

IASTAM

INDIA NEWSLETTER

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Connecting Systems; Bridging Disciplines

○ Ayurved ○ Yoga ○ Unani ○ Siddha ○ Asian Medicine ○

"CONNECTING

*is the ability to identify with people and relate to them
in a way that increases your influence with them"*

John Maxwell

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We Wish All Our Readers a Very Happy and Prosperous New Year!

PRE NOTE

Good Bye and Welcome!

Dr. Narendra Bhatt

We Will Miss These Stalwarts

Last month has seen loss of three important personalities. **Marselin Almeida** was one of those silent workers who achieved excellence in his subject of plant taxonomy, particularly medicinal plants and contributed significantly to the field. I knew him from my St. Xavier's days as a student of Botany that later got further extended with his close association with industry, initially at CIBA Geigy Research Centre and then at ALCHEM. A true man of field with his unassuming character he was a ready reckoner for many of us. His deep knowledge made many like me to put an unquestionable faith in his scientific judgment about authentication of plants. A life member, he was a regular and important scientific contributor to our meets.

Vaidya Suresh Chaturvedi was an Ayurvedic leader in his own right with deep political acumen. His towering figure personified Ayurveda in his thought, speech and behavior. Right from my days

as a student since 1969 I had the opportunity to witness his various facets; teacher, orator, writer, motivator and a leader. He was one of the rare experts of his generation who could create his own space in the Ayurvedic industry. An associate of Pandit Shiv Sharma, he was one of the initial members of our association and remained active throughout. I learnt more of his viewpoint when we traveled and stayed together to participate at ICTAM IV held at Tokyo in 1994. His presence at our meets was encouraging. It was not uncommon to receive a phone from him asking for details, give a comment or two or to compliment when we undertook an activity or completed it right.

As I set to write this note I learnt of sad demise of **Vaidya Khadiwale**, an institution by himself. A committed advocate and practitioner of Ayurveda. A man of simple means, methods and straight talk. When I approached him to participate at the First National Symposium of Ayurvedic Drug Industry'

in Delhi in 1998; he was skeptical in a way being held in a 5 – star hotel. However, he did come in his simple dress and observed the proceedings with keen interest; and after valedictory session came to me to hand over a cheque of substantial donation to appreciate the outcome. Vd. Khadiwale was a man who practiced what he preached. I remember his refusal, though he appreciated our gesture, to remain present for the IASTAM Award that he was selected for to attend to his patients in Mumbai that he did every week. When I told him of IASTAM norms to not to give award in absentia, his simple answer was ‘you are right in your place, I am in mine’. We as a nation and culture are losing such men of character and commitment. I doubt, if we will ever be able to fill in vacuum due to loss of this man with a strong heart and an open mind.

Award Function and Conference on AYUSH Products

Prof. Ramesh Goyal, Hon. Vice Chancellor, Delhi Pharmaceutical Sciences and Research University and I have met several times to plan for the IASTAM Award Function and the conference on “*Challenges for Global Competitiveness of AYUSH and Natural products*”. Orations by Prof. Larry walker, Dr. Ram Vishwakarma and Mark Rosenberg will be added with other 12 key note presentations by our previous awardees and senior members. Most of members of the managing committee have confirmed their presence. A meeting of the managing committee is planned on sidelines to get benefit of presence of many stalwarts.

AYUSH Products

Global competitiveness is not easy to achieve. *Four factors that will contribute to global competitiveness of AYUSH products are: 1. Quality for reliability and effectiveness, 2. Technology adaptation for better acceptance, 3. Innovation for novel solutions, and 4. Economic gains as against present costs.* Use of natural products as in the world is an ongoing dynamic process. It is redefining its course from time to time. Our

ability to identify specific needs while protecting our natural resources for their rationale use will be the key to success. This highly complex situation needs multidimensional discussion. There is need for the whole sector including industry, academia, regulators and other stake holders come together to address these issues with a common purpose. The proposed conference is aimed to provide a bridge between pharmaceutical sciences and the AYUSH with active guidance of highly experienced leaders.

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- 2. Technology Adaptation for Better Compliance**
- 3. Innovation for Novel Solutions**
- 4. Economic Gains as against Present Costs**

BVDU and Baidyanath Awards

The procedure for the selection of the IASTAM BAIDYANATH Awards has been concluded and that for the IASTAM – BVDU (National Ayurved Scholar) Awards is on. These awards will be released during the event.

International IASTAM

I am happy to inform that Prof. Angelika Messner, the new president has taken initiative for incorporation of IASTAM International. A new constitution was drafted, approved by the council and signed by seven of the council members to be registered under German law. The international association did not have legal status since many years due to lack of continuity and unfinished efforts. As per the new constitution the ‘Executive Committee’ will have an ‘Advisory Council’ to guide and support activities of the association. Prof. Messner has also succeeded in getting donation of Eu 40,000 for the association. I am confident that the international association with renewed energy will be more active in 2018 to benefit Asian Medicine. ○○○

JOIN US @ Delhi for the IASTAM Oration and Award Function and International Conference on “Challenges for Global Competitiveness of AYUSH and Natural products” on 2 - 4 February 2018

PERSPECTIVE

We had approached one of the founder members of our association for a "Question and Answer session". To our delight he has written a thought-provoking article on the need of an interdisciplinary organisation like IASTAM - India.

IASTAM INDIA: A VISION FOR A CREATIVE SYNTHESIS OF ASIAN SHASTRAS AND SCIENCES FOR HEALTH



Dr. A. B. Vaidya

“The time has passed when one could hope to grasp the scope of the message of the Hindu spirit by way of a merely historical analysis and a philologically correct interpretation of words, when one could hope to penetrate into the essence of the manifestations of Hindu Life... India could provide us with a direction for our own ordering search, our own groping divination, where our knowledge has to admit its failure.” – Henry Zimmer¹

When the idea was floated to start IASTAM India, at the Australian National University, Canberra, I was fortunate to play a minor part in its origin. Later too, I contributed to the development of the association and its activities, from time to time. This history has been traced earlier by me and Mutatkar and I need not repeat the sequence of events². What we need to focus on is to have a turning point for IASTAM India for its continued vibrancy and relevance for the present and the future.

The very name of the organization stresses on the Study of Traditional Asian Medicine. In a very scholastic and theoretical comparative study of Asian Medical Systems, edited by Charles Leslie, some of the best minds of the twentieth century had admirably covered the world views on Asian Medicine and the diverse approaches for further studies³. But even at the ICTAM Conference at Canberra, I had a lurking feeling that most of the indologists and others appeared to be more prone to excavate the fossils of the Asian Medicine rather than get engaged with the live healing Asian traditions and their relevance to current groping and failures in modern biosciences, as Zimmer had visualized (vide supra). IASTAM India has a difference of opinion on the areas to focus upon and on the issue of the bedside documentation of Traditional Medicine rather than the literary studies engaged in by the international body. *IASTAM India has rightly focused, over the years, on many contemporary themes, reality of practice and research problems.*

IASTAM India has rightly focused, over the years, on many contemporary themes, reality of practice and research problems.

Rajiv Malhotra in his bold book- “the Battle for Sanskrit”- has highlighted the issue of how the Western scholars hijack the Vedic and Sanskrit literature, without any contact with the live traditions and current practices showing continuity. There is an overt or covert attempt to show the knowledge as ancient, dead and not functional at present⁴. Prof Dilip Chakrabarti, Emeritus Professor of South Asian Studies at Cambridge writes, “The knowledge system which has developed in relation to ancient India since the middle of the eighteenth century was (and still is) dominated by Western scholarship... The situation should have begun to change in the light of the new power equations since the mid-twentieth century. The fact that it has not yet significantly done so is due to several factors operating in the background, the most important of which is the deplorable unwillingness among the Western scholars to take note of the viewpoints of an increasing number of Indian professionals. It is basically a confrontational situation, if not that of war. *The Western academic institutions dealing with India are full of “experts” who are basically anti-India.*”

There is a need for IASTAM India to have a strategy to counter with facts either a denigration of the traditional medicine or its only symbolic deification - without a true grass root transformation.

These observations apply also to Ayurveda in its current renaissance. Dr Narendra Bhatt, Prof Bhushan Patwardhan, Dr Darshan Shankar, Dr RD Lele, Dr MS Valiathan, Dr RA Mashelkar and I have dealt with several such “experts” over the decades. IASTAM India has stood out as the most active organization

in refuting such prejudices against Ayurveda, in India and abroad.

There is a need for IASTAM India to have a strategy to counter with facts either a denigration of the traditional medicine or its only symbolic deification - without a true grass root transformation. ***Narendra Bhatt edited a ground-breaking conclave, which had covered this theme and suggested pragmatic and urgent policy decisions and programmes⁵. IASTAM has to once again organize a brain-storming session on the strategy to mainstream and modernize AYUSH systems for health care in India. The entire group of stake –holders will have to be participants for a consensual approach.***

IASTAM has championed the pluralistic nature of healthcare in India.

The richness and diversity of disciplines represented by the membership, in IASTAM India, would decide the value of contributions to new fields in Asian Medicine. So the first step needed in this direction is a ***fresh and pre-meditated drive to enlist more members from the ancillary disciplines of all the Asian Systems of Medicine.*** This expertise would cover ethnobotanists, pharmacognocists, pharmacists, natural product chemists, phytopharmacologists, biochemists, nutritionists, food chemists, medical historians, regulatory personnel, anthropologists, Sanskrit/Urdu/Persian/ Chinese language scholars and computer archivists-all interested in Asian Medicine. It may also be worthwhile to invite trained Vaidya-Scientists, Ayurvedic Biologists and Life Scientists interested in Asian Medicine. Such a broad base would challenge our comfort zone and wake us up from our fixed patterns of thoughts and activities. We can make a beginning by inviting young scientists and humanists, at our conferences and seminars, to acquaint us with their work at the cutting edge of modern sciences and arts, which can have an impact on Asian Medicine. For example, the current research conducted on *Rasayan* in *Drosophila melanogaster* and *Caenorhabditis elegans* deserves our critical appreciation and response^{6,7}. The interface of Shastras and Life Sciences may then yield some novel directions.

IASTAM India can prepare a data-base (DB) on the leading academicians in Asian Medicine, in India. Such a DB can cover the unique aspects of the bio-data, the fields of expertise, affiliations, activities and research publications of the experts. The DB can be available on the internet by IASTAM, with appropriate subscription fees. There can be an exchange of information and of research on the interactive website. This can also provide a platform for discussions and debates on the issues of policies, principles and practices of Asian Medicine. The website can also provide a platform for ethical advertising by healthcare and wellness enterprises. *Policy makers and opinion leaders can be invited to contribute brief and cogent items of current interest to Asian Medicine.* Some esoteric aspects of Shastras can also be shared and discussed.

A major lapse in the work by Indian Scholars is the scant attention given to the large number of unpublished manuscripts on health and AYUSH systems. These are in Sanskrit, Pali, Ardhamagadhi, Persian, Urdu and other local languages. Even the notes of eminent vaidyas and oral history are not paid enough attention for documentation and publication⁸. The Jain and Bauddha traditions have a rich heritage of healthcare measures which need due diligence by scholars. All of the initiatives for a creative interpretation of Shastras, in light of the current sciences and vice versa, need to be emphasized. For example, the medical aspects of Bhṛigu-Samhita offer a very fertile field for such an endeavour⁹. Bhṛigu Samhita has described circulation of blood, brain tumour, intestinal microbes, Karmaja Vyadhi, infective germ of tuberculosis etc. ***IASTAM can request research grants from the Ministry of AYUSH, Government of India, for research and publications of the manuscripts and their translations. A committee can be constituted to take up the issue in right earnest.***

India is a vast country and with a tremendous variety of lifestyles, nutrition/diet, and local health traditions. There is an immense diversity of many 'poor' aboriginal tribes, which have a 'very rich' original heritage of plant knowledge. Many pioneers have documented, over decades, this knowledge by ethnobotanical surveys. Unfortunately, barring a few exceptions, the hints and hits cited in such surveys have not been studied or followed up by rigorous Observational Therapeutics, Ayurvedic Pharmacoepidemiology and Reverse Pharmacology. The Government of India has a substantial budget for the North-East India and tribal regions. ***IASTAM can investigate the tribal health heritage by collaborating with the Universities***

and institutes in these areas with joint grants.

There is a raging debate about the vexed issue of integration of healthcare systems¹⁰. Recently, we had six workshops and a two day seminar on Integrated Ayurveda. I had the good fortune to deliver the keynote address on the subject. *IASTAM has championed the pluralistic nature of healthcare in India.* I cited Amit Goswami, “If any field needs integration, it is medicine. If any field needs an integrative paradigm that can make sense out of all the different models of healing, it is medicine. The weaknesses



of the conventional medical model have been clear for some time. Its procedures are too invasive and have too many harmful side effects. There is no conventional medical model for the treatment of most chronic and degenerative diseases and genetic predisposition. Last, but not the least, conventional medicine is expensive¹¹.” But I had also pointed out that the ontology and epistemology of AYUSH systems and Modern Medicine are different. That makes the attempts at integration very daunting. *Earlier, at an IASTAM meeting, Narendra Bhatt and myself had stressed the challenges and opportunities offered by the pluralistic healthcare in India.* As a first step for integration, Ayurveda needs immediate strengthening by a judicious incorporation

Figure 1: Incorporation of advances of the advances in Life Sciences and instrumentation. *Figure 1 depicts a tentative schema for such an initiative. IASTAM can start organizing advanced training programmes for the advances, by hands-on workshops, at Ayurvedic colleges¹².*

Any association that fulfils or exceeds the expectations of its membership is bound to prosper. For building a long term excellence in the activities of IASTAM India, it is desirable that fresh and young members, with new ideas and innovative vigour, take over the running of the organization. The old guard should refrain from holding the official positions and be available only when needed for advice. In view of the new National Health Policy-2017, *IASTAM can have a major role to play in guiding and advising the legislative and the executive wings of the government.* A Standing Committee of the Association can periodically meet, discuss and publish statements on important issues on the state of Nation’s Health. The interface with the media and the press will have to be strengthened for a wider dissemination of such consensus reports on the burning problems of healthcare. For example, the rampant commercialization and malpractices of the seven-star private hospitals needs some reining.

We must also build active bridges with the Universities and Institutes abroad conducting interesting work in Asian Medicine.

We must also build active bridges with the Universities and Institutes abroad conducting interesting work in Asian Medicine. *IASTAM India needs its own headquarters for a genuine autonomy and not being identified with persons, industry or any one university. There has to be a collective effort to raise resources on a substantial scale, by approaching the Philanthropic Trusts, personal donors, crowd-funding and industrial support.*

In conclusion, I would love to quote Swami Vivekananda, “What the nation wants is pluck and scientific genius. We want great spirit, tremendous energy, and boundless enthusiasm...”

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4. Malhotra R, The Battle for Sanskrit, Noida, HarperCollins, 2016.
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6. Priyadarshini S, Ashadevi J, Nagarjun V, Prasanna K, Increase in lifespan in Drosophila melanogaster due to rasayana I diet: Preliminary results. J Ayur Int Med 2010; 1; 114-119.
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OUR ASPIRATIONS

Dr. Vandana Kozarekar provides a profile of

The Architect of Indian Medicine and Founder of IASTAM - India

Pandit Shiv Sharma (1906 - 1980)

Panditji was born on 12th March 1906. He was graduated as Ayurvedacharya from Patiala State Government Ayurveda Vibhaga in 1928. He was the Chief Architect of the Central Council of Indian Medicine and Chairman of the Bill Drafting Committee of the two houses of the Parliament of India.

Panditji was Honorary Physician to the President of India, a Member of Indian Parliament and Asian Director of World Federation of Life Sciences; Melbourne. He provided leadership to various Central and State committees, Academic Councils, Faculties, Board of Studies of numerous universities and was the only Ayurvedic physician sent to abroad as Colombo Plan Advisor on Ayurveda.

He was Honorary Advisor to Helen Vale Foundation of Australia, President; Central Council of Indian Medicine,



Chairman; Scientific Advisory Board of Ayurvedic Research, Chairman; Task Force on Indian Medicine 5th Five Year Plan and the Working Group; Indian Systems of Medicine - 6th Plan, President; All India Ayurvedic Congress 7 times in a row, President; International Ayurvedic Society, Life Member; Commonwealth Parliamentary Association and PEN International, Life Patron; Special Executive Magistrates' Club.

He was associated at various capacities with hundreds of Conferences, Societies, Symposia, Seminars etc. in India and Abroad. Many of his publications are translated in other languages like Ayurvedic Medicine - Past and Present (Germany, Switzerland and India), Yoga against Spinal Pain (German, Danish, Dutch, Finnish and Portuguese), System of Ayurveda (Japanese), Yoga and Sex (3 editions e.g. London, New York, Sao Paulo) He also have two more interesting publications on his credit e.g. Instant Yoga for Over busy people (Arnold - Heinemann) and as a Co-author of Mind-Made Disease (Melbourne). Panditji have been invited numerous times and delivered extensive lectures at foreign universities all over the world. He has given the lectures on 'Introduction to Ayurveda' and on 'Salient Differences between Ayurveda and Modern Medicine'. His article 'Contribution of Ayurveda and other Indian Systems of Medicines' published in Reader's digest where he introduced Unani and Siddha as two sister sciences of Ayurveda.

Panditji had organized a visit of 6 modern doctors from American universities to study Ayurveda and meet all schools of thoughts in its national settings. In his words '**with open scrutiny and not as guided tour as it is done in totalitarian countries where an outsider is shown only what he is intended to see**' and the outcome of this effort was the initiation of the project jointly sponsored by CCIM and the Southern Illinois University (SIU). His organizational skills and ability to ignite the interest in Indian Medicine was clearly visible in the responses received from them. Dr. Glen Davidson appreciated Panditji's **overwhelming generosity and unflinching energy** for making their visit to India a success. While expressing

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the gratitude Dr. Dax Taylor wrote that ***'Intellectually we are incredibly stimulated with the aspects of Indian Medicine'***. Dr Ronald Folsie expressed that ***'the visit has served to broaden the horizons and will help him to become a better physician to study the ayurvedic medicine'***. Dr. Dean Fenley while giving his presentation at SIU about their visit appreciated him for ***'his wisdom and the profoundness and clarity of the subjects'***. Panditji was a distinguished orator. Dr. Fenly further expressed that ***'each time Panditji spoke I wished to have a pad and pencil so that I could write down his direct quote, it was so real and true'***.

The excerpts from his speeches and writings demonstrate his clear vision and courage to stand up for the cause of Indian Medicine. In his letter to the president, the prime minister, the health minister and minister of planning of the Indian republic, elucidated the main causes of failure of the government approach to the problem of ayurvedic education, training and administration and suggested remedial measures to make the national effort in this direction more productive and fruitful. Though he admired the ability of Pandit Javaharlal Nehru for holding the entire edifice constructed of widely heterogenous elements *he expressed his concerns as 'Pandit Nehru's mind is unable to recognize naked scientific truth unless it is clothed in a form which he has been trained to recognize as scientific; and that form is western!* He further adds ***'It is easier to make the unlearned learn what is right than to make the learned unlearn what is wrong!'***

In his presidential address at the first special session of the All India ayurvedic congress he expressed that ***'the efficacy and soundness of ayurveda is a matter of day to day demonstration all over the country for those to see who keep their eyes open. The benefit of Ayurveda does not extend merely to the ordinary patient but also to cases sadly damaged by modern advances and wonder drugs.'***

Though outsider he was selected unanimously as a President at the first Bombay State Ayurvedic Conference because of his independent nature and unbiased attitude. In his presidential address he alerted his fellow Vaidyas ***'to keep away from two temptations that hold them back from demanding the production of a higher type of Vaidyas, one is freedom from insecurity through lack of competition and second is freedom from the false charge of vested interests which is there whenever we make a demand of any sort.'***

He was honoured by prestigious awards e.g. **Padma Bhushan** (Government of India) , Vaidya Ratna (Pre-Independence Government of India) , Ayurveda Shree Surya (Ceylon) , Ayurveda Chakravarti, Dhanvantari Foundation Award , Ayurveda Ratnakar (H. H. Jagadguru Shri Shankaracharya Dwaraka Pitha), Ayurveda Bhishagratna with Gold Neckless (H. H. The Maharaja of Mysore), Ayurveda Ratnakara (Ayurvedic Congress), Ayurveda Martanda (Gurukul-Kangri Vishva Vidyalaya), Pope's Medal (H. H. Pope Paul VI, Vatican City), Saropa (High Sikh Honour conferred at Gurudwara Patna Sahib (Birthplace of Shree Guru Govind Singji) and numerous other.

The constitution of IASTAM was formulated by Pandit Shiv Sharmaji in April 1980.

IASTAM, in his memory instituted 'Pandit Shiv Sharma Oration for excellence in propagation of Ayurveda or outstanding services rendered to further the cause of Ayurved.'

"The art of communication is the language of leadership" - James Humes



REVIEW**Book (English)**

'Pharmacognosy' Edited by Dr. Ramesh K. Goyal with enthusiastic team members from Chennai, Hisar, Ahmedabad; published by B.S. Shah Prakashan, Ahmedabad.

As the title suggests, it is a detailed book with concise explanation of Pharmacognosy and botany. A guide for workers, students and researchers, the book covers 24 chapters according to the pharmaceutical science and emphasizes on all classes of drugs of natural origin. The pictorial presentation assists the text making it easier to study the anatomy of medicinal plants giving the book a clearer understanding, and making it an important aspect to appreciate Pharmacognosy. The book fulfils the need of students as well as teachers of who are enthusiastic to study from an easy, understanding, reliable, informative and clear textbook.

Book (Marathi)

'Dravyaguna Mimansa' by Vaidya Shriprasad Bavadekar; published by Swasthya Niketan, Pune

Dravyaguna Mimansa itself is very complicated but important subject, difficult to understand in a logical manner. This book is an exception to the literature which is present in Ayurveda. It is written in a different manner but is very precise. Six chapters in the book highlight the study of medicinal plants, animal drugs, Leshokta, Formulations, Substitute and Dosha and Rasa vikalpa. This main part of the book gave idea to the logical thinking of the author and simplifies the subject by categorizing each subject. Example of Kutaj and Kutaki being useful in disorders of eliminatory canal and vitiation of Rasadhatu gave idea about how to think about practical aspect of drugs. As a teacher and researcher, we must encourage more details about various formulations as a mode of action to be explained.

Article (English)

'Analysis of 128 cases of Galaganda/ Gandamala Treated in 1929-1933 by Vaidya Mayashankar Damodar Bhatt' by Dr. Narendra Bhatt and Dr. Vandana Kozarekar; edited by Rahul Peter Das, Published by Traditional South Asian Medicine journal, Volume 9, 2017, Publisher Dr. Ludwin Reichert Verlag Wiesbaden; http://reichert-verlag.de/de/buchreihen/medizin_reihen/medizin_traditional_south_asian_medicine

This article provides insight and unique example for the case study of Galaganda / Gandamala [nodules around the neck] which were treated during 1929-1933. In spite of the absence of a system to store data, Vaidya Mayashakar had hand-documented 128 cases in Gujarati script. More than 78 Ayurvedic formulations with illustrations and prognosis details containing herbal, mineral and metallic substances in powder or tablet form, and scientific diagnosis with critical observations proved that Vaidya Mayashakar was ahead of his time.

Having studied the 80 year old case book, authors have extracted data from the book and presented them in a scientific manner along with basic concepts of Ayurved. This allows the practitioners / clinicians to find a source to review important drugs, and also advises on how to study incurable diseases with Ayurvedic principles.

App Andriod

'Ayurved Dictionary'

Ayurved Dictionary apps provide English translation of roman words and roman letters with two options, to search letters by roman words, and to search letters by roman letters

This app is equipped with quick dynamic search function, offline work mode and is small size (lesser MB). It has a simple and easy to use interface. The app comes with a user-friendly function, allowing one to use it with ease. Contents of apps are taken from <http://www.nia.nic.in/>. It is a good effort but even the most commonly used terms in Ayurved and Sanskrit could be included.

Dr. Manasi Deshpande



MEMORY

IASTAM - INDIA LOST A TRUE SUPPORTER, FOUNDER AND ACTIVE MEMBER

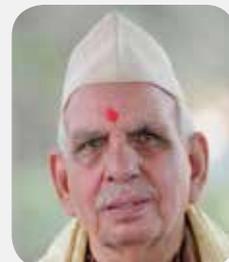
Padmashree Vaidya Sureshchandra Chaturvedi, 14 May 1928, passed away on 25th December 2017, aged 90

Vaidya Sureshchandra Chaturvedi, B.I.M.S. Ayurvedacharya M.A.M.S., D.Lit. was from Rajasthan, India. At the tender age of 14, he witnessed the slogans of quit India from gwaliya tank ground. After completing his education, he took training as shishya under Vaidya Nandkishor Sharma and Vaidya Ramgopal Sharma, and later on he started his own medical practice in Vile-Parle (east), Mumbai.

He was a leading practitioner of Ayurveda and specialist in Chronic diseases. Previously he was a professor and Ph. D guide at Bombay University. He served as an honorary director of Sri Sri Ravi Shankar Ayurveda Research College, Director of Emami Limited, Advisor of Lupin Limited, Vice President of Dhanvantari Medical foundation and Principal of KGMP Ayurvedic college.

As an active practitioner of the ancient science of Ayurveda (healing), he was known in the national and international arenas of alternate medicines. He participated in various International Conferences on Ayurveda and Traditional System of Medicine' and presented numerous papers at Australia, Indonesia, Tokyo, Mauritius, Nepal and propagated Ayurveda

in Bangkok, Singapore, Hong Kong, England and USA. He held a number of conferences in India.



Vd. Sureshchandra Chaturvedi

His role in interpreting Neem's extraordinary ability to heal had been crucial in bringing acceptability to the Neem tree in the global context.

He received several awards including the Padma Shree, the fourth highest civilian award in the India in 2000.

Dr. Chaturvedi had written thirty-one books on Ayurved in Hindi, English, Gujarati and Marathi. He had published various scientific research papers on various diseases like Diabetes, Obesity, Cancer, Heart disease, Leukoderma, and AIDS. He endeavoured to provide a bridge between different streams of knowledge.

We, IASTAM, have lost a founder member, supportive of IASTAM - India and a true Ayurved practitioner. He will always be remembered for his contribution to the association and Ayurved.



MEMORY

A BIG AND IRREVERSIBLE LOSS TO THE PLANT TAXONOMY FIELD IN INDIA

Dr. Marselin R. Almeida passed away on 5th December 2017 aged 79

In sad demise of Prof. Almeida, IASTAM - India has lost an enthusiastic supporter and active member.

Dr. Almeida was M.Sc.; D.Sc, Botany by Research from university of Mumbai and Fellow of Maharashtra Academy of Science. For more than four decades he has meticulously documented, studied and taught botany. Many of his students are now renowned botanists in their own right. Acknowledged to be India's most respected plant specialists, Dr. Almeida had incalculably promoted

systematic botany and taxonomy by identifying and naming over 350 plant species, apart from the individual plant discoveries. Hundreds of published papers, books and documents are witness to the legacy he has left for India and the world



Dr. M. R. Almeida

We have lost a great teacher and field botanist. He will always be remembered for his contribution to the botany, Flora of Maharashtra, Sawantwadi and adjoin as best taxonomist and botanist.



ACHIEVERS

2ND IASTAM – BAIDYANATH AWARDS– 2018

CONTRIBUTIONS TO DEVELOPMENT OF CLASSICAL PRODUCTS

'Certificate of Merit' and 'Cash Prize' - 51000/- each

1] IASTAM - Baidyanath Award for Best Research in Standardization of A Classical Product- **Aruna Purushottam Jadhav** - BVDU, College of Pharmacy
Title - *Evaluation of Ayurvedic Formulations*

2] IASTAM - Baidyanath Award for Best Technology Adaptation for the Basic Classical Ayurvedic Product Concept- **C. S. Anjana** - Government Ayurveda College, Trivandrum
Title - *Study and Optimization of the Process Parameters of Sulphur Purification*

3] IASTAM - Baidyanath Award for Best Validation / Clinical Research of A Classical Product- **Sonam Sagar Bhinde** - IPGT&RA, GAU, Jamnagar
Title - *Role of Mercury in the Preparation of Amavatari Rasa and its effect on Rheumatoid Arthritis (Amavata)*

HONOUR

Proud Moment for IASTAM



Pandit Ramnarayan Sharma National Ayurved Award for (2008-2014)

1. Vaidya Vivekanad Pandey, Delhi
2. Late Vaidya R. B. Gogate, Pune, Previous awardees
3. Vaidya J. P. Narayan, Bangalore, Life member
4. Vaidya G. P. Dube, Varanasi
5. Vaidya K. C. Chunekar, Varanasi,
6. Vaidya S. N. Mishra, Ranchi, Previous awardee
7. Vaidya B.L. Gaur, Jaipur, Previous awardee

Heartiest congratulation to our previous awardees and Life member of IASTAM, who received **Pandit Ramnarayan Sharma National Ayurved Award for 2008-2014** at Rashtapati Bhavan, New Delhi on 4th December 2017

HAPPENING

1st National Ayurveda Conference on Liver Diseases,

organised by 'Ayur Liver' on 10 th Dec. 2017

at Auditorium of Rajiv Gandhi E Learning School in Aranyeshwar, Pune

Dr. Sachin Yadav, Dr. Harshal Gadhikar, Vaidya Ruta Kadam and many speakers explained the role of various liver diseases and their treatment.

Dr. Bhim Gaikwad, Dr. Sunil Jagtap, Dr. Sambhaji Karande, Dr. Sunil Ingale, Dr. Kolhatkar provided valuable guidance.

Prof. Subhash Ranade was the Chief Guest of the function along with Dr. Shailesh Gujar.

Calendar

International Conference on

**“Challenges for Global Competitiveness of AYUSH and Natural Products”
and IASTAM Oration and Award Function 2018**

Opportunity to Interact with the Best at the Event.

IASTAM Awardees 2018

✉ Pandit Shiv Sharma Oration	Mr. Mark Rosenberg, Birstein, Germany
✉ Zandu International Award	Prof. (Dr.) Larry Walker, Mississippi, USA
✉ Zandu International Oration (Indian Citizen)	Dr. Ram Vishwakarma, Jammu, India
✉ Prof. K.N. Udupa Award	Prof. Suresh K. Gupta, New Delhi, India
✉ Dr. K.M. Parikh Award	Dr. P. Ramarao, Punjab, India
✉ Vaidyaraj Haribhau Paranjape Award	Dr. B. G. Gokulan, Kerala, India
✉ Shri Mathuradas Parikh Award	Vd. Tapan Vaidya, Ahmedabad, India
✉ Shri Jugatram Vaidya Award	Dr. Sanjeev Rastogi, Lucknow, India
✉ Yoga Forum Muchen Patanjali Award	Prof. Ramesh Bijlani, Delhi, India
✉ Shri Gopaldas Parikh Award	Dr. A. J. Baxi, Jamnagar, Gujarat, India
✉ Rasavaidya Nagindas Shah Award	Dr. Anand Chaudhari, Varanasi, India

CONFERENCE SPEAKERS

IASTAM Previous Awardees

- Dr. Ikhlas Khan, USA
- Prof. K. R. Mahadik, Pune
- Dr. DBA Narayana, Bangalore
- Dr. C. K. Katiyar, Kolkatta
- Dr. Y. K. Gupta, AllMS, New Delhi
- Prof. V. K. Kapoor, Ludhiana, Punjab
- Prof. P. K. Prajapati, Delhi
- Dr. Amit Aggarwal, Bengaluru
- Dr. Pulok Mukherjee, Kolkatta

IASTAM Members

- Dr. Sathiyarayanan, Pune
- Dr. Prasoon Gupta, IIM Jammu
- Shri Jamanbhai Malviya, Ahmedabad
- Prof. Kishor Patwardhan, Varanasi

Others

- Prof. Habibah A Wahab, Penag, Malaysia
- Dr. Jai Prakash, Ghaziabad
- Dr. S. H. Ansari, New Delhi
- Dr. Gulshan Bansal, Patiala
- Dr. Neeraj Tandon, New Delhi

***Best of Experts in the field will share their experiences
in an open and interactive manner***

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**INTERNATIONAL CONFERENCE ON
CHALLENGES FOR GLOBAL COMPETITIVENESS OF
AYUSH AND NATURAL PRODUCTS
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To,