



Newsletter

JANUARY 1984

For Private Circulation

Indian Association For The Study Of Traditional Asian Medicine

आशियाई पारंपारिक स्वास्थ्य परिषद-भारत

Office : C/o. Zandu Pharmaceutical Works Ltd., Gokhale Road South, Bombay-400 025. Tel. : 4227021.

Dear Colleagues,

We are happy to present this issue of NEWSLETTER of IASTAM-India. You are aware of the First Asian Conference on Traditional Asian Medicine organized by us at Bombay in March 1983, a brief report of which is presented in this Newsletter.

We look forward to your full participation at the forthcoming Second International Congress on Traditional Asian Medicine to be held at Surabaya (Indonesia) during 2-7 September 1984. On behalf of all of you we are thankful to the organizers of this Congress for responding to our request to reduce the Registration Fees for Indian Delegates from US \$ 100 to US \$ 50. We are arranging economical group tours to facilitate your travel and participation in the Congress. We solicit your support to this scheme.

We also invite you to send us the news, which could be published in the subsequent issues of the NEWSLETTER.

Wishing you a very Happy and Peaceful New Year.

Yours sincerely,
R. K. MUTATKAR
Editor

IASTAM-INDIA

At the first International Conference on Traditional Asian Medicine held at Department of Asian Civilization, Australian National University, Canberra, the International Association for the Study of Traditional Asian Medicine was formed with an aim to study traditional systems of medicine from multi-disciplinary angles. The Indian affiliate of this association was inaugurated by Prof. A. L. Basham, Founder-President of IASTAM-International on 31st January 1980 and was registered at Bombay in May 1981. IASTAM-India was established through the initiative of Dr. C. L. Jhaveri and Dr. K. M. Parikh backed by Zandu Pharmaceutical Works Ltd., Bombay. Pandit Shiv Sharma, the Vice President of IASTAM-International and Founder-President, IASTAM-India formulated the Constitution in April 1980, only three weeks before he breathed his last. IASTAM-India has been his most valuable contribution to the Traditional Medicine in India.

Indian affiliate adopted the preamble of the International Body with slight additions which reads thus :

In every Ethnic group there exists a traditional health care system which is culturally patterned.

In traditional societies, this is the first line of defence in health care. The contribution of traditional health care has gained the full recognition of the World Health Organization. It is in the interest of the people that traditional medicine should be fully exposed in its Ethno-Historical, Social, Cultural and Scientific contexts. In a country like India, there exists great tradition of Health Systems enshrined in various scriptures and texts. There also exists folk medicine practised in tribal and rural homes. Constant interaction between the great traditions which are taught and transmitted in traditional and institutionalised medical schools and the local traditions of the simple folk, needs to be studied. It may be necessary to develop a distinct methodology for research in Traditional Asian Medicine since the methodology of cosmopolitan medicine may not be found wholly suitable for the purpose. A national forum is therefore needed where the traditional health care systems express their constituent components and communicate across linguistic and territorial barriers.

Besides traditional therapies, the allied disciplines and other techniques and languages connected with

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Preliminary information on the 2nd International Congress on Traditional Asian Medicine to be held at Surabaya (Indonesia)

2-7 September 1984

Theme of the Congress :

Traditional Medicines in Asian Countries and their place in Pluralistic Health Care Systems.

Main Subject Areas of the Congress :

1. the sources and history of classical traditions
2. popular medicine
3. ethnobotany, ethnopharmacology and allied subjects
4. models of integration: problems and chances
5. the social construction of illness experience
6. clinical and experimental studies of therapeutic practices
7. primary health care and the education of health care workers.

Congress Location :

The Second International Congress on Traditional Asian Medicine will be held in Hyatt Bumi Hotel, Jl. Basuki Rakhmat 124-128, Surabaya, Indonesia, from 2nd to 7th September 1984.

Scientific Programmes :

The scientific programmes of the Congress consist of symposia, plenary sessions, free communication (free papers), film sessions, demonstrations and poster session.

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tradition such as Sanskrit, Philosophy, Botany, Anthropology, Psychology, Indology, Yoga would have to play an important role in the study of Traditional Asian Medicine.

This organization is therefore an academic organization interested in the PROMOTION OF TRADITIONAL SYSTEMS OF MEDICINE IN VARIOUS ASPECTS.

Scientific papers should be submitted before May 1st, 1984 to Chairman of the Programme Committee.

Dr. G. J. Meulenbeld
C/o. Dept. of Indian Studies
University of Groningen
Grote Kruisstraat 2/1 9712
TS Groningen
NEDERLAND

Climate & Clothing :

September is dry season in Surabaya.

The temperature ranges from 24°C to 34°C and the climate is humid.

Light clothing is recommended.

The conference halls are fully airconditioned so that formal suit is more suitable.

Registration Fee : (Specially for Indian delegates)

Registration fee for participant received before July 1st, 1984 is US \$ 50 and thereafter is US \$ 70.

Registration fee for one accompanying person received before July 1st, 1984 is US \$ 25 and thereafter US \$ 35 — Delegates may please send the registration fees directly to :

SECRETARIAT :

Organizing Committee I.C.T.A.M. II

Prof. Dr. Sutarjadi,
C/o. School of Pharmacy
Airlangga University
Jl. Darmahusada No. 47
Surabaya. INDONESIA.

Phone : (031)-43710
(office hours)

Hotel Accommodation :

The Hyatt Bumi Surabaya (a Hyatt International Hotel) offers a special room rate to participants of The Congress

This rate is US \$ 70 per room per night-single or double. The rate also includes tax & service charge.

IASTAM-India proposes to arrange a SPECIAL TOUR on this occasion. Garuda Airways, an official Airlines of Indonesia has recommended M/s. Sound Travel Corporation, being their agents, we give herebelow the tours given by them to us.

Tour No. 1 :

16 Nights 17 days

BOM / SIN / JKT / SBA / DPS / MNL / TYO / HKG / BKK / BOM. SINGAPORE — 1 Night — Taipan

Hotel + C-BKFST + Transfers. JAKARTA — 1 Night — Sari Pacific Hotel + AMER BKFST + Transfers.

SURABAYA — 5 Nights — Ramayana Hotel + AMER BKFST + Transfers.

DENPASAR — 1 Night — Sanur Beach Hotel + AMER BKFST + Transfers.

MANILA — 1 Night — Bay View Plaza Hotel + C-BKFST + Transfers.

TOKYO — 3 Nights — including hotel accommodation, C-BKFST- $\frac{1}{2}$ Day sight seeing tours in Tokyo - Odawara - Toba - Kyoto - Osaka.

HONGKONG — 2 Nights — Park Hotel + C-BKFST.

BANGKOK — 1 Night — Rajah Hotel + C-BKFST + Transfers.

G.I.T. Fare	13,500.00
Hotel, etc.	5,100.00

18,600.00

Tour No. 2 :

11 Nights 12 days

BOM / BKK / JKT / SBA / DPS / KUL / SIN / BOM.

BANGKOK — 1 Night — Rajah Hotel + C-BKFST + Transfers.

JAKARTA 1 Night — Sari Pacific Hotel + AMER BKFST + Transfers.

SURABAYA — 5 Nights — Ramayana Hotel — AMER BKFST + Transfers.

DENPASAR — 1 Night — Sanur Beach Hotel + AMER BKFST + Transfers.

(Contd. on page 4)

Asian Conference on Traditional Asian Medicine

The First Asian Conference was organized by IASTAM-India and Co-sponsored by Bombay University and Gujarat Ayurved University, Jamnagar.

Aims & Objects of the Conference :

1. To highlight the use of Traditional Asian Medicine and methods in health care and cure which include the preventive, promotive and curative aspects of health.
2. To stimulate research in Traditional Asian Systems of Health by pursuing a multi-disciplinary approach involving various disciplines having a bearing on health attitudes and practices of the people through historical times.
3. To carry the message of health promotion, diseases prevention and cure from the standpoint of traditional medicine to tribal, rural and urban communities.

The highlight of the Conference has been full participation by the Government of India particularly the Central Councils of Ayurveda, Siddha and Unani Medicine, the Central Council of Research and its various institutions, the Botanical Survey of India and the Ministries of Health of the State and Central Government. The Pharmaceutical concerns participated in the Exhibition, which was visited by thousands of Bombay citizens. The Government of Maharashtra also presented a grant of Rs. 10,000/- for the Conference. The Chief Minister of Maharashtra, Shri Vasantrao Patil inaugurated the Conference and Health Minister Dr. Lalita Rao inaugurated the Exhibition. Dr. K. N. Udupa, President of IASTAM-India gave a memorial oration in honour of Late Pandit Shiv Sharma and Dr. V. J. Thakar, Vice Chancellor, Gujarat Ayurved University delivered Dr. P. M. Mehta Memorial Lecture. The Key-note addresses were pre-

sented by Dr. S. K. Jain; Director; Botanical Survey of India, Dr. C. L. Jhaveri; an eminent Gynaecologist and Dr. B. K. Goyal, a well known Cardiologist.

The Conference was divided into Scientific Sessions and Panel Discussions as under :

1. Fundamentals of Traditional Systems of Medicine.
 - (a) Philosophy
 - (b) Concepts
 - (c) Literature
2. Ethnobiology.
 - (a) Use of Flora, Fauna and Minerals as drugs.

(b) Traditional health professional in tribal, rural and urban communities.

Panel Discussions :

The following panel discussions were held :—

1. Basic foundations of Traditional Medicine.
2. Research Methodology in Traditional Medicine.
3. Role of Traditional Medicine in primary health care.

Prof. Ram Joshi, Vice Chancellor of Bombay University and Vd. Shriram Sharma, Dean of Faculty of Ayurveda, Bombay gave unstinting support to Asian Conference.

Prof. Ram Joshi presided over



Left to Right : Vd. Chaturvedi, Prof. R. K. Mutatkar, Vd. P. K. Warriar, Dr. K. N. Udupa, Dr. (Smt.) Lalita Rao (Hon. Health Minister, M.S.) Shri Vasantdada Patil (Hon. Chief Minister, M.S.), Dr. C. L. Jhaveri.

- (b) Herbal and other traditional drugs.
 - (c) Traditional Pharmaceuticals.
3. Clinical/Therapeutic practices and experimental research in Traditional Medicine.
 4. Social and cultural aspects of Traditional Medicine.
 - (a) Knowledge, attitudes and practices about Traditional Medicine.

the Valedictory function. The Valedictory address was given by Dr. Somaiya, President, Indian Merchants Chamber.

Prof. Charles Leslie, Secretary General, IASTAM-International camped in Bombay for a month to help IASTAM-India in the organization of ASIAN CONFERENCE.

The Conference was attended by 375 delegates. 42 foreign delegates came from 14 countries. ●

(Continued from page 2)

KUALALUMPUR — 1 Night —	
Grand Pacific + C-BKFST +	
Transfers.	
SINGAPORE — 2 Nights — Taipan	
+ C-BKFST + Transfers.	
G.I.T. Fare INR	7,500.00
Hotel + Transfer INR	3,700.00
	<hr/>
	11,200.00
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Tour No. 3 :

**BOM / CMB / JKT / SBA / DPS /
KUL / SIN / BOM**

1 Night Colombo — Sapphire Hotel, Hotel & Transfers.	
1 Night Jakarta — Sabang Palace, Hotel & Transfers.	
5 Night Surabaya — Ramayana Hotel, Hotel & Transfers. Hotels include American Breakfast in price. All Tours optional.	
1 Night DENPSAR — SANUR BEACH HOTEL, Hotel & Transfers.	
1 Night KUALALUMPUR — GRAND PACIFIC HOTEL & Transfers.	
2 Nights SINGAPORE — TAIWAN HOTEL & Transfers.	
INR	3,500--
G.I.A. TKT.	7,500/-
	<hr/>
INR	11,000.00
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Tour No. 4 :

**BOM / KUL / SBA / DPS / SIN /
BOM.**

1 Night — Kuala Lumpur — Grand Pacific Hotel & Transfers.	
5 Nights — Surabaya — Ramayana Hotel & Transfers.	
1 Night — Denpasar — Sanur Beach Hotel & Transfers.	
2 Nights — Singapore — Taipan Hotel & Transfers.	
TOTAL INR	3,000/-
G.I.T. TKT	7,500/-
	<hr/>
INR	10,500.00
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- (a) Minimum requirement 15 persons in each tour.
- (b) Tour subject to Reserve Bank and other clearance.

- (c) Those who only desire Air travel can also do so by paying for the Air ticket.
- (d) All will have to travel in a group.
- (e) Air fare as may be applicable shall be charged.

Those who desire to join the group may fill up the form and send the same alongwith Rupees One Hundred as advance to Dr. K. M. Parikh Treasurer IASTAM-INDIA C/o. Zandu Pharmaceutical works Ltd., Gokhale Road, South Bombay-400 025 before 15-3-1984.

Those who will withdraw before 1st July 1984, full amount will be refunded after deducting the bank charges, if any.

Rates are on the basis of Tour commencing from Bombay. However, if there are minimum 15 persons, tour could be commenced from Delhi, Calcutta and Madras. (For Passport, Visas, etc. M/s. Sound Travel Corporation shall help delegates and shall charge extra for their services.)

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LETTER

Dear Member,

In order that our Association works efficiently, we request the existing members to remit their annual fees regularly at the earliest.

I also request to enrol new members.

We are pleased to inform you that as promised we have been able to arrange a special tour to visit Surabaya to attend this Second International Conference on Traditional Asian Medicine from 2 - 7 September 1984.

We have taken special precaution to see that we can include as many important cities as possible in this tour. We have included Colombo, Singapore, Djarkarta, Surabaya, Denpasar i.e. Bali, Manila, Tokyo, Hongkong and Bangkok in these tours. Various tours are arranged so as to visit some of these stations

enroute Surabaya. You will be able to enjoy Bali and the temples over there. Also you can have your shopping at Singapore or at Hongkong. You can also see enroute some of the towns like Djarkata, Manila, Colombo and Bangkok. Thus we are trying to make this tour a tourist-cum-business tour.

Except for the tour including Manila and Tokyo all other tours are in the range of about Rs. 11,000/-. While Tokyo and Hongkong Tour is about Rs. 18,000/-. We are sure you will all join this tour and we will be able to take a large continent of the Indian delegates to this Conference.

You will have to prepare for your active academic participation in this Conference and help to project the Indian System of Medicine such as Ayurveda, Unani, etc. at this Conference. Our main aim will be to give as much details as possible of our system of medicine to the people from other parts of the world and at the same time to receive the information on various systems prevailing in other Asian countries. Thus this Conference will provide an opportunity of exchange of ideas on the Asian Medicine and make it more useful to the people at large all over the World.

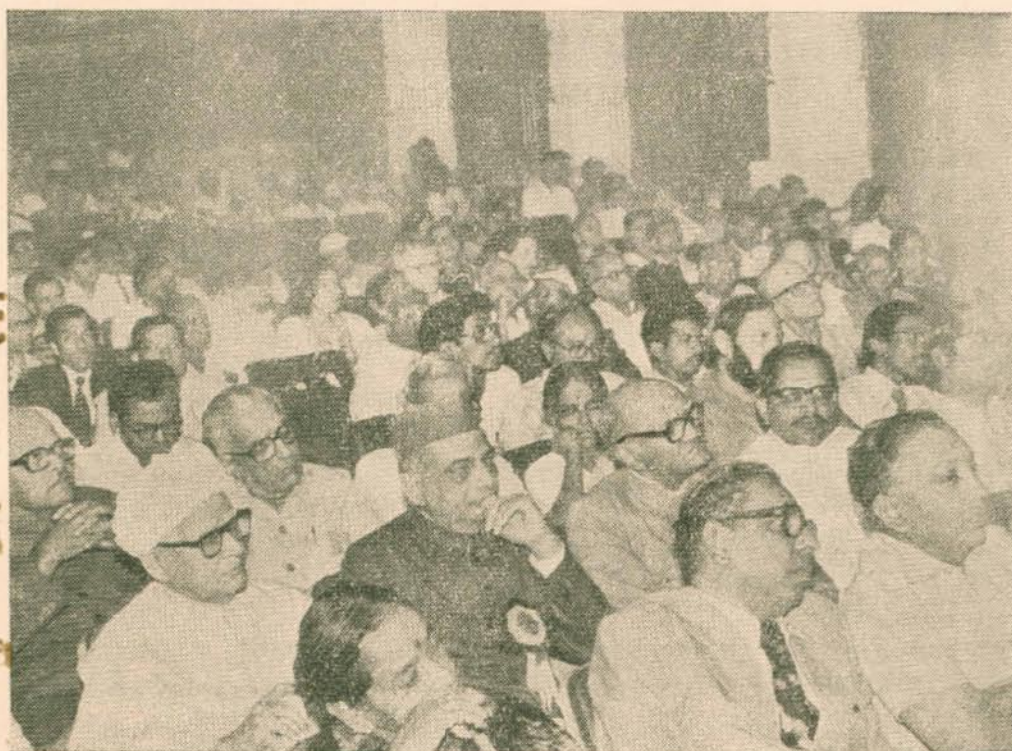
You are requested to send all the forms duly filled in to IASTAM-India, so that we can forward after making proper entries to our Travel Agents — M/s. Sound Travel Corporation. If you have any enquiry, you may address to us or to M/s. Sound Travel Corporation, as may be convenient to you. We will start tour from other stations like Delhi, Calcutta, or Madras provided we will have fifteen persons to join from these stations. Therefore, it is necessary that in your form you may please mention, from where you would like to board the plane. There may be some variation in the fare with respect to various stations, which will be charged accordingly.

We are also trying to obtain necessary permission for the remit-

(Contd. on page 5)



Left to Right : Prof. Charles Leslie, Secretary General IASTAM-International, Dr. K. M. Parikh, Dr. S. K. Jain, Dr. K. N. Udupa.



ACTAM delegates.

(Contd. from page 4)

tance of Registration Fee of US \$50, on behalf of the candidates, who are desirous of attending this Conference. If we receive the Reserve Bank Permission then you may be able to send the Registration Fee directly to us and we will get the same registered as block

booking. We will give further information on these aspects to all those, who have registered their names by paying Rs. 100/-.

Yours sincerely,
Dr. K. M. PARIKH
Treasurer
IASTAM-India

NEWS

1. Academy of Development Sciences is a Voluntary Organization working at Karjat Taluka near Bombay and has started a Project on plantation of medicinal herbs. They are also organising Diagnostic Camps in tribal areas with the help of Ayurvedic practitioners of Poona and Bombay. Training courses for tribal medicine men are also regularly conducted.
2. The Malayasian Chapter and the European Chapter of IASTAM have been formed. IASTAM-India is in close touch with both these chapters.
3. Vd. Haridatt Shastri, an Ayurvedic Physician of repute has been awarded the first Baidyanath Foundation Award.
4. Renowned Ayurvedic Physician and Scholar Shri Bapalabhai Vaidya died on 10-12-83. We pray to Almighty that the departed soul may rest in eternal peace.

MATERNAL AND CHILD CARE

IASTAM-India decided to concentrate its efforts on Maternal and Child Health Care during the next five years. With a view to identify the relevant issues in MCH Programme from the stand point of Traditional Medicine an Inter-Disciplinary Seminar was organised at the University of Poona on 25th September 1983. It was decided to extract the documentation from Traditional Medical Texts about Mother and Child Health. A committee was formed to produce Health Education Material on MCH.

JAPANESE SOCIETY FOR RESEARCH ON AYURVEDA

The Research Society for Ayurveda was founded nearly 14 years ago by Prof. Maruyama, M.D. It now holds monthly meetings in Osaka and Tokyo, and a general conference once a year. The 5th Conference of this kind was held in July 1983, with the main theme, "Medicine and Human Nature in the 20th Century."

The Society has published the Japanese translation of the Susruta Samhita and translations of the Charaka Samhita and the Astanga Hrdaya are being prepared. In addition, Miss Michiko Nishino plans to translate the Madhava Nidana. These works will appear in the yearly publication of the Society.

For more information, write to :

Prof. Hiroshi Maruyama,
Research Society for Ayurveda,
Medical Faculty,
Osaka University,
33 Joan-cho, Kita-ku,
Osaka, Japan.

Courtesy :

From International Newsletter.

This Newsletter is now a regular feature and will be presented to you every quarter. You are requested to send all the information, news, etc. as may be available, and important to IASTAM to the IASTAM Office.

IASTAM-INDIA MEMBERSHIP FEES

Patrons :

Individual Rs. 1,000/-
Institution/
Organisation Rs. 2000/- or more

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Regular : Rs. 15/- p.a.
Student : Rs. 10/- p.a.

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