



Intellectual Conclave on Ayurved

February 13, 2003. Delhi



PROCEEDINGS

Significance for Ayurvedic Education,
Research, Profession &
its Role in National Healthcare Delivery

PARTICIPANT PROFILE

The following were part of the conclave deliberations & discussions.

(Arranged in a alphabetical order)

- **Dr. B. K. Apte** - Pharmaceutical Consultant, Mumbai
- **Dr. Narendra Bhatt** - Secretary General, IASTAM ; President BIO-VED Pharmaceuticals, Pune & Ayurvedic Consulting Physician-Mumbai
- **Prof. B. L. Gour** - Director National Institute of Ayurved, Jaipur
- **Dr. G. G. Gangadharan** - Joint Director, FRLHT, Bangalore
- **Dr. S. S. Handa** - Former Director, RRL, CSIR, Jammu
- **Prof. S. P. Kinjawadekar** - Retired Prof. Poddar College & Ayurvedic Practitioner, Mumbai
- **Prof. R. K. Mutatkar** - President, IASTAM ;
President, Maharashtra Association of Anthropological Society [MAAS] - Pune
- **Dr. Narendra Mehrotra** - Scientist E-II, DLS-NICDAP,
Central Drug Research Institute, Lucknow
- **Vd. Vilas Nanal** - Hon. Teacher & Physician, President VMPNAF - Pune
- **Shri. L. Prasad** - Joint Secretary, Department of ISM&H, Govt. Of India, Delhi
- **Vd. Dineshwar Prasad** - Sr. Lecturer, Dept of Kayachikitsa, Govt. Ayurvedic College, Patana
- **Dr. V. N. Pandey** - Former Research Director, CCRAS, Delhi
- **Dr. Ranjit Roychaudhury** - Emeritus Scientist, National Inst. of Immunology, Delhi
- **Dr. M. K. Raina** - Pharmaceutical Consultant, Mumbai
- **Vd. Shriramji Sharma** - President CCIM - Mumbai
- **Mrs. Malati Sinha** - Secretary, Dept. of ISM & H, Govt. Of India, Delhi
- **Dr. G. V. Satyavati** - Former Director General-Indian Council of Medical Research(ICMR),
Govt. of India, Delhi
- **Dr. Prashant Suru** - Consulting Ayurvedic Physician, Pune
- **Dr. R. B. Smarta** - Management Consultant, Mumbai
- **Dr.(Ms.) P. V. Tewari** - Former Dean, Faculty of Ayurveda, BHU, Varanasi
- **Dr. A. B. Vaidya** - Eminent Clinical Scientist, Medical & Research Director SPARC-Mumbai
- **Dr. P. K. Warriar** - Managing Trustee & Chief Physician, Arya Vaidya Sala, Kottakal
- **Dr. Asmita Wele** - Asso. Prof. Department of Rasashastra, Bharati Vidyapeeth, Pune

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WELCOME SPEECH

Prof. R. K. Mutatkar, President - IASTAM

Good morning, in my capacity as President of IASTAM, I offer to you a very hearty welcome to this program of Intellectual Conclave and Oration Award Function. We have special welcome for Smt. Malati Sinha, Secretary; Indian System of Medicine and Homeopathy in the Ministry of Health and Family Welfare, Govt. of India, who has kindly consented to inaugurate today's function. We have been privileged to listen to her addresses at Halle, Germany at International Congress and at Cochin at the World Ayurvedic Congress, which shows her commitment to the core cause of Indian System of Medicine, The Ayurveda. We feel privileged and honored to offer special welcome to Aryavaidyan P.K. Warriar; the recipient of Pandit Shriv Sharma Oration, to Prof. Ranjit Roy Chaudhury; recipient of Prof. K. N. Udupa Award, Dr. Ms. Premavati Tewari; recipient of Dr. C. Dwarakanath Award and we are waiting of Prof. Handa; recipient of Dr. K.M. Parikh Award.

As you are aware the awards' function will be held late afternoon at the hands of Shri Murlimanohar Joshi, Honorable Minister Human Resource Development, Govt. of India. We offer special welcome to Vaidya Shriramji Sharma, who is president of the CCIM. We have special mention of welcome to the president, office bearers and members of ADMA, who have provided great support to IASTAM in organizing today's function. We feel confident of continued support from ADMA for IASTAM, which is committed in furtherance of knowledge of Indian system of medicine and their practice, in the present state of medical pluralism it has helped an important aspect of Indian culture. We offer revered welcome to Dr. Ms. G. V. Satyavati and Prof. B. L. Gour, who will chair the sessions and to all members of IASTAM. Welcome to all, and thank you.

Prof. R. K. Mutatkar
President - IASTAM
President, Maharashtra Association of Anthropological Society[MAAS]-Pune

ABOUT CONCLAVE

Dr. Narendra Bhatt, Secretary General, IASTAM

Respected Smt. Malati Sinhaji, Prof. Mutatkar, Aryavaidyan Shree Warrierji, Dr. Ranjit Roy Chaudhury, Prof. Tewari, Vaidya Shriramji Sharma, Dr. Vaidya and others.

This is the first time IASTAM has organized a program in Delhi and I am still working on some aspects of the program.

IASTAM during last 23 yrs since its existence has always acted as a catalytic agent for many activities. It has thrived to bring together the different faculties, covering extensively from social sciences and medical sociology to the biomedical research, and of course indigenous systems of medicine.

Few months back we were in Halle in Germany. Honorable Minister, Shatrughna Sinhaji was there. 31 Indian delegates decided to meet him. We realized that everybody wanted to say something about something. We held an internal meeting. So, we identified four of us to talk about four subjects of significance to the system of Ayurved. These were Education, Research, Profession and Healthcare Delivery. We asked each one to contribute to the subject. That was thought vital. The reformed details were then submitted to the Minister. It was there, and then thought to continue the process of such discussion in a separate way.

Today's Intellectual Conclave is a result of that small trigger. Frankly, I am not disappointed with small numbers. This group is capable of giving right recommendations to the department and to the administration for what is required to be done for the promotion, progress and growth of Ayurveda. This is the thought behind and this is what we expect in next few hrs. Our idea is not to get really into the implementation programs, not to get into action program as far as this conclave is concern, but address some core issues. Dr. Vaidya, Mutatkarji, Vaidya Vilas Nanal, and some of us had repeated meetings on this process to identify core issues, in the area of education, in the area of research, in the area of profession that are required to be attended without any delay. I am also privileged that IASTAM in its tradition has two awards about which I will talk later and we have very prominent dignitaries to receive these awards this time.

Thank you and welcome once again.

Dr. Narendra Bhatt,
Secretary General, IASTAM;
President BIO-VED Pharmaceuticals, Pune & Ayurvedic Consulting Physician-Mumbai

INAUGURAL SPEECH

Mrs. Malati Sinha, Secretary, Dept. of ISM & H, Ministry of Health Govt. Of India.

Ladies and Gentlemen, it is indeed a great honor to have been invited here by IASTAM to address this gathering. As Dr. Bhatt said I had the privilege of attending the International Conference at Halle and there is the tremendous amount of interest in traditional medicines in general and Ayurveda in particular. And had occasion to speak there for an hour or so. I do not want to talk about those things here because all of you are well aware of all the issues that are before us. As Dr. Bhatt has very clearly indicated that we will discuss today Education, Research, Profession and National Health Involvement of Indian System of Medicine. In the National Health Program of any country in any area is the kind of education that its children get and specially so the kind of education that the professionals get.

Ayurved or ISMH deserve the highest consideration of the powers that be who are dealing with education of the systems. Students that pass out from Ayurvedic colleges should be productive citizens in the true sense of words, who would be or who would have achieved the excellence in their respective subjects to meet the challenges of the century, I feel that the 21st century is going to be very important for the ISMH and Ayurved in particular. Yoga has charmed the Western world, in the last century and I understand there are 30,000 yoga teachers in United States alone. I would like to think that in the 21st century people in west would ask for our ISMH Doctors, our ISMH paramedical staff or ISMH drugs. We have a great opportunity before us and we must seize this opportunity with both hands and try to ensure that we achieve excellence in every field, whether it is education, practice, research or production of drugs.

In research, we have to take advantage of tools that modern sciences provide us for achieving results, which are acceptable to the entire world. We cannot keep on saying that our science is 5000 yrs old and it has been proven empirically and people should just accept it. Yes, people in India do accept these drugs that are produced. But those who are rationalist to say, or people abroad will not accept anything so easily. They need everything to be proven first before they accept it. Even if we have to reinvent the wheel we have again to prove validity of the drugs just to make acceptable everywhere. If we are able to convince the west about 4 or 5 drugs of this country, the things will be easier. People everywhere start accepting our drugs. Just as we now accept the western medicine almost blindly despite the side effects these medicines have to have breakthrough, 4 or 5 or a dozen drugs need to be validated.

So far the profession is concerned, it has come to my notice through various articles in the newspapers that somehow our professionals of Indian System of Medicine tend to dilute their practice with some modern medicine and not practicing pure Indian Systems, the way it should be practiced. I think they should be careful. What will happen in very short time is, they will loose the advantage and knowledge of vast number of formulae that are available with them. I believe there are 35,000 formulae in Ayurved alone. If they do not practice this medicine the way it should to be practiced, there won't be difference between western system of medicine. This should not happen. We are trying very hard to integrate Indian System of Medicine with Modern system. It is not an easy task