



**GUJARAT AYURVED UNIVERSITY- JAMNAGAR**

**AND**

**INDIAN ASSOCIATION FOR THE STUDY OF  
TRADITIONAL ASIAN MEDICINE**

**CONCLAVE ON ASIAN MEDICINE:  
INTEGRATIVE POTENTIALS**

- ❖ **Potentials for effective & economic health & medical care**
- ❖ **Potentials for learning & knowledge sharing**
- ❖ **Potentials for research & technology development**
- ❖ **Potentials for industrial & regulatory alliance**

**Saturday 14 February 2015**

**VENUE**

**Gujarat Ayurved University,  
Chanakya Bhavan, Gurudwara Road,  
Opp. City B Division Police Station,  
Jamnagar, Gujarat 361008**

# **'ASIAN MEDICINE: INTEGRATIVE POTENTIALS'**

**Background note prepared by**

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Asian Medicine is widely accepted and practiced in Asian cultures, but is still considered “alternative” in western countries and at times even in its country origin. Asian Medicine have long history and the sum total of the knowledge, skill, and practices based on the theories, beliefs, and experiences indigenous to different cultures, whether explicable or not, are used in the maintenance of health as well as in the prevention, diagnosis, improvement or treatment of physical and mental illnesses. These practices vary widely from country to country with certain practices regarded differently depending on the culture, understanding, socio economical priorities and accessibility and reach of conventional medicine.

Asian medicine has potential that can be contribute to health and medical services delivery the world over. It has potential now to play a significant role in the economic development of number of countries.

There is need to promote the safe, effective use of Asian medicine by learning, training, researching, integrating products, practitioners, practice and regulating, into health systems.

There is need for scholars and other experts not only from Asian countries but also from biomedicine and western world should to come together to mandate relevant activities that will help use of these systems evolve as a part of main stream medicine.

There exist number of opportunities and challenges in relation to national policies, law and regulation, quality, safety and effectiveness of Asian Medicine, universal health coverage and the integration of Asian Medicine for effective health delivery systems.

## **Need for Common Strategies for Asian Medicine-**

Following strategy could be adopted for promotion of Asian Medicine.

**Policy-** To integrate Asian Medicine within national health care systems, where feasible, by developing and implementing national policies and programmes

**Quality, Safety and Efficacy** -To promote the safety, efficacy and quality of Amby expanding the knowledge base, and providing guidance on regulatory and quality assurance standards.

**Access-** To increase the availability and affordability of Asian Medicine, so poor people can easily access.

**Rational Use-**To promotes therapeutically sound use of appropriate Asian Medicine. By Practitioners and consumers

## **INTEGRATE AND EXCHANGES NEEDED BETWEEN ASIAN COUNTRIES**

### **1. Potentials for Effective & Economic Health & Medical Care**

- ✦ Promote mutual respect, collaboration and understanding between conventional and Asian Medicine practitioners.
- ✦ Promote international communication among practitioner communities regarding integrative models.
- ✦ Develop Common complementary strategies.
- ✦ Identify sources of evidence, whether historical, traditional or scientific, which support or validate a particular therapy.
- ✦ Determine the risk/benefit profile.
- ✦ Evaluate Cost-effectiveness.

### **2. Potentials for Learning & Knowledge sharing**

- ✦ Strengthen interdisciplinary education and collaborative practice between conventional medicine practitioners and Asian Medicine practitioners.
- ✦ Promote partnership and dialogue about self-health care amongst all Stakeholders of Asian region
- ✦ Encourage Interaction and exchanges.
- ✦ Create Learning platform for higher education.
- ✦ Encourage knowledge generation, translation and dissemination by establishing a comprehensive and inclusive approach for quality and cost effective research.

### **3. Potential for Research & Technology Development**

- ✦ Address issues of inadequate evidence base for Asian medicine therapies and products
- ✦ Create adequate support of research
- ✦ Develop research methodologies.
- ✦ Standardization approach to products and practices.
- ✦ Promote research and development, innovation, knowledge management
- ✦ Develop a national and international research agenda which acknowledges and includes various types of research models that are appropriate and complimentary in nature.

### **4. Potentials for Industrial & Regulatory Alliance**

- ✦ Evolve international and national standards for ensuring safety, efficacy, and quality control
- ✦ Provide regulation of Asian Medicine Products and procedures.
- ✦ Recognise registration of Asian medicine providers.
- ✦ Identify possible areas where Asian Medicine could be effective.
- ✦ Develop mechanisms/guidelines for consumer education and protection, Complaint channels and the proper use of Asian Medicine products, practitioners and services, including their promotion and advertising.
- ✦ Monitor the safety

## **STRUCTURE OF CONCLAVE**

The aim of the conclave is to develop the Asian Medicine through an integrative approach to explore the potential of its basic principles, fundamentals, drug, products and health delivery system.

This Conclave will open with introductory remarks.

Conclave will be divided in four sessions; i.e.

- **Potentials for effective & economic health & medical care,**
- **Potentials for learning & knowledge sharing,**
- **Potential for research & technology development,**
- **Potentials for industrial & regulatory alliance.**

Each of the session will be chaired by an expert; will have one lead speaker, and panel of 4-5 experts.

Role of 'Lead speaker' is to give idea and trigger the discussion on the subject. Panel discussion is to define as many as action areas on the subject through deliberations. The role of panelists will be to give their opinions regarding based on their expertise of the subject/ area.

Each session is aimed at evolving agenda of activities that could be taken up now onwards to bring together practitioners, experts, researchers and policy makers of different countries.

After comprehensive discussion in four sessions an action plan will be evolved so as to bring in stake holders from different countries to further deliberate on specific issues.

Based on these deliberations through exchanges and meetings, IASTAM India aims to evolve specific programmes that could be finalized during the next International Conclave to be held on Asian Medicine in January 2016.

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