



IASTAM - INDIA

# Communiqué

NEWSLETTER

INDIAN ASSOCIATION FOR THE STUDY OF TRADITIONAL ASIAN MEDICINE  
पारंपारिक आशियाई स्वास्थ्य परिषद – भारत

## 'A NOTE FROM PRESIDENT'

- Dr. Narendra Bhatt

IASTAM (India) is working in the field of Asian Medicine, AYUSH in India, playing a catalytic role and has proved its significance time and again. With its interdisciplinary approach it has strived hard to bring together experts interested in indigenous systems of medicine for promotion of the traditional medicinal knowledge.

With ICAAM 2016 and Consultative Cancer meet back to back in January and February 2016, our team is working on the proceedings that will be published soon.

We are thankful to Ministry of AYUSH for releasing the Rs. 15 lakhs for ICAAM 2016; the support received from AYUSH has helped IASTAM to organize the conference in a better way. The accounts of the conference are finalized and audited. I am happy to inform all our members that this huge event that cost us around Rs. 75, 00,000 (*Rupees Seventy Five Lakhs*) including the publications has been managed without any loss to our principal corpus. I sincerely thank all our participants, sponsors and supporters.

IASTAM - Baidyanath Awards for Classical Products

As announced at ICAAM Shree Baidyanath Ayurved Bhawan Pvt. Ltd., Nagpur, has joined the hands with IASTAM to institute three Awards on development of classical products Rs. 51000/- each. The announcement of the awards is included in this issue of *Communiqué*. A Memorandum of Understanding

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For IASTAM, India Private Circulation

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July - September 2016

has been signed and the awards will be released during the next IASTAM Oration Awards Function. The selection procedure is being finalized.

### Next IASTAM Oration and Awards

The nomination forms and details will soon be available to all members or it could be downloaded from our website ([www.iastamindia.org](http://www.iastamindia.org)). I urge all members and experts to the best of your discretion to nominate best of experts for the different categories. Dr. Manasi Deshpande, Joint Secretary, with other colleagues will initiate the process for all the Awards to be held at around January 2017.

We plan to organize the next IASTAM Oration and Award function with 12 Awards including two international awards, three IASTAM - BVU Awards and 3 IASTAM – Baidyanath Awards around 31<sup>st</sup> January 2017 or later depending on the response.

### PARTNER FOR ORATION AWARD FUNCTION

***We are looking for a venue and an organization or an institute in other parts of the country as a local partner. Our aim is to spread IASTAM message in different parts of the country. If any of your organizations is interested, please contact us. The local organizers will have the benefit of 12 expert awardees, three post-graduate scholars and three product development researchers sharing their views and experiences. IASTAM will take care of their travel costs, including one international for non-Indian citizen. It is a win-win situation for partner group.***

### IASTAM - BVU Awards

IASTAM this year is back with the third IASTAM – BVU Awards (National Scholar Awards) for Best Dissertation / Thesis. The details of the Awards and forms are enclosed herewith. *I urge all members and Ayurvedic colleges to encourage MD / PhD scholars for active participation.*

### Thesis Publications

AYUSH fraternity is very poor in publication of its research works. We are besieged with this idea for quite some time. A proposal of publishing the theses of the IASTAM – BVU Scholar Awardees is being framed up. *We will be looking for its sponsors as well.*

### Project Proposal

Having realized a need for integrative activities IASTAM has applied for a project in association with College of Ayurveda to develop an IT based support system for Cancer treatment by AYUSH practitioners and institutes. We hope to receive approval for this project from Ministry of AYUSH. *IASTAM will starve to look for such interdisciplinary or multidisciplinary activities.*

### Book on 'Asian Medicine'

In view of the new activity theme “Connecting Systems; Bridging Disciplines” as declared at ICAAM 2016 we have moved a step forward. We are now ready with a text on 'Asian Medicine'. A group of teachers from *Department of Samhita, Siddhant, College of Ayurved, Bharati Vidyapeetha University* has worked to prepare an extensive text under my directional and editorial guidance. *The work is in final stages and the final text will be ready soon.* We have been fortunate to have a sponsor to publish this already.

### Our 'IASTAM Communique'

IASTAM – India Communiqué has now evolved into an attractive format and has been published regularly for last 6 issues. Many members have appreciated its shape and form. In addition to a medium as a newsletter of our activities, its main objective, there have been suggestions to get more content. *We ask for your suggestions.*

### Joining Us

I appeal for joining IASTAM to help it grow and serve its multidisciplinary activities in more productive manner. I request AYUSH Colleges and other Scientific Institutes and bodies to join IASTAM as 'Institutional Members' to increase its academic strength. IASTAM is not an advocacy group and therefore has limited resources. Academic, research and developmental interests are its strength. *Your support for this platform organization will help growth of traditional systems of medicine.*

### Journal for AYUSH Practitioners

The AYUSH sector in general does not have quality journals. Several academic institutions have initiated such activities. This is a welcome step. Time and again the documentation of significance of AYUSH practice at ground levels

has been a subject of *interest and inquiry*. Claims of unique methods of treatments, difficult to cure diseases, unique patient experiences, practice oriented inferences of principles and such have always been point of debate for its reliability and acceptability. The AYUSH practices essentially represent knowledge traditions and interpretations. It is desirable that these experiences and inferences are facilitated for proper documentation and validation within the realms of its own logic for further propagation and application. At the recently held meeting of our managing committee this

subject was discussed at length. Traditionally, a practitioner was a living link between the knowledge and the application. With institutional infrastructure we are in urgent need to revive that link.

Journal for AYUSH practitioners to provide link between academics, researchers and the actual practice is one such idea. Let us put out thoughts together to provide a platform to develop such a link. *I urge practitioners and researchers to come forward with your views and suggestions.*

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## Proceedings ready!!!

Two parts

### ICAAM Part I -

Inauguration, Plenary Sessions, Pre-conferences, Symposia, Round Tables, Valedictory, ICAAM Photo Gallery, Recommendations

### ICAAM Part II

Scientific Papers - Oral and Poster presentations, Panel discussion, IASTAM - BVDU Awadees - Best MD / Ph. D presentations

Non participants may request for Proceedings copy @ Rs. 200 for postage / courier till copies in stock

*Contact:*

*IASTAM Office - Bharati Vidyapeeth University, College of Ayurved, Dhakawadi, Pune - 411043*

*Ph- 020 - 24373954 / 9860085980*

*email - iastam.india@gmail.com*

## A CONSULTATIVE MEET TO PRIORITIZE AYUSH RESEARCH ACTIVITIES IN THE FIELD OF CANCER FOR INTERNATIONAL COLLABORATION

## Proceedings ready!!!

Deliberations on 'cancer, an issue of great significance' in an outcome oriented manner.

'Cancer Care Needs & Ayush Possibilities'.

Group Discussions of experts from different systems of AYUSH.

Outcome

Recommendations,

Road Ahead.

Non participants may request for Proceedings copy @ Rs. 200 for postage / courier till copies in stock

*Contact:*

*IASTAM Office*

## Ayurvedic Medicine in Modern Health Management 18<sup>th</sup> International Ayurveda Symposium

**The 18<sup>th</sup> International Ayurveda Symposium will take place at the European Academy for Ayurveda in Birstein (Hesse) from September 9<sup>th</sup> to 11<sup>th</sup> 2016. The convention for doctors, alternative practitioners and therapists has ranked among the most important Ayurveda conferences in Europe for many years now. Professors from Indian universities, representatives from international associations and institutions, Indian cooperation partners as well as European traditional and complementary medicine experts are expected. The entire Ayurveda world is meeting in Birstein.**

The International Ayurveda Symposium has established itself as an integral part of the annual calendar of the Ayurveda world. For 18 years now, **doctors and professors, therapists and Ayurveda practitioners** have been getting together at the **convention** of the European Academy for Ayurveda in Birstein. In 2016 again, **top-class speakers from India and Europe** will present new insights of Ayurveda research and clinical experience – a superb forum with **over 40 live speeches, workshops and expert groups** – for further training as an Ayurveda therapist or advisor.

The unique speeches and practical seminars held by recognized Ayurveda experts from all over the world are accompanied by exciting panel discussions, personal interaction and an inspiring atmosphere on campus. The main topics this year range from **Ayurveda medicine in the field of tension between spirituality and science, treatment methods of gastroenterological diseases and intolerances to health in companies: Ayurveda concepts for sustainable prevention and health management.**

### **Symposium Focus Topic: Agni & Ama – Treatment Methods of Gastroenterological Diseases and Intolerances**

Especially when it comes to gastroenterological diseases, the Ayurveda medicine distinguishes itself by a differentiated diagnosis and a holistic treatment method. Now, at a time when more and

colon and a great variety of uncertain digestive disorders, the qualified engagement with the different (dys-) functions of the digestive system (Agni) and the precise analysis of Ama-symptoms (metabolic waste products) and causes offers new approaches for the treatment practice.

Excerpt from the speeches on this topic in the 2016 Symposium program:

Ama-development, symptoms, therapy with Dr. Rajesh Kotecha

Agni and Ama from a medical point of view with Prof. Dr. S. N. Gupta and Oliver Becker HP

Nutrition therapy in practice with Prof. Dr. Tanuja Nesari and Prof. Dr. S. K. Mishra

Massage in spite of Ama? How do I treat patients with Ama complaints with Petra Brattinger

### **Symposium Focus Topic: Ayurveda Medicine in the Field of Tension between Spirituality and Science**

Ayurveda does not only comprise medicine and therapy, but it is also a doctrine of a balanced life. Spirituality is seen as a natural part of being human.

People know themselves and know what actually strengthens or weakens them in life. On this basis, the right decisions can be made, forming the basis of action in everyday life leading to good habits.

Spirituality in this sense simultaneously involves far-reaching self-awareness and ethical action. Inner and outer reality are in connection with each other and evoke an integrated awareness of life – a sense of coherence in terms of the salutogenesis.

The success of Ayurvedic therapies can be examined through scientific research as well as the soothing effects of a balanced way of life.

Thereby, it is important that the research methods can meet the challenges of the complex nature of the Ayurvedic system and the multifactorial genesis of health.

Speeches on this topic in the Symposium program 2016:

The self as a health resource – spiritual dimensions of Ayurveda with Prof.Dr. Martin Mittwede

PanchaMahabhutas and holy geometry – a visual connection that explains every spiritual and scientific search with Dr. Vinajak Nair

Spiritual roots of Ayurveda with Ashtavaidyan rayanan Nambi

Keynote speeches with a subsequent panel discussion – Spirituality and religion in the context of Ayurvedic medicine:

Host: Prof.Dr. Martin Mittwede

Spirituality & religion in the context of holistic medicine with Prof.Dr. med. Dipl. Psychol. Rolf Verres

Blending spirituality and science in the tradition of Ayurveda with Dr. Ram Manohar

The significance of Ayurveda and its spiritual component for society with Prof. Dr. S. K. Mishra

### **Symposium Focus Topic: Health in Companies – Ayurveda concepts for sustainable prevention and health management**

More and more companies search for sustainable prevention measures in the operational health management in order to support employees' physical and mental health. This opens new fields of activity for Ayurveda experts. Especially combined applied knowledge of the Ayurveda psychology, nutrition and regulative therapy offer interesting solution approaches to a wide-ranging consultancy-, coaching- and training-service – from the personally suitable choice of career, or the career development to a healthy catering and break arrangement during shift work.

You can find all the details of the program as well as the registrations online at

[www.ayurveda-symposium.org](http://www.ayurveda-symposium.org).



Top Veranstaltungsort



Top Referenten



Top Home



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#### **Event location and contact:**

Rosenberg GmbH, Europäische Akademie für Ayurveda

Forsthausstraße 6, 63633 Birstein

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[www.ayurveda-akademie.org](http://www.ayurveda-akademie.org)

Social media:

[www.facebook.com/AyurvedaAkademie](https://www.facebook.com/AyurvedaAkademie)

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## **Meeting Ground**

Do you need some help?

At times we do. we will be happy to identify a collaborator or an institute by publishing your specific need in brief.



## Indian Association for the Study of Traditional Asian Medicine

### IASTAM Oration and Awards

Recognition of respect for true knowledge and achievement in the field of traditional medicine has always been a commitment at IASTAM-India. It is also a stated mission statement of IASTAM India for the past 35 years.

It has also been IASTAM – India's endeavor to provide a bridge between different streams of knowledge faculties involved in the development of the Traditional Systems of Medicine. These Awards are in tune with the interdisciplinary spirit of IASTAM.

The visionaries in whose fond memory these awards have been instituted have been brightly burning beacons of knowledge that have lighted many candles of learning in generation to come.

The awardees are inspirational icons of today their feats have taken the science to newer heights. IASTAM India honours the extraordinary intellectual talent.

IASTAM Members are requested to nominate the best of experts for following categories

- 1 ***Pandit Shiv Sharma Oration For 'Contribution to Promotion of Ayurveda'***
- 2 ***Zandu International Award For 'Excellence in Research Contribution to Ayurvedic and / or Natural Products'***
- 3 ***Zandu International Oration (Indian Citizen) For 'Excellence in Research Contribution to Ayurvedic and / or Natural Products'***
- 4 ***Prof. K. N. Udupa Award For 'Contributions in Research in Indigenous Systems of Medicine'***
- 5 ***Dr. C. Dwarkanath Award For 'Contributions to Contemporary Interpretation or Application of Ayurvedic Principles'***
- 6 ***Dr. K. M. Parikh Memorial Award For 'Contributions to Development of Ayurvedic / Herbal Pharmaceuticals'***
- 7 ***Shri Jugatram Vaidya Award For 'Excellence in the Profession'***
- 8 ***Shri Mathurdas Parikh Award For 'Excellence in Teaching'***
- 9 ***Vaidya Haribhau Paranjape Award For 'Excellence in Shalya Tantra'***
- 10 ***Yoga Forum Manchen Patanjali Award For 'Contributions to Yoga'***
- 11 ***Shri Gopaldas Parikh Award For 'Drug Development'***
- 12 ***Raj Vaidya Nagindas Shah Award For 'Excellence in Rasashastra'***

*List of Previous Awardees updated on website - [www.iastamindia.org](http://www.iastamindia.org)*

**SUBMIT**

## **IASTAM Baidyanath Awards (Three)**

**Research on Ayurvedic Classical Products  
Standardization, Technology, Validation**

Indian Association for the Study of Traditional Asian Medicine (IASTAM) in association with Shree Baidyanath Ayurved Bhawan Pvt. Ltd. has instituted three new awards in development of ayurvedic classical products. [Cash Prize]

- For Best Research In Standardization Of Ayurvedic Classical Product.
- For Best Technology Adaptation For The Basic Classical Ayurvedic Product Concept.
- For Best Validation / Clinical Research Of A Ayurvedic Classical Product.



Indian Association for the Study of Traditional Asian Medicine  
(IASTAM) and

Shree Baidyanath Bhawan Pvt. Ltd



**Guidelines & forms enclosed herewith**

## **National Ayurved Scholar Awards**

**SUBMIT YOUR THESIS**

**Best Ph. D. Thesis in Ayurveda - Cash prize**

**Best MD/MS Thesis in Ayurveda - Cash prize**

**Best Ph. D. / MD/MS from Bharati Vidyapeeth University**



Bharati Vidyapeeth University (BVU)

and



Indian Association for the Study of Traditional Asian Medicine (IASTAM)



## Upcoming 2<sup>nd</sup> International AyurVeda Congress (IAVC) April 1-2, 2017, London UK “Ayurveda The Pursuit of Health, Happiness and Long Life”.

1<sup>st</sup> International AyurVeda Congress (IAVC-2015) was organized on April 11- 12, 2015 at Roremond, The Netherlands by three organizations viz. *All India Ayurvedic Congress*, New Delhi; *International Academy of Ayurveda (IAA)*, Pune and *International Maharishi Ayur Veda Foundation (IMAVF)*, The Netherlands. Eighty Ayurvedic experts from India participated in what became one of the biggest Ayurvedic Congresses in Europe. This congress was a huge success with 500 delegates from 37 countries, 20 plenary sessions and 25 research presentations in parallel sessions.

Now, *All India Ayurvedic Congress*, New Delhi; *International Academy of Ayurveda (IAA)*, Pune and *International Maharishi AyurVeda Foundation (IMAVF)*, The Netherlands extends a warm invitation to all health professionals, Ayurvedic scholars, and researchers from India and around the world to participate at this Second International Ayurveda Congress to be held in London.

Internationally renowned scholars will be keynote speakers at the congress and will present scientifically verified solutions to showcase the effectiveness of Ayurveda towards fulfilling the human pursuit of health, happiness and long life.

The International Ayurveda Congress offers a prestigious platform for research scholars to present their findings in various fields of Ayurveda. The latest innovative and pioneering work will be presented in this congress.

Program of Congress is well arranged. On Saturday 1 April: Morning – *Plenary Session*: Inauguration and opening ceremony with Guests of honor and prominent speakers – Time-Tested, Scientifically Verified Solutions for the Health Problems of Our Time. Afternoon – *Parallel Sessions*: Brain Health, Cardiovascular disorders, Youthfulness and Longevity; Genetics and Epigenetics. *Plenary Session*: Prominent speakers, Panel discussion and Q&A, Felicitations. Evening – Cultural Event – after dinner – MERU Concert – Finest of Indian Classical Musicians

On second day of congress i.e. on Sunday 2 April:

Morning – *Plenary Session*: Opening remarks, prominent speakers – Time-Tested, Scientifically Verified Solutions for the Health Problems of Our Time. Afternoon – *Parallel Sessions*: Skin Health, Women's Health, Nutrition and Digestion; Lifestyle. *Plenary Session*: Panel discussion and Q&A; Felicitations; Summary and concluding remarks. Evening – after dinner – Thames River Evening Cruise

On 3 April, Monday (optional): after breakfast London sightseeing bus day-tour

Congress Extension for Indian Vaidyas 4–8 April: This is especially for Vaidyas who would like to go deeper into the knowledge; this extension is offered with seminars on the different modalities of Maharishi Ayurveda including pulse diagnosis, aroma therapy and instruction in the Transcendental Meditation technique. The extension will have a stay at a wonderful countryside Maharishi Peace Palace in Rendlesham and will have more sight-seeing tours as well.

**Transcendental Meditation** or TM as formulated by his Holiness Maharishi Mahesh Yogi is a scientifically proven, natural and effortless technique to give deep rest to the body, relieve it from stress and tensions and to develop its full creative potential, efficiency, alertness and enlightenment. The experts will present scientific research studies on various disorders. They will discuss about benefits of TM in all area of life including mental and physical health, for maintaining good health, self-development and better health habits.

Patron of congress is **Dr. Tony Nader, MD; PhD**. **Dr. Nader** received his M. D. degree from the American University of Beirut. His Ph. D. is in the area of Brain and Cognitive Science from the Massachusetts Institute of Technology (MIT), and he completed post-doctoral work as a Clinical and Research Fellow in Neurology at the Massachusetts General Hospital, Harvard Medical School.



Dr. Nader has written two ground-breaking books: Human Physiology: Expression of Veda and the Vedic Literature and Ramayan in Human Physiology. In his latest book Dr. Nader's scientific analysis finds the ancient epic of the Ramayan (from the Itihas aspect of the Vedic Literature) to be a precise scientific description of how our body functions and evolves. His interest in natural health care led him, while at MIT, to conduct research on Maharishi Ayur Veda herbal and mineral preparations, investigating their safety, effects on memory and behavior, and their ability to prevent ageing and disease.

President of Congress are 3 eminent personalities viz. **Padma Bhushan Vaidya Devendra Triguna**, President, AIAC, **Prof. Dr. Subhash Ranade**, Chairman, IAA and **Dr. Rainer Picha** Chairman, IMAVF.

Vice Presidents are 3 directors of IMAVF **Dr. Walter Mölk**: **Lothar Pirc**: **Dr. Girish Momaya**, **Dr. Karin Pirc**, Medical Director, Maharishi Ayurveda Health Centre Bad Ems, **Dr. Sunanda Ranade**, Vice Chairperson, IAA, **Vaidyaraj Sunil B. Patil**, Founder-President, Vanoushadhi Vidhyapeeth are also the vice presidents of this congress.

Moderators are **Dr. med. Ulrich Bauhofer** President, German Society for Ayurveda (DGA) and Author and **Lothar Pirc** Director, IMAVF

Secretary of Congress are **Prof. Dr. Gunvant Yeola** Director of International Academy of Ayurved, Pune India and **Silvia Hawkins**, secretary of IMAVF.

Organizers have announced special package for Vaidya or medical professional from India, Nepal, Sri Lanka, Bangladesh and Pakistan. Early Bird Rates are valid until 30 Nov 2016. For more details of registration please visit [www.internationalayurvedacongress.com](http://www.internationalayurvedacongress.com) and feel free to contact us if any query.

Hotel Novotel London West Hammersmith W6 8 DR LONDON – UK is the Venue for congress and accommodation.

Ayurved has a traditional heritage and it has been preserved by our expert ancestors. We have to preserve it further and take it forward. Let's come together, be a part of IAVC 2017, London for a noble cause.

**'Coming together is a beginning, staying together is a progress and working together is success.'**

*Prof. Dr. Gunvant Yeola,  
Head Dept. of Kayachikitsa, Dr. D. Y. Patil  
College of Ayurved and Research Center,  
Pimpri, Pune and Director of International  
Academy of Ayurved, Pune, India  
[gunvantayurved@gmail.com](mailto:gunvantayurved@gmail.com)  
Website : [ayurved-int.com](http://ayurved-int.com)*

## Kindly Note:

With this issue are enclosed Nomination forms and guidelines for IASTAM Oration & Awards, National Ayurved Scholar Awards and IASTAM Baidyanath Awards.

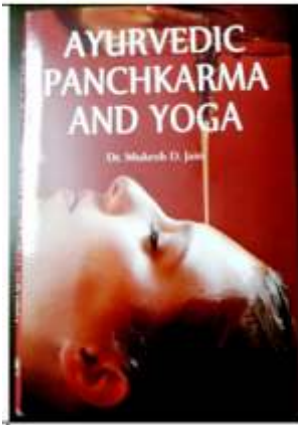
Visit:- [www.iastamindia.org](http://www.iastamindia.org)

Nominate more & more people

## APPEAL

IASTAM appeals for contributions and donations from individuals or groups or such bodies to institute Awards to encourage its interdisciplinary mission. IASTAM desires to have an independent Annual Oration Award Function so as to invite the inventive minds together to listen to their views and share experiences.

## Book Review - “AYURVEDIC PANCHAKARMA - Simple Treatment of Complex Diseases” by Ayurveda Acharya Dr. Mukesh D. Jain



Panch Karma is Ayurveda's most popular therapy. The present book is based on author's 30 years of clinical practice in India and abroad. Book describe scientifically verified treatment agenda for several serious ailments such as ageing, over weight and hyperlipidemia, muscular dystrophy, psoriasis, rheumatoid arthritis, hypertensive heart attack, cervical Spondylitis, low back pain, migraine and Parkinson's diseases. ISBN: 81-7017-453-8 Price Rs 450 Abhinav Publications, New Delhi

It is an honor and a pleasure for me to write a review to the last book by Dr. Mukesh D. Jain entitled “AYURVEDIC PANCHAKARMA - Simple Treatment of Complex Diseases”.

It is not easy and frequent to encounter books on Ayurveda, and especially on Panchakarma, written in a simple and straightforward way like this one. The increasingly popularity of Ayurveda and of Panchakarma demands accuracy as well as clarity of information, elements which constitute the essence of Dr. Mukesh D. Jain's book.

“AYURVEDIC PANCHAKARMA - Simple Treatment of Complex Diseases” is a comprehensive text which covers in a very handy way, all the needed information to get acquainted with Ayurveda and its unique complex ensemble of techniques named Panchakarma. The elaborate representation of reality proper of Ayurveda, the derived therapeutical as well as diagnostic logic and the complexity of Panchakarma are incredibly clearly elucidated. Every section of the book is exhaustive and completed by an accurate Reference list of literature consulted by the author, necessary element for an in-depth analysis by the reader. Mechanism of actions, procedures, warnings and clinical indications are fully detailed, and, if possible, correlated by interesting color photos.

Noteworthy, the author takes in consideration not only the procedures of classic Panchakarma, but also the ones typically originated in Kerala and named Keraliya Panchakarma, giving in this way a more complete information and guidance. In this respect the book poses itself well above the average, offering an exhaustive description of some of the main treatments used in the Keraliya Panchakarma. Moreover, for each treatment, after a detailed description and clinical indications, the equipments, the materials to be used along with the most common utilized recipes are also fully illustrated. In this section it is of particular interest the description of some taila (medicated oils) of common use.

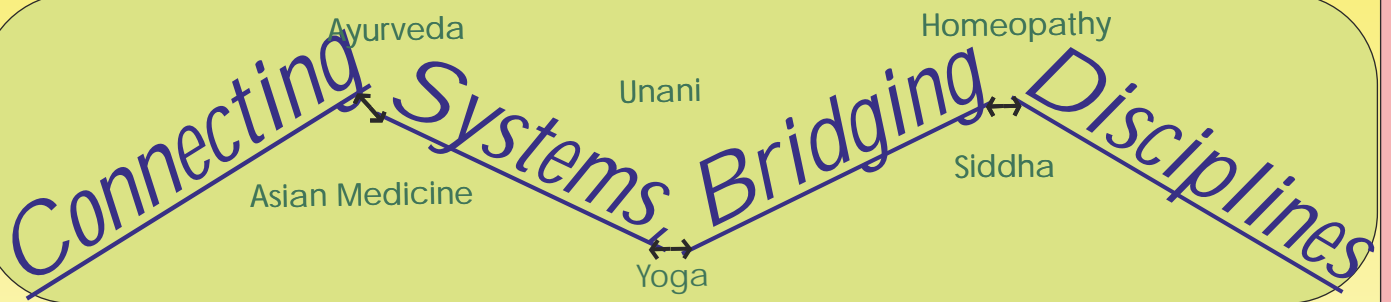
At the end of the volume, an useful list of the most common ayurvedic herbs is given, with sanskrit name, the corresponding botanical latin name and the principal medical uses.

However, on my opinion, the most important part of this handy although comprehensive book, is the section about “Treatment of Complex Diseases”, in which Dr. Mukesh D. Jain expresses at the best his high competence and experience as top-level clinician. In this section some of the most common but demanding pathological situation are taken in consideration, and for each of them is given, as a template, a complete agenda of Panchakarma treatments, supplements and pharmaceutical preparations, full list of references and even the preferred food, behavior and life style to be advised to the patient. This is an invaluable addition to the book, which derives from the generosity of Dr. Mukesh D. Jain that makes available his 30 years experience to us for the benefit of all our patients.

In conclusion I strongly advice “AYURVEDIC PANCHAKARMA - Simple Treatment of Complex Diseases” by dr. Mukesh D. Jain to everyone who wants a complete and practical information on Panchakarma, the most intriguing therapeutical tool of Ayurveda.

*Dr. Antonio Morandi, Chairman & Director, AyurvedicPoint  
 President, SSIMA - Italian Scientific Society for Ayurvedic Medicine  
 Co-Head of Scientific Board, IRSA - International Seminar on Research in Ayurveda, Birstein,  
 Chief Editor - International Office, Ancient Science of Life - a multidisciplinary scientific research  
 journal in Ayurveda*

# IASTAM ACTIVITIES



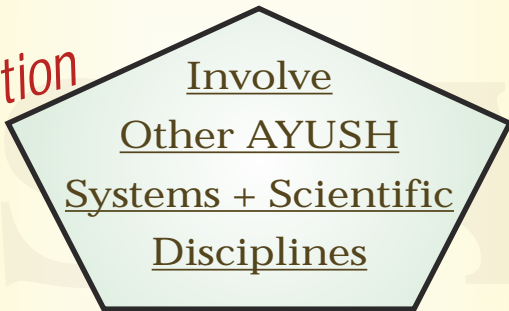
- ◆ Communique
- ◆ Website
- ◆ Social Media
- ◆ Thesis Publication
- ◆ Publications
- ◆ Other

## Oration & Awards

- International Awards
- BVU Awards
- Selection
- New Annual Function

## Activities

- Collaborative
- Joint
- Follow up
- New



- Meetings
- Regular Contact with Members
- Contact - NAC (Senior experts)
- New Members Membership
- Drive -Q

## Accounts & Finance

- Regular Enlistment*
- Follow up*
- Update*
- Back up (O & P)*

- Meets
- Conference
- Conclave
- Workshop
- Symposia
- Seminar
- Round Table

- Raising funds for IASTAM
  - Exploring Project
  - Creating Opportunities for IASTAM
- 

# ANNOUNCEMENT

Visit Our Website-  
[www.iastamindia.org](http://www.iastamindia.org)



Indian Association for the Study of Traditional Asian Medicine

## *Connecting Systems, Bridging Disciplines*

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INDUSTRIES, INSTITUTES, COLLEGES  
UNIVERSITIES, ORGANISATIONS

## F or I nstitutional Membership

*Join Hands with IASTAM - India  
for Development and Global Reach  
of Indian Systems of Medicine (AYUSH)  
and Asian Medicine*

Reach us at Email : [iastam.india@gmail.com](mailto:iastam.india@gmail.com)  
Website: [www.iastamindia.org](http://www.iastamindia.org)  
Contact : 020 24373954, 9860085980

You might receive this issue of  
Communique - Newsletter  
as a complementary copy  
though you may not be a member  
of IASTAM - India.  
Kindly confirm your membership  
status.

You all are requested to update  
your email id and mobile number on  
[iastam.india@gmail.com](mailto:iastam.india@gmail.com)

### **IASTAM COMMUNIQUE**

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