

# IASTAM

## INDIA NEWSLETTER

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### Connecting Systems; Bridging Disciplines

Ayurved

Yoga

Unani

Siddha

Asian Medicine

2018  
ORATION & AWARD FUNCTION, DELHI  
AND  
CONFERENCE  
ON  
AYUSH PRODUCTS

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### Presidential Note

#### NEED TO DERIVE INTEGRAL DATA FOR AYUSH TREATMENT SOLUTIONS

Dr. Narendra Bhatt

#### IASTAM ORATION AND AWARDS SELECTION PROCESS

The selection process of IASTAM Oration and Awards has been initiated that will be completed by the time this issue reaches you. Nominations have been received and the selection committee is in place. We will follow the procedure as laid down earlier to ensure the credibility of these awards. I am confident that we will have a group of highly experienced and qualified experts as awardees.

#### CONTINUANCE OF AWARDS

We are happy to confirm that Bharati Vidyapeeth University has agreed to continue the sponsorship of *IASTAM – BVDU – National Ayurved Scholar Awards*. We are thankful to authorities of the university, particularly Prof. Dr. Shivajirao Kadam, the pro-chancellor for his continued support.

The second series of the *IASTAM – Baidyanath Award* will also be given at the event. We have begun the process.

I sincerely urge the Ayurveda faculty to take part in these competition.

#### NEXT AWARD FUNCTION AT DELHI

Prof. R. K. Goyal, the Vice Chancellor of Delhi Pharmaceutical Sciences and Research University has extended his support. IASTAM Oration and Award Function 2018 along with a Conference titled “*Challenges for Global Competitiveness of AYUSH and Natural products*” will be organized in association with *Delhi Pharmaceutical Sciences and Research University [DPSRU] in Delhi* between *2nd – 4th February 2018*.

Discussions, planning and preparations are in process. Please book the dates in your diary and do participate at the event. Prof. Goyal is making efforts to start a post graduate course on AYUSH Pharmaceutics. *A Consultative meet or session to discuss the curriculum and nature of the course will also take place along with our event.*

## ***NEED TO COLLECT INTEGRAL DATA TO DERIVE INTEGRATIVE SOLUTIONS FOR SERIOUS DISEASES***

'Life Style Disorder' is a phrase in vogue since more than three decades. Undoubtedly, it is accepted that AYUSH systems have much to offer to prevent such metabolic and serious illnesses that impact the morbidity and mortality ratio in India and globally as well. However, while undertaking research the observations by practitioners of these systems; particularly about the use of pharmacologically active drugs and surgical intervention of conventional medicine potential causes are not given the importance it deserves. As such the epidemiological studies and lifestyle related surveys for causative factors are much limited in our country when compared to the huge data generated by the institutional medicine in western countries. Whatever is made available in India, except in few cases, is aimed at confirming the data as defined by international publications. Is it not appropriate that India generate more and more of its own data considering the tropical conditions, food habits, socio-economic conditions, lifestyle and prevalent medical care structure and such parameters that might be contributing to development of such diseases? *Is it not desirable that the strength of AYUSH systems based on its principles and*

*experience gets included to look for newer dimensions of causative factors that will not only help find better solutions for prevention of these diseases but will help provide new dimensions for curative aspects?* Such data based on its tenets of AYUSH and experiences, if generated in a stringent manner so as to derive right conclusions will help understand and innovate novel dimensions for treatment solutions to these disease conditions.

*I sincerely urge those involved in these and related types of studies to include this vital dimension in the studies that they undertake. I also propose to initiate such multi-institutional studies to collect, compile, analyse and derive conclusions based on integrated approaches to search for right solutions to serious illnesses.*

### ***NEXT ICTAM PROPOSAL***

In its communication the international council has proposed India as one of the possible venues for the next ICTAM. However, in the view of the earlier experience, we need to look at it based on our objectives and priorities. We shall take up this matter with the members of our managing committee and advisory council.

*Please accept my Diwali Greetings and Best Wishes for the New Year!*



## **Editorial**

*Dear Members,  
Namaskar!!!*

Ayurvedam2017, National Summit and Expo on Ayurved at Gandhinagar were organized by Central Council of Indian Medicine and Gujarat Board of Ayurved and Unani systems of Medicine on 30th September. Conclave for Post graduate guides to strengthen PG academic research workshop was organized for Post graduate guides in the summit. During the workshop, discussions were held on topics like strength for the PG academic research on Literary, Fundamental, Drug and Clinical research.

We at IASTAM always pioneer to initiate this type of activities and have already organized this type of conclaves and published proceeding regarding education reforms, research and professional in 2003 and 2005 under the guidance of President Dr. Narendra Bhatt. I specially wish to highlight the conclave proceedings of **TRANSFORMING TRADITIONS FOR TOMORROW'S HEALTH** which covers all the topics, which is available at our office.

Three major events were organized by various

institutes in the month of September at Nadiad, Kolkata and Birstein Germany. You can find the reports of events in the following pages.

We have initiated the IASTAM- BVDU, National Ayurved Scholar Award procedure to the MD/ MS Ph. D. scholars who have been awarded degree and completed research work in the academic year 2016-17.

Dr. Satyavati proposed three academic research activities with IASTAM to motivate basic & applied research among young scholars. We have initiated and invited applications for a fellowship in the memory of Prof. P. J. Deshpande, and a Short- Term Research Project.

I request all our distinguished members to propagate and circulate the information of National Ayurved Scholar Awards and Dr. Satyavati proposals. You can find guidelines on the page no.7, 8 and also log on to website [www.iastamindia.org.in](http://www.iastamindia.org.in).

We look forward to your full participation and support in various ways.

**Prof. Dr. Manasi Deshpande**



Pride of IASTAM

Pride of IASTAM

**Dr. Narendra Bhatt**

*has been Awarded*

**Vaidya Sundarlal Joshi Smriti Puraskar  
for Excellence in Research in Ayurved at  
J. S. Ayurved Mahavidyalaya, Nadiad, Gujarat  
on 2nd September, 2017**



**Dr. Manasi Deshpande**

*has been Awarded*

**Acharya Award by CCIM  
for Eminent Teacher in Ayurved at  
National Ayurveda Summit 2017, Gandhinagar,  
Gujarat, on 30th September, 2017**

International Conference

10th Svanirbhara Divasa Celebrations

*Prof. Dr. Vidhi Bapna*

**10th Svanirbhara Divasa celebrations and Vaidya Sundarlal Joshi Smriti Puraskara Samaroha 2017 and 3rd International Conference and Pre-Conference Workshop on Dravyaguna and Rasaśāstra-Bhaiśajya Kalpanā**

J.S. Ayurveda College & P.D. Patel Ayurveda Hospital, the oldest Ayurveda Institute in Gujarat, was established in 1938 in Nadiad, Gujarat, by Vaidya Sundarlal Joshi, a freedom fighter and Ayurvedic physician. In the year 2007, the institute has taken a bold decision to switch over from a grant-in-aid to a Self-Finance Institute (SFI) to accelerate the pace of development. The institute became SFI on 1st September, 2007. This day is being celebrated as Svanirbhara Divasa every year and since 2014 the Management has started instituting Vaidya Sundarlal Joshi Smriti Puraskara to four eminent personalities of Ayurveda. The Awardees of 2017 are:

1. **'Vaidya Sundarlal Joshi Smriti Aajivan Upalabdhii Puraskara' – Prof. Dr. Premvati Tewari, Varanasi.**

2. **'Vaidya Sundarlal Joshi Smriti Prabandhana Puraskara' – Dr. S. S. Savrikar, Mumbai.**

3. **'Vaidya Sundarlal Joshi Smriti Shikshana Puraskara' – Prof. Dr. Manjari Dwivedi, Varanasi.**

4. **'Vaidya Sundarlal Joshi Smriti Shodha Puraskara' – Dr. Narendra S. Bhatt, Mumbai.**



*Vaidya Sundarlal Joshi Smriti Puraskara Samaroha 2017*

On the sidelines of 10th Svanirbhara Divasa, this year the institute held Pre conference workshops and International

Conference on Dravyaguna and Rasaśāstra-Bhaiṣajya Kalpanā. The purpose for workshops was to give practical training and experience to participants.

Pre Conference Workshop of Dravyaguna covered Identification of dry medicinal plants and their parts, green medicinal plants and their parts, Hands on training of Pharmacognosy and Herbal garden and QC laboratory visit.

Pre Conference Workshop of Rasaśāstra Bheṣajya Kalpanā covered Demonstration of preparation of Ayurvedic cosmetic products. Arka pātāna, lavaṇa kalpanā, Kshārasutra nirmāṇa, swarṇa śodhana/ Hiraka śodhana, Hingulothha Pārada and GMP pharmacy visit.

The conference was inaugurated by Vaidya Sanjeev Oza, Vice Chancellor of Gujarat Ayurved University, Prof Dr. Shirish Kulkarni, Vice Chancellor, S.P. University, Vallabh Vidyanagar, Dr. A.C. Vyas, Secretary, Maha Gujarat Medical Society, Nadiad, Dr. Pradip Vaishnav, Principal and Dr. S.N. Gupta, Hospital superintendent and other dignitaries graced the function.

In these four days conference 2 pre workshops, 4 plenary sessions and 10 scientific sessions include poster sessions

on various subjects of Dravyaguna and Rasshastra themes were conducted.

The Plenary Sessions sparked off new thoughts and opened up avenues on various topics such as Broadening horizons for research in Ayurveda [Dr. Narendra Bhatt], Novel unification of Drugs and formulations [Dr. Vijay chouhan], Safety and efficacy of Ayurvedic drugs [Dr. S. S. Savrikar], Standardization of Ayurvedic raw drugs and formulations [Dr. P. K. Prajapati], IPR issues in context of Ayurvedic drugs [Dr. Anand Choudhary], Ethno medicine-ethno botany and ethno pharmacology [Dr. Tanuja Nesari], The signature is the expression of being [Dr. Petra Eich Mylo], Advancement in pharmaceutical techniques [Dr. Prasanta sarkar], Cultivation, conservation and biodiversity of medicinal plants [Dr. Satyabrata Maiti], Adulteration and substitution of raw drugs [Dr. Manasi Deshpande], Safety and efficacy of Ayurvedic drugs within the situation of Europe [Mr. Stephan Reis], Nutraceuticals [Dr. Hitesh Vyas ], Pharamcovigilance and ADR issues related to Ayurvedic drugs [Dr. Bhupesh Patel]. 300 delegates were registered. Selected 93 scientific papers and 63 posters were presented by registered delegates.



## National Symposium

### National Symposium on Ashwagandha and Conclave

Dr. Sathyanarayanan L.

The 4th Convention of Society for Ethno pharmacology, Kolkata, India (SFE-India), National Symposium on “Ashwagandha” and Ethnopharmacology Conclave on “Uses of Medicinal Plants by Traditional Healers of India – Local Health Tradition” was organized by School of Natural Product Studies, Jadavpur University, Kolkata during September 9-10, 2017 at Jadavpur University, Kolkata.

The major thrust areas of the conference include drug discovery and development of medicinal plants with special reference to Ashwagandha, Metabolomics study - an approach towards drug discovery, Integrative approach in healthcare, Safety, efficacy and quality evaluation, Dissemination of knowledge on research and development of plant sciences, Phytochemical, pharmacological, microbiological and high throughput screening of herbal medicine and Promotion and development of Local Health Tradition in exploring drugs, Development and evaluation of herbal medicine – Industry-Institute partnership and Benefit sharing, IP rights, patents and regulatory affairs of LHT.



*Inauguration of 4th Convention: SFE-India 2017*

The 4th Convention was inaugurated by Prof. AS Verma, Pro-Vice Chancellor, Jadavpur University, Kolkata, jointly with Dr. Manju Shrama, Former Secretary, Department of Biotechnology, Ministry of Science & Technology, Govt. of India, New Delhi; Principal Advisor to the Dept. Science and Technology, Gujarat & distinguished Women Scientist Chair, NASI, Allahabad. In the second day, the Ethno pharmacology Conclave was inaugurated by Dr. Lalit Narayan, Dy. Director, Medicinal Plant, National medicinal Plant Board, New Delhi jointly with Dr. Prasanta K Sarkar, Director, State Medicinal Plant Board, Govt. of

West Bengal, Kolkata & Dr. C. K. Katiyar, Chairman, 4th Convention, Society for Ethno pharmacology, India.

This convention has evidenced participation of over 300 delegates from different states of the country and had more than 110 scientific presentations including oral and poster session.

In the course of the deliberations and discussions for the dissemination of knowledge and global harmonization

of Ashwagandha emerged. Scientific deliberations on Ashwagandha should enrich knowledge and also motivates the researchers in a bigger way to carry out their research work to make proper scientific document on this plant considering different perspectives for Awareness on the uses, promotion, developing industry-institute partnership for drug development from Ashwagandha and Scientific Documentation on quality, safety and efficacy, industrial and marketing potential for promotion of Ashwagandha.



## Profile

### Prof. Gerrit Jan Meulenbeld – A Scholar Par Excellence

Prof. Gerrit Jan Meulenbeld a psychiatrist and physician-scholar taught and published major works of research in Indology. **He specialized in the history of Indian medicine (Ayurveda).** He studied medicine and Indology and worked as a psychiatrist and Associate Professor of Indology.



Prof. G. J. Meulenbeld

In 1990, **Prof. Meulenbeld received the Basham Medal from the International Association for the Study of Traditional Asian Medicine at III ICTAM held in Mumbai** for promoting the Association's goals, such as outstanding studies in the social and cultural history of traditional Asian medicine.

In 2002, Prof. Meulenbeld was made a **Knight of the Order of the Lion of the Netherlands.** To honour his life-long contributions to the medical history of India and publishing the final volume of his History of India Medical Literature, that was presented at the award ceremony at the University of Groningen. In 2011 the Arya Vaidya Pharmacy bestowed him the title Yavanacharya of Ayurveda on the occasion of an International Grand Centennial Convention.

His vast contribution, the five-volume publication *The History of Indian Medical Literature (Groningen, 1999-2002)* is of critical value for students of Ayurveda as well as those studying Sanskrit, Indian philosophy, anthropology and medical history. It has transformed the study of Indian medical history placing it on a more secure historical basis than ever before. The History of Indian Medical Literature covers a time frame of over two millennia; from the Vedic period to current early twentieth century. The text covers Sanskrit treatises as well as Pali and Prakrit works by Buddhists and Jains. It also covers some of the recent works in Hindi and also the Ayurvedic tradition of nearby island nation, Sri Lanka. Meulenbeld's doctoral thesis under Prof.

Jan Gonda was a translation of the *first ten chapters of the Madhavanidana, Sanskrit treatise on nosology, together with its Sanskrit commentaries, the Madhukosatika and the Atankadarpana.* The index of technical terms appended to *Madhavanidana* translation is one of its unique features.

Meulenbeld's contribution include *Mahādevadeva's Hikmatprakāśa: a Sanskrit treatise on Yūnānī medicine, the śītapitta group of disorders (urticaria and similar syndromes)* and its development in Āyurvedic literature from early times to the present day, the trees called śīgru (*Moringa* sp.), along with a study of the drugs used in errhines, *History of Indian Medical Literature, Groningen Oriental Studies, Madhavanidāna: English translation with principal commentaries* and his publications also extend over many scholarly articles.

The scholarship of Meulenbeld is extended to cyber space in the form of Annotated bibliography of Indian Medicine with more than 10000 entries.

I was fortunate to meet him several times; in Mumbai, in Halle, in Kottakkal and of course in the Netherlands. *Prof. Meulenbeld, a true rishi provided high scholastic dimension for history of Indian medicine and literature, particularly Ayurved.*

**I hope the present academic fraternity and scholars will be inspired by his contributions to persuade further study of the Indian history and Ayurvedic scriptures with deeper interest.**

Dr. Narendra Bhatt



## International Symposium

### 19th International Ayurveda Symposium, Birstein, Germany

Prof. Dr. S. N. Gupta

From 8th to 10th September 2017 more than 250 physicians, therapists and health advisors from India and Europe experienced a top-class lecture program and collegial exchange on the campus of the European Academy for Ayurveda in Hessian Birstein. Renowned doctors and professors of Ayurveda medicine presented experiences from their therapeutically and clinical practice, discussed newest research outcomes and participated on several podium discussions. Symposium focused on the therapy approaches of diseases of the cardiovascular system, Prana & Ojas – substantial and vital life and immune power and Yoga as complementary therapy in Ayurvedic medicine

The International Ayurveda Symposium in Birstein is unique in its diversity: it is an inspiring conference, an international platform, brain spa and energy hub, teamwork and advanced training, but above all also intensive encounter.

Four delegates from the Indian Ministry of Ayurveda, Yoga and traditional medicine of India (AYUSH) as well as the participating professors of the leading universities from Delhi, Jaipur, Nadiad, Varanasi, Cochin but also from Frankfurt, Berlin, London, Bochum, Milano, Riga and others more enriched this annually organized professional meet on Ayurveda in Europe



MoU signed between REAA and AIIA

The highlight of the opening event was the signing of a cooperation agreement between the Rosenberg European Academy of Ayurveda (REAA) and the All India Institute for Ayurveda (AIIA) in the presence of the Indian Consul General

to Frankfurt Ms. Pratibha Parkar

and Mr Gottlieb, Meyer of the town. Prof. Abhimanyu kumar, DG AIIA, Prof. K. Dhiman, DG CCRAS, Prof Sharma, Director, NIA were the members of the delegation from AYUSH. Prof. Tanuja Nesari, Prof. V K Joshi, BHU, Prof. S N Gupta, Nadiad, Dr. Ram Manohar Kochi, Dr. Nambi were among guest speakers from India. Other International dignitaries were Dr. Morandi, Dr Pirags.

At the expanded Ayurveda Expo, the 20 leading Ayurveda companies in Europe showed how innovative and successful ayurveda practice as well as products are developed and offered.

Mr. Mark Rosenberg and Mrs Kerstins Rosenberg, Directors of European Academy of Ayurveda have welcomed the participants and provided wonderful hospitality.



## IASTAM Publications

### Conclave Proceedings 2005

*"Transforming Traditions for Tomorrow's Health"*

Covering the five areas dealt with at the Conclave are of future significance for the role the indigenous systems in this case mainly Ayurved has to play.

- Educational Reforms
- Competitive Benchmarks for Profession
- Applied Research Approaches
- Information Technology as Growth Technology
- Longevity and Aging Challenges.

Delivery Charges : Rs. 350/- (Including Postage)

### Conference Proceedings

1) 'A Consultative Meet to Prioritize AYUSH Research Activities in the field of Cancer for International Collaboration'

Deliberations, Needs & Possibilities, Group Discussions, Outcome, Recommendations & Road Ahead.

**AND**

2) ICAAM 2016: 'International Conference on Advances in Asian Medicine [Part I & II]

Delivery Charges : Rs. 200/- (Only Postage) for each.

**KINDLY PLACE THE ORDER TO IASTAM OFFICE**



## Award Announcement

### **IASTAM – BVDU NATIONAL AYURVED SCHOLAR AWARD**

#### **BEST PH.D. & M. D. / M. S. THESIS OF AYURVED**

IASTAM has joined hands with its host organization Bharati Vidyapeeth University to institute NATIONAL Ayurved SCHOLAR AWARD with a view to promote excellence amongst young and upcoming scholars in Ayurved.

#### **OBJECTIVES**

To recognize the best amongst Ayurvedic Post Graduate and Doctorate Scholars

To motivate young minds for innovation and novelty

To encourage interdisciplinary & meaningful research amongst Ayurvedic Scholars and Academics.

#### **THREE AWARDS**

- **Best Thesis submitted and awarded for degree of Ph.D. in Ayurveda** - A Certificate of Merit and Cash Prize Rs. 51000/-
- **Best Dissertation submitted and awarded for MD / MS in Ayurveda** - A Certificate of Merit and Cash Prize Rs. 31000/-
- **Best Thesis / Dissertation submitted and awarded from within the Faculty of Ayurved, BVDU, Pune**- A Certificate of Merit and Cash Prize Rs. 21000/-

#### **CRITERIA**

Thesis submitted & awarded during previous Academic Year (1 June 2016 to 31 May 2017) as a part of post graduate research work to obtain the degree of M.D. / M.S. / Ph.D. in Ayurveda from a recognized Indian University through an institute / college approved by Central Council of Indian Medicine and Dept. of AYUSH, Gov.t of India will only be eligible.

#### **PROCEDURE OF SUBMISSION**

Application form and detail guidelines are available on website <http://iastamindia.org/update.html>. Hard & Soft Copy of thesis / dissertation submitted to the University / Institute from where the degree is obtained along with summary of 2500 to 3000 words including Brief knowledge, Selection of topics, Aims-objectives, Methodology, Observations, Discussion, Conclusion, Further scope, Outcome for science and society.

#### **EVALUATION**

*Evaluation will be done at three levels.*

- *Screening by 3 expert committee*
- *11 experts Inspection & Scrutiny committee to recommend for final selection*
- *7 experts Final Selection Panel will finalise the Awardees*

**LAST DATE OF SUBMISSION OF APPLICATIONS - 30 November 2017**

## Call for Application

*IASTAM India is inviting applications for a short term.*  
**A Fellowship in the Memory of Prof. P. J. Deshpande  
And  
A Short-Term Research Project**

### For Fellowship

**OBJECTIVES** - • To motivate young minds for innovation and novelty amongst Ayurveda graduate scholars

**ELIGIBILITY** - *B.A.M.S Graduate from approved university*

**DURATION** - 6-8 months

**SEED MONEY** - Rupees - 80,000/-

### For Research project

**OBJECTIVES** - • To encourage interdisciplinary or cross faculty collaboration between professionals, faculty and groups  
• To encourage learning and working together for common objectives

**ELIGIBILITY** - *Ayurved Faculty, individual, group, Department, Cross Faculty*

**DURATION** - 6-8 months

**SEED MONEY** - Rupees - 50,000/-

**PROCEDURE** • Submission of Application on prescribed format and Outline of the projects [Preferable as Brief knowledge, selection of topics, Aims – Objectives, Methodology, and probable outcome]

- The selection committee will comprise of five experts, President will be as chairperson to select the scholars for Fellowship and research project.
- Protocol, standard operating procedure will be guided and approved by the committee if necessary
- Amount will be given in three phases initial at the beginning of the project, in the middle of the project and after the submission of project [along with expenses] at the end of the project.
- At the end of the fellowship and project applicants should provide final report of research activity.

**Last date of Submission: 30 November 2017**

### Editorial Advisory Board

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