

IASTAM

INDIA

NEWSLETTER

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Connecting Systems; Bridging Disciplines

○ Ayurved ○ Yoga ○ Unani ○ Siddha ○ Asian Medicine ○

IX SERIES OF IASTAM ORATION AND AWARDS 2018

*Inauguration of IASTAM Oration & Award Function 2018 and
International Conference on 'Challenges for Global Competitiveness of
AYUSH and Natural Products'*



*Hon. Lt. Governor Shri Anil Bajjal, Dr. V. M. Katoch, Prof. Shridhar Dwivedi,
Mr. Manoj Kumar, Prof. Ramesh Goyal, Prof. Harvinder Popli*



Dr. Narendra Bhatt, Dr. Raman Dang, Dr. D. P. Pathak Prof. Harvinder Popli



*Hon. Lt. Governor Shri Anil Bajjal,
Dr. Narendra Bhatt*



Dr. Raman Dang



Dr. D. P. Pathak



Hon. Lt. Governor Shri Anil Bajjal



Dr. V. M. Katoch



Prof. Ramesh Goyal



Dr. Narendra Bhatt



Dr. Harvinder Popli

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We were privileged to organize IX series of IASTAM Oration and Awards at Delhi Pharmaceutical Sciences and Research University [DPSRU]. This 4th award function held annually in a row at Delhi after Gujarat Ayurveda University, with Jamnagar in 2015, ICAAM and BVDU at Pune in 2016 and at Institute of Medical sciences, BHU in 2017, turned out to be a landmark event organized in association with allied, pharmaceutical sciences. Presence of Shri Anil Bajjal, Honourable Lt. Governor and of renowned Dr. V. M. Katoch, former Director General of ICMR added value to the event with their words of wisdom. With this function IASTAM has raised its bar by one more level. It was heartening that Shri Bajjal not only inspired for innovations and outcomes but has extended his full support to implement it for betterment of the systems and people.

Our association that completed 38 years on 31st January 2018 has achieved as we claim 'an aspiring tradition' through its unique multi-disciplinary approach and adherence to inflexible method of selection. In line with our commitment to our theme 'Connecting Systems; Bridging Disciplines' this turned out to be an important event to bridge AYUSH with pharmaceutical sciences.

Presentations by Mark Rosenberg, Larry Walker, Ram Vishwakarma, Ikhlas Khan, DBA Narayana and several others were of significance to look for newer horizons in the field of AYUSH and Natural Products. I personally found new light to explore new roads. The orations were published in the souvenir-cum-abstract book published on the occasion. We will examine possibilities to make it available to others. The presence of Anand Chowdhary, Ram Manohar and several other seniors provided inspiration to the young students. It was fulfilling to observe practically all awardees actively present in the audience and interacting with others and the younger generation to justify the purpose of the function. Each of the awardees has come forward with suggestions and promised active support to the IASTAM activities.

We plan to publish a separate report on the conference in next issue of the newsletter.

Environment and Hospitality

The environment at the university campus was beautiful. The dinner served around musical fountain with live music on a day gave serene but positive feeling. The feel of warm environment and hospitality in Delhi winter was overwhelming. The in-house music and the cultural programme were enjoyed by all the participants. The event will be cherished for a long time.

Brainstorming Session

The Brainstorming session held just before the main event for a possible post-graduate syllabus for AYUSH & Natural Products was interesting. The discussion was lively and several important issues were raised.

Previous experiences shared by several experts threw light on right need and the type of syllabus that is needed, appreciated by students and will cater to the needs of both the sectors AYUSH and Pharmaceutical sciences. Inputs received in the session were very important as I am sure that it will help us to move forward in right direction. Many times, points emerged were what not to do which were more important than what to do. Equally important is what to do. So that it becomes really a strong right approach to evolve what is to be done. This session will help us to evolve right kind of content oriented, applied, job oriented, applicable, reliable, and acceptable syllabus which brings out best of experts which the AYUSH industry is in need of.

Catalytic Role

It was satisfying to know of connections being made between institutes and organizations and experts from different fields. During the discussions and on side-lines I was happy to observe and be part of conversations to evolve institutional collaborations that will benefit both, DPSRU and IASTAM for our respective activities. Once again, IASTAM has provided such a platform.

Prof. Ramesh Goyal

It was difficult to not get affected by the infective enthusiasm of Prof. Goyal. He provided a true academic leadership to the whole event looking

into every minor details. In him IASTAM has found a strong supporter.

Meeting of the Members of the Managing Committee

The special meeting of the members of the managing committee of our association on side lines on 3rd February witnessed participation of most of the awardees and speakers. I sincerely thank all the members (most) of the managing committee who travelled at their own costs; it shows their commitment to the association. The inputs at the meeting are of great value. These will help IASTAM move forward. We look forward to connect with other systems, like Unani and Yoga soon. IASTAM made many new members and friends.

Dialogue

We had decided to enter into a 'Dialogue' with experts present for inputs for IASTAM. The team undertook the task in a systematic manner. The response was also equally enthusiastic. I appreciate the efforts by Manasi and Kirti. The coming issues

of our newsletter will cover these details.

A Big Thank You

I wish to thank all our awardees, speakers and participants. I express my gratitude to our sponsors and members of the managing committee. I want to put on record our sincere appreciation to Prof. Goyal and the whole team at DPSRU. IASTAM method of time management at the event was a point of praise by many. My thanks to the IASTAM team comprising of Manasi Deshpande, Vandana Kozarekar, Kirti Bhati, Kavita Indapurkar and Anagha Vaidya who attended to needs of time in an experienced and efficient way.

Requests for Next Year

Another important gain of this event was invites from several organizations to organize it for the next year.

To summarize, IASTAM with this event has raised its bar to a higher notch. We have learnt few more lessons. We will continue to grow and move forward.



Brainstorming Session on Development of Courses in Ayurveda, Homeopathy and Unani Pharmacy



Release of Souvenir

HAPPENINGS

IASTAM ORATION AND AWARD FUNCTION 2018

Pandit Shiv Sharma Oration For Propagation of Ayurved



Mr. Mark Rosenberg

Zandu Intenational Award For Research Contribution to Natural Products



Prof. Dr. Larry Walker

Zandu Intenational Award For Research Contribution to Natural Products



Dr. Ram Vishwakarma



Dr. P. Ramarao

*Shri Jugatram Vaidya Award For Excellence in Teaching in Ayurveda
& Award Function - 2018*



Dr. Sanjeev Rastogi

*Shri Mathuradas Parikh Award For Excellence in Ayurvedic Profession
& Award Function - 2018*



Vaidya Tapan Kumar

Vaidyaraj Haribhau Paranjape Award For Excellence in Shalya Shalakyu



Dr. B. G. Gokulan



Prof. Ramesh Bijlani

IASTAM ORATION AND AWARD FUNCTION 2018

Shri Gopaldas Parikh Award Contributions to Drug Development



Dr. A. J. Baxi

Rasavaidya Nagindas Shah Award For Contribution in the subject of Rasashastra



Dr. Anand Chaudhary

Developing Bondage



Delegates



Prof. Ramesh Goyal, Dr. Narendra Bhatt



Delegates

IASTAM - BVDU Awards (National Ayurved Scholar)



Dr. Vijaykumar Mane

IASTAM - Baidyanath Awards



Dr. Aruna Jadhav and Ms. Rucha Dhamankar



Dr. Prajapati as Guide on behalf of Dr. Sonam Bhide



Dr. Manasi Deshpande



Delegates



Delegates



Dr. Mahaveer Dhobi



IASTAM - DPSRU Group

DIALOGUE

Dr. Manasi Deshpande In Conversation With



Prof. Prof. R. H. Singh currently Distinguished Professor and Professor Emeritus, at Faculty of Ayurveda, Banaras Hindu University. He graduated in Ayurveda, Medicine and Surgery from the Banaras Hindu University (1961) and acquired his Ph.D (1969) and D.Lit (1982) under the supervision of Padamshri Prof. K.N. Udupa . He is engaged in developing newer courses and programs for need based development of Ayurveda in interdisciplinary areas to generate employment potential and to meet the appropriate man power development in tune with the present day requirements and expectations from Ayurveda and other Alternative systems of

Medicine. One of the recipient of IASTAM Dr C. Dwarkanath memorial award for contributions to contemporary interpretations of the Ayurveda principles in 2005.

IASTAM INDIA STANDING ON THE CROSSROADS IN SEARCH OF ITS RELEVANCE AND AGENDA FOR TODAY

Q: Origin and Main Objective of the Association:

IASTAM was established in 1979 by late Prof. AL Basham with the help of Kenneth Zysk and Charles Leslie at Australian National University. The first IASTAM meeting was held in Canberra where 300 delegates attended. The founders were primarily historians and anthropologists. Hence the association was essentially a learned society of scholars from divergent fields but dominantly from Anthropology and Traditional medicine. This scholarly association became popular among the academicians of Anthropology and history of medicine where Ayurveda also found a serious place leading to establishment of an Indian chapter. IASTAM flourished as a prestigious academic organization during subsequent decades but it always suffered from the loss of leadership of big name like Basham, Leslie and Zysk.

Q: Origin and Development of IASTAM India:

The India chapter came in the hands of the leading activists like Mutatkar, KN Udupa, Pandit Shiv Sharma and KM Parikh. Dr. Narendra Bhatt, who was then working as R &D activist in Zandu Pharmaceuticals Company was very active and was in touch with the then managers of IASTAM India. In a natural sequence Dr. Narendra Bhatt lately took over the charge of this Association. He is now the lifeline of this organization and has succeeded to maintain the show with successful International Conferences, Memorial lectures and several Awards conferred in recognition of distinguished experts in divergent fields of academia and professions. The process and procedure of establishment of nearly a dozen Awards and the process of selection of Awardees have been unquestionable. I was given Prof. C. Dwarakanath memorial Award of 2005 in recognition of my contribution in reducing the gap between Traditional and Contemporary systems of medicine by way of relevant scientific interpretation of Ayurveda. I greatly value this Award.

Q: What should be road map for AYUSH system?

After over three decades of its establishment once again IASTAM seems to be standing on the crossroads in search of its relevance and Agenda today. Any such organization needs to revise its objectives and working strategies according to the requirements time to time. Otherwise the organization becomes static and repetitive and loses its relevance.

All these years have shown spontaneous shrinkage of IASTAM from its global academic plinth to the core of Indian Traditional Medicine is Ayurveda. Although this trend is welcome but it carries a risk that it may become another Ayurvedic Association like many others. IASTAM should not relinquish its original plinth of Foundational knowledge system and deep academic temper of distinction. And at the same time it should address to the basic issues of revival and development of Indian traditional System of medicine with emphasis on its principles and approaches which are unique and are relevant even today.

Q: What role IASTAM has played for promotion of Ayurveda and other systems?

IASTAM should get concerned more about the Science of Ayurveda rather than the pharmaceuticals of Ayurveda alone. It cannot be overemphasized that we should equally respect and recognize Traditional Chinese Medicine. Ayurveda and TCM are the two leading Asian systems of medicine. And they have many things in common.

Q: Your expectations from association?

I have communicated many times in the past my impression that Ayurvedic medicine has three major characteristic features which make it a superior system of health care. They are:

1. It has a generic pronature approach in its all principles and practices.
2. It has a comprehensive Holistic approach in all matters.
3. It is a personalized system of medicine with serious Prakriti-Vikriti considerations.

These ideas are unique and are really relevant even today. Gradually modern medicine is also converging towards these ideas in order to compensate its face value amidst many ups and downs amounting its rise and fall. At this juncture IASTAM has the great responsibility to identify the issues and challenges of tomorrow as a strategy to convert the challenges into opportunities for turning points in search of a better health care system for all. There is a clear call to move way forward both at local and global levels. IASTAM should assume the leadership.



Amendment to announcement of IASTAM - Baidyanath Award - We are happy to announce that IASTAM Baidyanath award in category of Best Research in Standardization of a Classical Product, research work titled '*Evaluation of Ayurvedic Formulations*' awarded by committee is shared by **Dr. Aruna Jadhav and Ms. Rucha Dhamankar** from BVDU, College of Pharmacy, Mumbai.

ACHIEVERS

NATIONAL AYURVED SCHOLAR AWARDS- 2018

IASTAM - BVDU AWARDS FOR BEST P.HD/M.D./M.S. THESIS

1] Best thesis submitted and conferred for degree of Ph.D. in Ayurveda-Rs.51000/-

Dr. Vandana Anil Avhad - Panchakarma, RSM'S Research Institute of Health sciences and Management, Pune
Title - *Efficacy of Rason (Allium Sativum Linn.) Siddha Ksheera Basti in Asthimajjagata Vata WSR to Asthisoushrya (Osteoporosis).*

2] Best dissertation submitted and conferred for MD/MS in Ayurveda-Rs.31000/-

Dr. Vijaykumar Shivaji Mane - Shalyatantra, KLEU, Shri BMK Ayurved college, KLE University, Belgavi
Title - *An analytical study to evaluate the bacterial load of Blood Emesis and Saliva of Leech used in the Leech Therapy.*

3] Best thesis/dissertation submitted and conferred within the Faculty of Ayurved, BVU- Rs.21000/-

Dr. Shruti Dilip Gadgil - Ayurved Samhita and Siddhant, Bharati Vidyapeeth Deemed University, College of Ayurved, Pune
Title - Study of Samana Vayu Dushti in I. T. (Information Technology) professionals.

VIEWS

OPINION ON NITI AAYOG ARTICLE BY DR. NARENDRA BHATT

Dr. S.M. Sathye proposed Pre Ayurved course

With reference to the report, if the proposal is for two tier architectures in the form of advisory council and boards and if the boards for education in Ayurved is formulated, IASTAM may suggest to Government the following syllabi and curricula to promote teaching and research in ISM.

IASTAM wants to develop a distinct methodology of study and research for traditional medicine. The graduate of this system should be aware of the aims and objectives of IASTAM and hence the following curriculum should be for ISM degree courses.

The state boards of exams should start a 'Pre Ayurved' course after S.S.C., 10th of two year and that should be equal to 12th HSC board and such students passing this course should be eligible for admission to Ayurvedic & such ISM colleges.

Pre Ayurved Course -

First year subjects should be - English, Sanskrit, Indian philosophy, Ancient Indian culture and history, Geography and *Second year Subjects* - Physics, Chemistry, Biology, Sociaology and Psychology

If and when such students passing Pre Ayurved course get entry to ISM college, will be interested in Ayurved & will do research in ISM. The students who do not get entry to ISM College can continue their study either in science or arts stream.

Years together I have observed that students first try for either medical or dental college admission, & if they do not get it, they try for admission to ISM College, they then have no interest in the study of ISM subjects or research in it.

Dr. Shashikant M. Sathye, Pune





**INTERNATIONAL CONFERENCE ON
CHALLENGES FOR
GLOBAL COMPETITIVENESS
OF AYUSH AND NATURAL PRODUCTS**



**and
IASTAM ORATION AND AWARD FUNCTION 2018
(February 2-4, 2018)**

Vital Statistics of Conference

Oration speeches - 03, Plenary speakers - 06

Invited Speakers - 12, Scientific sessions -20

Themes - 06, Presentations Oral - 124, Poster - 110

Registered delegates at the conference

More than 650 from 3 countries and 15 states of India

Participants at Pre conference workshop- 50

Experts participated at Brain storming session- 20

Participated Colleges

Pharmacy college - Over 50

Ayurved colleges- 08

Unani colleges- 02

Co-sponsors - CSIR, ICMR, AYUSH, Pharmaceutical industry, Analytical instrument companies

*The Complete Report of the conference will
be published in the next issue*

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