nomination**

**Dr. Praseon Gupta, Jammu   Dr. Yonish Munshi, Howrah   Mr. Daxesh Virvadia, Ahmedabad**

\* Nominee - Principal, Bharati Vidyapeeth Deemed University, College of Ayurved, Pune.  
The other vacant positions will be co-opted by nominations.



## Awards

**Maharashtra University of Health Sciences, Nashik** recently conferred '**Lifetime Achievement Award 2017**' upon **Dr. Mrs. Meera Madhukar Paranjape** as an expression of high esteem and in recognition of her noted professional and social service attainment in field of Health Sciences, Education and Training.



## Report

### **IASTAM General Body Meeting**

The General Body Meeting [GBM] of the IASTAM India was held on June 22, 2017 at College of Ayurved, Bharati Vidyapeeth University, Pune at 2.30 pm. Fifty [50] life members from Solapur, Nagpur, Ahmedabad, Mumbai, Pune, and Jalgaon attended the meeting.

President - Dr. Narendra Bhatt chaired the meeting, he welcomed all the members.

**1. Activities report :** Dr. Manasi Deshpande, In Charge Secretary presented the report of various activities with highlights of the last three years.

Notable activities in last three-years -

- Conclave on 'Asian medicine: Integrative Potential' at Gujarat Ayurved University - Jamnagar in 2015

- 'International Conference on Advances in Asian medicine' and 'Consultative Meet on Cancer' at Pune in 2016.

- 'Conclave on Translation Research Opportunities in Ayurved' at Banaras Hindu University - Varanasi in 2017

- 'Mini symposium on New Opportunities in Academic Research in Ayurved' at Bharati Vidyapeeth University, College of Ayurved - Pune in 2017

- 'Brainstorming meet on NITI AAYOG Initiative the National Commission for Indian Systems of Medicine' in 2017

Shri Chandrakant Bhanushali suggested that IASTAM could arrange short-term workshops for practitioners and Postgraduate students. Dr. Kalpana Sathe suggested about conducting workshop on E learning modules for teaching and learning.

**2. Financial Report :** Dr. Vandana Kozarekar, Treasurer, presented last three years financial report to the members.

The excerpts are as follows:

1. IASTAM receives the funds from 1. Award Sponsorship
2. Membership
3. Interest on FD's and others e.g. Sponsorship for Publication etc.

2. It was informed that the efforts were made by the present committee to maintain the corpus fund for the term (2014-2017).

3. IASTAM received two government grants with continuous efforts by the office bearers; towards ICAAM (International Conference on Advances in Asian Medicine) and the Consultative Cancer Meet organized in January 2016 and February 2016 respectively.

IASTAM has also received the sponsorship for publication.

The funds were utilized against the Conference expenses and the several publications e.g. 2 volumes of ICAAM

Proceedings, IASTAM Chronicle and Award Book. IASTAM also has received more membership as many people became interested in the activities of IASTAM after attending ICAAM 2016. The Award functions were held regularly in the year of 2015, 2016 & 2017 unlike previous years and the funds were utilized for organizing the same.

IASTAM is non-profit organization and thrives in several activities e.g. organizing Intellectual Conclaves, Workshops and Symposia and bring out valuable publications to propagate Asian Systems of Medicine. The availability of sufficient funds for sustenance of such an organization is always a matter of concern. Members were requested to give suggestions to generate more funds and support in a small way by bringing new members.

The M/s Manoj Barwadia and Associates were appointed unanimously as an auditor till the next General Body meeting.

The special thanks were given to ZANDU - the initial host organization for their unconditional support. The accountants Mr. Indubhai, Mr. Kandarpabhai and Palm Tax and auditors M. G. Manoj Barwadia & Associates were appreciated for their services. The thanks were also expressed to the members who offered their help by upgrading themselves from Life to Patron Member and the members of the managing committee who spent on their own from time to time during financial constraints of the organization. IASTAM remains indebted to Bharati Vidyapeeth University under their premises the office of IASTAM is re-established.

Members appreciated the efforts taken by the managing committee.

#### **3. Publications : IASTAM Newsletter**

IASTAM India published Communiqué on quarterly basis before December 2016. It is a simple way to connect and share activities & information with the members. This has helped to strengthen the relationship with all the members. From December 2016, onwards it was converted into 'IASTAM NEWSLETTER' in a unique new form on regular monthly basis with eight pages and registered under the Government of India. Total seven issues are published till now.

#### **Other worthy publications**

- *IASTAM Chronicle* : A document of portraying 35 years of tradition and Activities

- *IASTAM Oration & Awards* – Aspiring Traditions: This book covers the consistent efforts put in and their trust

worthy commitment to achieve high standards, to aspire for better achievement.

- *ICAAM Proceedings Part I & II (around 500 pages):* As a reference book was available to all participants and members.

- *Proceedings of Consultative Cancer Meet:* Helped Ministry of AYUSH to take next steps to initiate productive research in the field of Cancer for AYUSH interventions.

#### **Proposed publications**

- *A book on Asian Medicine* (around 480+ pages) with a group of contributors is in the final stage of publication with comparative study of nine (9) Asian medicine systems is conceived, designed and edited by Dr. Narendra Bhatt.

- *A Journal of Ayurvedic Practice* is being planned. Dr. Kavita Indapurkar briefed the members about the proposed Journal for Ayurved Practitioner.

- *Publication of Awardees Theses*

**4. Project proposals :** Two proposals submitted to the Ministry of AYUSH for financial assistance.

1. "Development of Information Technology Based Tools and Databases for Documentation of Experiential (Practices) Information and Relevant Methodologies of Ayurveda, Unani and Siddha [ASU] Treatment Modalities in Cancer Care and to collate it with System Knowledge"

This project is under reconsideration.

2. "Validation of Traditional Unani Plant Products and their Ingredients for Anti – Cancer Effect on Hepato-Cellular Carcinoma"

Ministry has approved this project for Rs. 66 Lakh. Though IASTAM India is not directly associated with the project, it has played an important role. Dr. Narendra Bhatt and Dr. Manasi Deshpande, the office bearers are part of the project to be undertaken at the Rajiv Gandhi College of Bio Technology, BVDU.

**5. Constitutional changes :** Managing Committee has suggested some resolutions in the constitutional changes in the meeting held on 22<sup>nd</sup> June 2016 at 12.30 pm. The members of the General Body reviewed and passed the Resolutions on following subject matters unanimously.

- Acceptance of international membership of Individual/s and Institution/s.

- Constitutional amendments may be undertaken for reformation of IASTAM – India as an international organization.

- Necessary steps to be taken to become an international organization with aims and objectives for study, research, development, promotion and regulatory acceptance of Asian Medicine including Ayurved, Unani, Yoga, Sowa Rigpa, and such others internationally and to help these systems play an important role in health care delivery all over the world.

- Managing Committee through due procedure of amendments may undertake changes, modifications,

amendments to the Articles of Association including Nomenclature, Constitution, Election Procedure, Eligibility, Rules and regulations and such related matters.

**6. Change in Nomenclature :** As an international organization, there is a need to make necessary changes in nomenclature of IASTAM – India. All the members unanimously approved and resolved that the name "Global Alliance of Asian Medicine" to be considered, subjected to mandatory requirements and legal approvals. The managing committee was authorized to consider other names if need be and finalize.

**7. The Election of Managing Committee and Office Bearers :** The elector officer Dr. Abhijit Patil presented the election report and announced the new Managing Committee. The details are on the other pages of this Newsletter.

**8. Proposal from Dr. Satyavati :** Dr. Satyavati proposed three academic research activities with IASTAM to motivate basic & applied research among young scholars. Initially she agreed to sponsor Rs. 2.5 lakh for these activities.

All the members agreed to consider the proposal and appreciated the support from Dr. Satyavati.

**Address by the President :** Dr. Narendra Bhatt expressed his gratitude and requested to the members to cooperate and support for the association's future activities. He said that IASTAM is actively involved and committed with the objectives. He also expressed that with a high level of educational and research activities, there is a significant increase in members, still more efforts are required for the development of Asian medicine including AYUSH sector. He also suggested future activities for the association. The members observed the commitment and warmth among the existing managing committee members.

We were delighted with the presence of the senior members of association Shri Chandubhai Bhanushali, Dr. Punarvasu Agnihotri, Prof. Subhash Ranade, Prof. M.H. Paranjape, Dr. B. V. Sathaye, Shri. Prabodh Shah, Dr. Kalpana Sathe, Principals of the Ayurved Colleges and all the members for their valuable suggestions.

We expressed our gratitude to all the sponsors as Emami, Zandu, Yoga Forum - Munich, Bharati Vidyapeeth University, Baidyanath, Dr. M. H. Paranjape, Dr. Satyavati for their kind support.

There was a proposal made for starting international membership in the managing committee meeting held on 12 January 2017. As Prof. Reinhard Bogle from Germany was present at the meeting, he immediately agreed for membership. We expressed our special thanks to Prof. Reinhard Bogle and his team for their support to become first international members.

*Meeting ended with Vote of thanks.*

Minutes of the GBM will be available on the website shortly.

## IASTAM General Body Meeting 22 June 2017



### New Managing Committee Meeting



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 Prof. Dr. Abhijit Patil  
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 Dr. Subhash Wadodkar

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##### Congress? Conference? Seminar? Symposium? Workshop?

Are you associated with organization of any such forthcoming event?  
 Do you know of such event taking place in your area?

##### Books? Journals? Periodicals?

Send us a copy to enlist or review.

##### Ideas? Thoughts? Views?

Do you have any?

##### Honours? Awards? Tours?

Have you been honoured recently?  
 Let us share the pride.

##### Clippings? News? Abstracts?

Have you come across my important information that may interest our members?

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To,