

IASTAM - INDIA

Communiqué

NEWSLETTER

INDIAN ASSOCIATION FOR THE STUDY OF TRADITIONAL ASIAN MEDICINE

पारंपारिक आशियाई स्वास्थ्य परिषद – भारत

PLANNING 'ICAAM 2016'

The planning for 'ICAAM 2016'- *International Conference on Advances in Asian Medicine to be held in Pune (3-7 January 2016)* that begun about four months back is shaping up well. The members of the managing committee met several times to deliberate on details to plan this important event.

The planning has not been easy. Even after having experience of organizing several meetings, there is always new to learn. A simple process to receive the international delegate fees in modern connected world, through credit card or internet, which sounds so easy to utilize was not easy to begin with. For a non-profit organization, to avail the facilities took substantial efforts of all concerned. The process to integrate the system in itself was a technical challenge with lack of uniformity amongst banking methods and methods adopted for the association. Fortunately thanks to the personal efforts of Mr. Ashutosh Gogate, the Axis Bank Manager and efforts of executives of Alpcord Networking Pvt. Ltd., finally it has become functional.

'ICAAM 2016' - Collaborating Institutes / Organizations

IASTAM -India has been whole heartedly supported by different institutes and organizations. Vd. Rajesh Kotecha, Hon. Vice chancellor, Gujarat Ayurveda University, Jamnagar; respected Dr. H R Nagendra, of Swami Vivekanand Yoga Anusandhan Samithan, Bengaluru; Prof. Subhash Ranade, of International Academy of Ayurveda, Pune; Dr. Abhay Chowdhary, Haffkine Institute for Training, Research & Testing, Mumbai; Dr. Dharam Vir of All India Ayurveda Specialists (Post-Graduate) Association, Delhi and my friend Reinhard Bogle from Yoga Forum, Munich (Germany) – all very enthusiastically agreed to be our collaborative organizations. Further discussions are ongoing for their active involvements and joint activities.

I am happy that leaders who could appreciate the agenda for need for 'Asian Medicine' to come together have extended their help. Their faith in IASTAM – India's ability to provide right platform for deliberations having international ramifications is encouraging. ADMA, the Ayurvedic Drug Manufacturers' Association has extended its active support to

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July - September 2015

our event. Most importantly, the enthused support received from Dr. Abhijit Patil and his academic colleagues at Bharati Vidyapeeth University, College of Ayurved, Pune; our host-organization, builds confidence for a good scientific event. Initial responses to several institutes that I personally visited in Pune and other parts of Maharashtra have been of interest and eagerness to participate. Several academic and research initiatives will definitely help us plan subject oriented discussions with participation of learned experts. We are looking for more collaborations and support.

Ministry of AYUSH

We have officially approached Ministry of AYUSH. After the success of International Yoga Day where Yoga has reached a new level of diplomatic and political acceptance. The ministry seems eager to take on new tasks. Our conference dates have been entered into calendar. We are hopeful that to receive encouraging support from Ministry of AYUSH in coming days. We will continue to persuade attention of social and political leadership for objectives of ICAAM 2016. *In all our recent communications need for Asian Medicine to come together has repeatedly been emphasized. Global collective promotion of Asian Medicine will be the right political and diplomatic approach, not only for Indian systems of medicine but the indigenous and traditional systems of medicine of Asia for benefit of the world. I hope and pray that the leadership in these countries that we are trying to reach out will recognize these needs and extend their active support.*

It is interesting to observe that 'Yoga' has received much greater acceptance during last few decades by efforts of few. People the world over are undoubtedly in need of self-care and new approaches to health care as against the costly institutional medicine having questionable components and practices. It is important to recognize that it is the 'need of the people' that finally drives the acceptance of a system. Yoga is the most obvious example of such an acceptance. India now needs to prepare itself to reorganize, contemporize and regularize its own health care systems for the benefits of its own people. The necessity of commonality of such an approach amongst Asian nations must be recognized while dealing with systems based on cultural beliefs, effectiveness through faith and its ability to withstand the challenges of times for its effectiveness. Acceptance by people will happen only if the reliability is confirmed; that needs newer methods and means. Let us accept that reliability of effectiveness must be established within a paradigm itself rather than creating competition with others.

Pre / Post Conference Events

As we plan for a productive event, efforts are being made for fruitful discussions on subjects of relevance. I am happy to inform that proposals for three pre-conference events on subjects related to Validation; Bio & Cosmo sphere relationship & Yoga are already being finalized with international participation. A proposal on learning and integration in modern times with new age technologies in the context of Asian medicine is being considered. A satellite event on Yoga in Bengaluru after the conference is being planned. In coming days we shall interact with leading

institutes and organizations of the country to finalize productive events on issues and subjects of national and international significance.

Venue for ICAAM 2016 - Hotel Orchid, near Balewadi

We considered several situations and locations for the conference that would help easy reach for both international and national participants coming from different parts. We reviewed possibility for a common venue where different activities of inauguration, plenary sessions, parallel scientific sessions and exhibition could be undertaken under the same roof. I am happy to inform that a 'Memorandum of Understanding' has now been reached with well-established Hotel Orchid / Vits, having 5-star and 3-star facilities at Balewadi near Sports Complex as the venue for ICAAM 2016. The convenience of single location to avoid day-to-day travel and most competitive costs of stay that we could negotiate will be appreciated by the participants. Hope, the participants will take full advantage of the negotiated room rates for limited number of rooms that are made available under the negotiated rates with early registration and bookings.

An Additional IASTAM - International Award

Once again must put on record the support received from M/s ENAMI Ltd. A suggestion with respect to the 'International Award' to be given to an Indian citizen as well received positive response. IASTAM - India is now proud to announce that the earlier Zandu Bhatt Oration is now upgraded with additional contribution from M/s ENAMI Ltd., as Zandu International Oration Award. Thus now onwards the 'IASTAM Zandu International Award' will be offered to an Indian citizen as well as an expert from other parts of the world. We sincerely appreciate the trust expressed by M/s ENAMI Ltd. in IASTAM - India to extend these Awards.

Nomination for IASTAM - India Awards and National Scholar Awards

As you read this Communiqué, the procedure for inviting nomination forms for the next IASTAM Oration Awards has begun. I invite the teaching faculty of Ayurvedic Institutes to take active participation and send their proposal for IASTAM - BVU Awards for the best Ph. D. and MD theses. *We plan to have the next Oration & Award function with ICAAM 2016 that will be a landmark event.*

ICAAM 2016 Participation

As the ICAAM website is fully operative. I request one and all of you to take advantage of the *early bird registration* so as to actively participate and be part of this multidisciplinary event on Asian Medicine. It will be event to network, to understand more about our own systems and realize potential of indigenous systems in the competitive world of medicine.

I am happy to inform that four major groups from Europe have committed of their participation with confirmed participation of their members. We have reached out to embassies and our consulates in different countries for their support. Responses have started coming in with inquiries on contents and outcomes. Prof. Subhash Ranade, our well-wisher has put in his efforts to bring different groups that he is associated with.

We look forward to participation of all these experts, scholars and practitioners from all over the world.

I request all members of IASTAM - India to come forward and join for this important event.

Relevance of ICAAM in Contemporary World

Prof. R. K. Mutatkar
Founder Secretary General of IASTAM - India
Former President of IASTAM - India

The term Asian Medicine is used in the context of Asian Culture or Asian Civilization. The bipolar division of the world is expressed as Orient and Occident, East and West, North and South in terms of unity and diversity of cultures and traditions. Health as an aspect of culture includes health care in the community, health professionals and preventive, promotive and curative therapies with the use of drugs and food as medicine. Spiritual practices, about health care and disease management are universal and form hard core of culture.

International Association for the study of Traditional Asian Medicine was established at Canberra in 1979 at the behest of scholars in Indology and Medical Anthropology with support from clinicians in Asian Medicine, and scholars of Asian Medical Systems studying history, languages, botany, pharmacy, and other disciplines, including stakeholders from industry and health administration.

During the last 35 years after Canberra, there have been global attempts for convergence of plural systems of medicine in clinical and public health issues in health care delivery. The recent manifestation of International Yoga Day on 21st June 2015 would strengthen ideologies and practices towards wellness. Yoga re-emerged as drugless therapy in recent times has been accepted to promote wellness. There has been a global shift from communicable to non-communicable ailments, while in countries like India there is double burden of both kinds of diseases. The general slogan "From Illness to Wellness" in addition to "Think Globally, Act Locally" is gaining significance.

Evidence based medicine using methods of modern science has now opened up doors to experience based clinical practices, without imposing the validity from modern scientific methods. Diagnostics is accepted as a tool evolved from innovations in physics and chemistry and not to be equated as modern therapeutics.

It is therefore necessary to deliberate on the advances in Asian Medicine in a comprehensive manner over the last four decades after Alma Ata declaration in 1978, and after Canberra Conference in 1979 we are witnessing the interest of multi-national pharmaceutical industry in products based

on traditions and experiences in Asia, validated in the classics of Asian Medical texts. Cosmetic industry is claiming to promote healthy skin with use of herbal medicine.

India's Independence in 1947 paved way for decline of colonialism all over the world. In health sector, this made an impact on growth of institutional facilities in medical education, health care and pharmaceutical industry in the public and private sector. Historically evolved plural systems of medicine were accorded statutory recognition. This gets reflected in two national health policies in India, now trying to integrate into one, concurrently with a distinct Ministry for Indian Systems of Medicine and Homeopathy (ISMH) acronymed as AYUSH. (Ayurved, Yoga and Naturopathy, Unani, Siddha, Homeopathy)

In India, efforts for integration of plural systems are being formalized through public health measures as National Rural and Urban Health Missions. Research in Reverse Pharmacology is making headway to validate traditional therapies from the standpoint of modern science. Classical systems of medicine are increasingly being used as complementary to modern medicine in chronic ailments such as cancer, diabetes, and regeneration of nerves and bones.

The Theme of ICAAM: Asian Medicine: Global Health and the sub-themes are planned to have brain storming across academic disciplines, about research for development, convergence in clinical therapies and the production and practices of drug and drugless therapy by people across societies. In the process, reinterpretations of classical texts, ethnobotany and impact of digital revolution may be discussed in the contemporary context.

This first conference about advances in Asian Medicine is expected to lead to integration of evidence based and experience based medical systems so that the people get the benefits of the strengths of plural systems of medicine.

The topics listed particularly under the sub-theme of Humanities and Social Sciences are meaningful for wider participation of global scholars who are not clinicians of Asian Medicine, but are interested in ethno-medicine, public health care including regulatory issues at the global and cross-national levels.

ICAAM is expected to offer opportunities to multidisciplinary scholars and stakeholders to join on a global platform to reflect on the prevailing situation of Asian Medicine in order to throw insights for future in research, development and practice.

On this occasion, history of International and Indian Association for the Study of Traditional Asian Medicine would be edited. It would help if the members and prospective participants would provide the information and perspectives of the events undertaken under the banner of IASTAM.



International Yoga Day, 21st June

Preparation Overview

The International day of Yoga celebrations are being planned by all Yoga Institutions all over the world in a very big way. The first meeting of the Inter-Ministerial Committee under the Chairmanship of **Shri Shripad Nayak Hon'ble Minister of State (Independent Charge), AYUSH** was held on 12th February 2015 to draw a clear action plan for the **Celebration of International Yoga Day on 21st June 2015**.

The Hon'ble Minister of State (IC), AYUSH concluded the meeting instructing all the members present to contribute in the best possible way for showcasing Yoga as India's cultural heritage to the world and to best utilize this opportunity to bring to the notice of the entire global fraternity the 'Preventive and Curative Strength of Yoga'. **United Nations declared June 21st as International Yoga Day**, as directed by the Hon'ble Prime Minister, the Ministry of AYUSH prepared an action plan for the celebration of International Yoga Day on 21st June 2015.

As a part of the International Yoga Day celebration

- M's Morarji Desai National Institute of Yoga (MDNIY) was proposed to conceptualize and develop three films emphasizing on the tutorial part classified as Yoga for beginners, middle aged and
- Ministry (AYUSH) shall produce a film on yoga for the masses
- The Ministry of External Affairs shall also develop documentary films on yoga

The final version of the DVD comprises of theory and practices for the scheduled 6 days camps, starting from 21st June. With Complete co-operation from all Yoga Schools across the country and abroad, Common IDY protocol for about 35 minutes comprising of a prayer, Shithikarana Vyayama (5 minutes), Asanas (15 minutes), Pranayama and meditation (5 Minutes each) followed by resolve and closing prayer selected by the Expert Committee of prominent Yoga Masters in the country has been designed. A booklet and DVD have been sent to all performing groups. The Hindi version is in the offing. Considering the overwhelming enthusiasm from Govt, Yoga schools and the general public, Crores of people are expected to participate on June 21st at 7 am, including nearly 37000 persons young and old performing the demonstrations of the common protocol at Rajpath. Ministry of External affairs is making all the preparation for celebrating the IDY in nearly 240 countries. An international conference on "Yoga for Holistic Health" is being organised in Vigyan Bhavan on June 21st and 22nd for the members invited from nearly 100 countries in addition to the invitees within the country. Tentatively it was proposed to perform mass yoga demonstrations at Rajpath between 8 & 8:30 am on 21st June 2015, Hon'ble PM

is requested to chair the event.

The Ministry planned to organize two day Symposium on Yoga at Vigyan Bhavan, New Delhi starting from 21st June 2015, to be inaugurated by the Hon'ble President and concluded by Hon'ble Prime Minister or Hon'ble Vice President.

Dr. H R Nagendra, the Chancellor S-VYASA narrated the committee as to the discussions with the Hon'ble Prime Minister Sri Narendra Modi regarding celebrating International Yoga Day by one and all across the country and also associating other yoga gurus including Baba Ram Dev, Sri Sri Ravishankar for the event and also of the 'Himalaya Yoga Olympiad' organized by VYASA.



The International Day of Yoga celebrated on June 21st in a massive scale both in India and most of the countries across the globe is the result of the efforts of the Prime Minister Sri Narendra Modi, who led this movement from the front, thus leading the UNO to declare June 21st as the International Day of Yoga, out of the 193 UN member countries, 177 countries supported the motion. Prime Minister, Sri Narendra Modi presided over the International Day of Yoga organised at Raj Path, New Delhi along with Sri Shripad Yesso Naik, Hon'ble Minister of State I/C, Health and Family Welfare. For the function, Sri Baba Ramdev, Dr. H R Nagendra, Sri Atmapriyandara, Padmavibhushana Dr. D Veerendra Heggade and Smt. Hamsaji were the guest of honour.

June 21st was a great day for India and beginning of a new world order. The common IDY protocol consisting of a prayer, 5 minutes of loosening practices, 15 minutes of Asanas, 5 minutes each of Pranayama and Meditation followed by a Resolve and closing prayer was demonstrated in Rajpath New Delhi, creating two Guinness world records by Ministry of AYUSH, for the largest number of persons practicing yoga on a single venue, on the first International day of Yoga and 82 countries participating in the event. There was lot of enthusiasm all over the country and the protocol was demonstrated in big numbers, small numbers, in schools, colleges, hospitals and various places. The event began with Welcome address by the Sri Shripad Yesso Naik, Hon'ble Minister of State I/C, for Health and Family Welfare and AYUSH. Prime Minister

Sri Narendra Modi, while addressing the massive gathering quoted that 'Today Raj Path has become Yog Path'. The Prime Minister was thrilled to see the huge gathering from all sect, creed, religion and age. While addressing the gathering, the Prime Minister, briefed the achievements and contribution to society in particular Yoga by all the guest of honour at celebration. Prime Minister being the follower of their ideology of Sri Swami Vivekananda, and having good knowledge of Yoga, stated that:

- Yoga is not a religion but it's the way of life.
- Yoga is confined to any religion, cast, creed or sect and it's universal.
- Yoga is not merely exercise meant for maintaining Physique but also tones the mental health.
- Yoga helps to change one's life and enables one to live life to the fullest.
- The Unity exhibited by the neighbouring countries in supporting the move at UN has brought us still closer. I extend my sincere thanks for the United Nations for recognising the importance of yoga.
- We are not just celebrating this day but we are imparting training for commencing a new era of peace.
- This event has made all other countries to look at our nation for rendering more responsibility and it's our responsibility to work towards it.
- Yoga is not the product to market, it should not be commercialized, if done so, it damages our ancestral lineage.

The Prime Minister Narendra Modi along with thousands of participants performed the Yogasanas, brought out in the common Yoga module protocol designed for the event.



The 1st celebration became the biggest event in the world with about 240 countries celebrating. NCERT in collaboration with S-VYASA University is planning to host HIMALAYA YOGA OLYMPIAD starting from July 1st, 2015 and concluding on 14 November, the world Diabetic day. Dr. Jaydeep Arya representing Swami Ramdev will be the secretary and Dr. Rabindra Mohana Acharya will be the Adviser. With these initiatives, Yoga is entering in a big way in our country. The two days international conference on Yoga for Holistic health in Vijnana Bhavan was inaugurated by PM Narendra Modi.



Workshop Of Medicinal And Aromatic Plants Stake Holders current Challenges And Recommendations 28 - 29 May 2015, New Delhi, India

The workshop on 'Current Challenges and Recommendations' organized by Federation of Medicinal and Aromatic Plants Stakeholders (FEDMAPS) with the support from the National Medicinal Plants Board (NMPB), Ministry of AYUSH, Govt. of India and participated by the traders, collectors, cultivators, and researchers from different parts of India to discuss the challenges, prospects and future needs of Medicinal and Aromatic Plants (MAPs) sector in India. Leading national and regional experts and authorities in the field presented major issues facing the MAPs sector and made valuable and actionable suggestions. Lack of easy access to resources, latest technological and market information and networking among and between traders, Govt. officials and scientists was one of the major topics discussed. Issues such as poor marketing information and infrastructure, data gaps, lack of common trading standards & good practices were also deliberated upon. The two day meeting has come up with a workable roadmap for future actions on taking the MAPs sector to a new height by suggesting suitable reform agenda in production and trading policies and regulatory affairs dealing with MAPs sector in India

that may also help other Himalayan countries from where medicinal plants are commonly sourced by Indian traders leading to improved quality, traceability, and sustainability.

The following issues and recommendations were identified and suggested for charting the Future Roadmap of the MAPs sector by the stakeholders participating in the workshop:

- Regulatory Affairs
- National Biodiversity Act
- Data Gaps in Forest Produce
- Networking and Trade Promotion
- Government Schemes & Programs
- Adulterants and Substitutes
- Trading Standards and Practices
- Miscellaneous





1st International Conference On Advance In Asian Medicines



THEME : ASIAN MEDICINE: GLOBAL HEALTH

3rd January to 7th January 2016 | The Orchid, Pune

ICAAM Sub-themes and Topics:

• Historical, Classical and Textual studies

This sub-theme will cover the topics related to literature on Asian Medicine, the efforts undertaken to comprehend and preserve the ancient documents and the critical and comparative literary explorations. Some of the topics under this theme are as follows -

- ➔ Historical, Textual And Comparative Studies
- ➔ Theorization and Justification Of Knowledge
- ➔ Philology Of Asian Healthcare Literature
- ➔ Translation, Transcription And Transliteration
- ➔ Digitization And Computation Of Classical Texts

• Principles and Practices

The Asian Medical systems built on their own axioms have unique approaches towards life and living including disease diagnoses, management and the therapeutic modalities. This theme will encompass areas such as -

- ➔ Holistic (Universal) And Philosophical Foundations
- ➔ Principles Pertaining To Functioning And Causation Of Dysfunction
- ➔ Principles Of Disease Development and Diagnoses Specific Diseases
- ➔ Therapeutic Approaches And Their Rationale
- ➔ Specialized Treatment Modalities And Unique Remedies

• Humanities and Social Science

This theme covers multi-dimensional topics of social relevance ranging from cultural, geo-political, ethical, affordability, economic and public health issues. The representative topics are -

- ➔ Challenges For The Asian Medical Systems
- ➔ Complimentary Needs, Approaches And Modalities Within Asian Medicine
- ➔ and Public Health, Health Economics and Affordable Health
- ➔ Ethno-medicine and Other Non-pharmacological Interventions
- ➔ Registration and Regulation Of Health Care Providers Of Asian Medicine

• Research, Technology and Development

Having strong clinical and therapeutic bases, variety of research activities covering different areas and subjects have emerged in Asian medicine. Development of methodologies to suit the Asian Medicine has been a challenge. This theme will cover topics as follows -

- ➔ Experimental Documentation, Clinical Notes And Anecdotes
- ➔ Community Surveys And Epidemiological Studies

- ➔ Application and Outcomes Of Modern Technology To Traditional Diagnostic Methods and Vice Versa
- ➔ Assessment And Validation (Clinical Research) Of Effectiveness Non-Pharmacological And Non-Conventional Interventions
- ➔ Whole System Research: Concept And Practice
- ➔ Contribution and Potentials Of Information Technology To Research

• Biomedicine, Advances and Interface

The modern age bio-medicine is in need of application modalities. With proper integration the Asian Medicine has potential to revolutionize present day care. This theme aims to deliberate on such topics.

- ➔ Contextual Relevance Of Asian Medicine To Newer Advances In Biological Sciences
- ➔ Concepts, Integration and Applications Of Personalized Medicine
- ➔ Translational Research
- ➔ Innovations For New Understandings, Treatments Or Drug Research
- ➔ Life Style Management and Preventive, Promotive and Reporative Medicine Modalities For Dialogue And Integration

• Pharmaceuticals, Industry and Institutional medicine

Traditional pharmacy is evolving and emerging as promising growth tool for the profession and with the consumer. These developments are in need of developmental processes and regulations. This theme encourages discussions on related topics.

- ➔ Pharmaceutical Developments Including Nanotechnology For Asian Medicine
- ➔ Standards For Ensuring Quality, Safety And Efficacy
- ➔ New Product and Drug Development
- ➔ Intellectual Property Rights
- ➔ Regulations For Manufacturing And Marketing Of TM Products
- ➔ Mechanisms For Consumer Awareness, Education And Protection

• Bio-resource and Ecological balance

Asian medicine is dependent on natural resources; plants, animal products, minerals and metals. The environmental issues have direct impact on Asian Medicine. The topics included in this important theme are -

- ➔ Bio-Resources And Sustainable Developments
- ➔ Bio-prospecting, Collection, Storage And Quality Retention Methods
- ➔ Rules And Regulations For Complimentary Use Of Bio-Diversities
- ➔ Promotional Ethics, Processes And Equity In Managing Bio-Resources
- ➔ Community Participation And Benefits



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15 Aug 2015**

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The Orchid, Pune

Category	Early Bird 15 Aug 2015	16th Aug To 15 Oct 2015	16th Aug To 15 Dec 2015	After And Spot Registration
Student	INR 2500	INR 3000	INR 3500	INR 4000
IASTAM Member	INR 2750	INR 3000	INR 3500	INR 4000
Regular Delegates	INR 3500	INR 4000	INR 4500	INR 5000
International	USD 200	USD 225	USD 275	USD 300
International SAARC	USD 160	USD 175	USD 225	USD 300

Abstract Guidelines

- The Paper should be related to the theme (sub themes and topic) of the conference
- One Participant should be submit only one paper as presenting author (though s/he can be coauthor for more than one paper)
- The scientific committee reserves all right of selection and rejection of paper

Abstract Structure & Format

- ✳ Follow The sequence- Title, Authors, Affiliation (address of authors)
Abstract (main body), Keywords
- ✳ Limit the abstract 300 words
- ✳ The abstract must clearly explain what was intended, done, observed & concluded. (references are not needed for the abstracts)
- ✳ The name of presenting author should be underlined
- ✳ Provide 3 to 5 keywords
- ✳ Authors are required the Themes / Sub Themes code (the one of best suited from the list)
- ✳ Font- Times New Roman, 12, Regular
- ✳ Only the papers which have not been published/ submitted for publication should be sent for presentation
- ✳ You may opt for either oral or presentation. However, The abstract submitted the oral presentation, if relevant should be consider for the poster presentation

All submitted 'Abstract' will be considered for oral or poster presentations.

"proceedings will be published and certificates will be of an International Conference"

Life Time Achievement Award to Dr. Madhukar Hari Paranjape

IASTAM – India is proud to update that one of our members, Dr. Madhukar Hari Paranjape was honoured by Maharashtra University of Health Sciences (MUHS) Lifetime Achievement Award.

A Scroll of Honour was offered by MUHS in recognition of significant contributions and services in the field of Ayurvedic Education especially in Sharir Rachana, Agadtantra and Streerog Prasuti Tantra and Eminent Educationalist over a sustained period of time in field of Health Sciences Education and Training, by the Management Council of Maharashtra University of Health Sciences, Nashik.

He is reckoned for excellence in teaching who has outstanding presentation skills and has made a broad and deep contribution in enhancing the quality of learning and teaching in the Health Sciences Education. He is a supporter of IASTAM – India, member of its managing committee and takes active participation in all our activities.



Dr. M. H. Paranjape

Centenary Celebration

J. B. Roy State Ayurvedic Medical College and Hospital



J. B. Roy State Ayurvedic Medical College and Hospitals situated at 170-172, Raja Dinendra Street, Kolkata 700004 is a heritage Institute of Indian indigenous classical system of medicine, the Ayurveda, established in the year 1916 with the dream, dedication, devotion and donation of legendary icon Late Kaviraj Jamini Bhusan Roy in the city of joy, the Kolkata. The Institute was earlier named as Astanga Ayurveda Mahavidyalaya and Arogyashala and later on, after its official foundation through the touch of the father of nation, Mahatma Gandhi, it was renamed as J. B. Roy State Ayurvedic Medical College and Hospital. Besides tireless effort of Kaviraj Jamini Bhusan Roy, contribution of Kaviraj Manmohan Pandey and Kaviraj Bijoy Ratna Sen are remarkable to build up this centre of excellence. In spite Jaminibabu was educated with modern allopathic medicine, having MB degree from the then Medical College, Kolkata; he converted himself as a renowned Ayurvedic practitioner, particularly in the field of gynecology. The Institute is also popular in the community with the name of Gandhi Hospital after the name of Mahatma Gandhi. Many scholastic students successfully passed out from this prestigious heritage Institute with the qualification of MASF and BAMS CCIM has declared it as the *oldest Ayurvedic Institute in India*. A year- long programme has been planned between February 10, 2015 and February 9, 2016.

The organizing committee has organized many CME on special topics. A national seminar on the medical topic "Edification, Exploration and Execution of Ayurveda" was being held at Agnibesh Hall of the Institute during July 1-2, 2015 to commemorate the 137th birth anniversary of the founder Kaviraj Jamini Bhusan Roy. The Centenary Celebration Committee will also organize an international seminar on "Promotion, Prevention and Pacification: Ayurvedic Landscape" during February 9-11, 2016 at Science City Auditorium, Kolkata. Many scientists from various parts of the world will join the programme for exchange of updated knowledge of Ayurveda. Main theme of the seminar will be new therapeutic modules of Ayurveda; research on botanicals, minerals & metals; basic and applied research of Ayurveda; new policies of Ayurvedic education and awareness; Future perspective of Ayurvedic drug industry, etc.

Contact details are as follows for participation in international seminar.

Dr. Pradyot Bikash Kar Mahapatra Dr. Tuhin Kanti Biswas

Organizing Secretary Chairman, Scientific Committee

Centenary Celebration Committee e-mail : biswas_tuhin@rediffmail.com

e-mail : pbkmp@hotmail.com jbikbiswas@gmail.com

Centenary Celebration e-mail : jbcentenarycelebration@gmail.com

Centenary Celebration website : <http://www.jbrojayurvedacentenary.org>



Plantation By Vaidik Method



जो खांडावया घाव घाली | का लावणी जवाने कोली |
दोघाएकती सावली | वृक्ष दे जैसा | |
नागरि इक्षुदंडु | पाळीतया गोडू |
गाळीतया कडू | जोडेपि जेपि | |
(Dnyaneshwari 12th Chapter)

Saint Dnyaneshwar had mentioned the importance of the trees and also called them "Saints". It is because trees are always beneficent. The treat all the people without fear or favor, who inculcate and grow them and also who cut them down. For example as we can see the Sugarcane never unbiased its taste by being sweet to the harvester and bitter to destroyer for crushing it down to drain all its juice. On the contrary, the tree grow humble and leaner even after bearing the fruits. Indians and the Trees always shared a genuine and abiding relationship from ancient times. Our culture is always bound with the woods. The Vayupuranas have mentioned the importance of the trees as follows:-

अथाश्वेतं त्रिपुल्लवकं चमोदकं चरुपिप्लवकम् |

कवित्वविक्रमवर्धनं च पञ्चमूलेषु वरकं न पतैत् | (पञ्चपुराण ७९/११).

It means the man who inculcates the plants of Peepal, Kavath, Bilva, Amla and Mango will never go to the hell which means all his sins will be forgiven. Unfortunately due to many historical and social causes have deviated such knowledge from us. To conserve such precious wood riches, our Acharyas have already given a solution that is a Vaidik Mantracharana method of plantation.

In this method the plantation is done by chanting the Mantras which can surely alter the merit of tree and it can be more fruitful.

This method is well described by the Highly Respected person from Nashik i.e Shrautacharya Vedamoorthy Shree Narayan Shastri Bhanose, in his "Vriksharopanvidhi" book.

College of Ayurved, Bharati Vidyapeeth, Pune, organized such precious Vaidik plantation on 15/07/2014 and successfully carried out.

In the starting Guruji took a vow about tree plantation and then done the Ganesh poojan. After that the pits for the plants were sprinkled with Panchamrita, Panchagavya, and Water mixed with Yava. All the saplings were worshipped with Haldi, KumKum, Akshata, Gandha, Flowers, Garlands, Chandana and Vastram etc. and the following prayer was chanted -

"Oh dear Plant, please cast Life, Strength, Supremacy, Success, Descendants, Livestock, the Universal Knowledge and Intelligence upon us. Please give us your desirable spectacle and Food."

After that Varuna rucha was chanted and water mixed with Yava was sprinkled again. The Gopooja was the special attraction of the event.

भावधो अंगुष्ठाः सन्तु |



Gopuja

As one can see, the Indian traditions speak a lot about the unique and unexceptional importance of Gopooja in any auspicious work. The plantation program was also done with Gopoojan properly. After that the 6 plants were planted according to their Nakshatras. The person who born on the specific Nakshatra will be having these specific trees as his venerable deity. These trees are also have medicinal properties.

वृक्षनाम	लक्षण
पिपल	पुत्र
केल	पुत्र
विव	अंतराक्षय
वम	अमृत
पल्लव	पुत्र
अमृत	पुत्र

The availability and organization of the plants - Dr. Manasi Deshpande and her colleagues for this program.

Financial support - Mr. Avinash Apte, California, U.S.A.

Pooja by the hands of - Vd. Sachin Kulkarni.

Anchor and Organizer - Dr. Madhuri Bhide.

Special Support and Inspiration - Dr. A. B. Patil, Principal; Dr. Bhalsing, Vice-principal College of Ayurved, Bharati Vidyapeeth, Pune.

Gracious Presence - Dr. Desale, Dr. Karandikar, Dr. Asmita Wele. (Respected Authorities from Bharati Vidyapeeth University, Pune)

Valuable Guidance - Dr. Bharucha, Principal, Environment Science College, Bharati Vidyapeeth, Pune.

On the Occasion- Angaraki Chaturthi

OBITUARY

Professor Pratip Kumar Debnath



Professor Pratip Kumar Debnath passed away on 25th April, 2015. In sad demise of Prof. Debnath IASTAM – India has lost an ardent supporter and active member.

Prof. Debnath, a great supporter of IASTAM – India and recipient of IASTAM – India Dr. C Dwarkanath Award 2015 was born in a traditional Ayurveda family. Son of Ayurvedacharya Late Labanya Gopal Debnath and Anima Debnath he was Professor of Kayachikitsa (Internal Medicine) at J. B. Roy State Ayurvedic Medical College & Hospital Kolkata. After graduation in 1966 at Kolkata, he joined IMS, BHU for MD (Ayurveda) in 1967 under Prof Y.N. Upadhyaya and worked on "Therapeutic uses of Cobra Venom (Bengal school of tradition)." and from Department of Pharmacology he did Ph.D

under Prof A.K. Sanyal. In 47 years of professional carrier he served different organizations like CCIM, CCRAS, ICMR, AYUSH, UGC, DST, BHU, and UPSC in different capacities. He was guide to many students of various fraternity like Ayurvedic drug development, Experimental and Clinical, Veterinary pharmacology, Herbal Pharmaceutical Management, and others.

His important researches covered gastric physio-pharmacology, immunomodulatory activity of Ayurveda Rasayan, Stress adaptation, Pulmonary tuberculosis add on therapy with AT Drugs. He worked with more than 50 medicinal plants and published more than 150 research papers. He visited European, African and Asian countries to deliver on different aspects of Ayurveda. Prof. Debnath was recipient of Uvna's Prize, in the Year 1977 and 1989. He was felicitated with fellowship by National Academy of Ayurveda, Government of India in 2009 and Indian Pharmacological Society in 2013. He was Member of Technical Committee, Pharmacovigilance on ASU drugs. After retirement he served as Consultant at National Research Institute of Ayurveda for Drug Development, Kolkata Department of AYUSH, Ministry of Health & Family Welfare, Government of India (2009-2012).

★

Announcement

National Ayurved Scholar Awards

IASTAM has established its academic link with institution of the 'Best PhD and Best MD Theses' awards at national level instituted with the financial support from Bharati Vidyapeeth University. With a view to encourage young generation researchers and promote excellence among upcoming scholars in Ayurved "National Ayurved Scholar Awards" have been instituted for

- Best thesis submitted and conferred for degree of Ph.D. in Ayurveda
- Best dissertation submitted and conferred for MD/MS in Ayurveda.
- Best thesis/dissertation submitted and conferred within the Faculty of Ayurved, BVU

With this issue are enclosed nomination forms and guidelines for National Ayurved Scholar Awards.

Kindly encourage to send more and more nominations.

APPEAL

IASTAM appeals for contributions and donations from individuals or groups or such bodies to institute Awards to encourage its interdisciplinary mission. IASTAM desires to have an independent Annual Oration Award Function so as to invite the inventive minds together to listen to their views and share experiences.

ANNOUNCEMENT

Have you registered?
Online registrations open!!!
Visit www.icaam2016.com



**"International Conference on
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**The theme of the conference
will be 'Asian Medicine: Global Health.**

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SubThemes

HISTORICAL, CLASSICAL AND TEXTUAL STUDIES

Literature on Asian Medicine, the efforts undertaken to comprehend and preserve the ancient documents and the critical and comparative literary explorations.

PRINCIPLES AND PRACTICES

The Asian Medical systems built on their own axioms have unique approaches towards life and living including disease diagnosis, management and the therapeutic modalities.

HUMANITIES AND SOCIAL SCIENCE

Multi-dimensional topics of social relevance ranging from cultural, geo-political, ethical, affordability, economic and public health issues.

RESEARCH, TECHNOLOGY AND DEVELOPMENT

Having strong clinical and therapeutic bases, variety of research activities covering different areas and subjects have emerged in Asian Medicine. Development of methodologies to suit the Asian Medicine has been a challenge.

BIO-MEDICINE, ADVANCES AND INTERFACE

The modern age bio-medicine is in need of application modalities. With proper integration the Asian Medicine has potential to revolutionize present day care.

PHARMACEUTICALS, INDUSTRY AND INSTITUTIONAL MEDICINE

Traditional pharmacy is evolving and emerging as promising growth tool for the profession and with the consumer. Need of developmental processes and regulations.

BIO-RESOURCE AND ECOLOGICAL BALANCE

Asian medicine is dependent on natural resources: plants, animal products, minerals and metals. The environmental issues have direct impact on Asian Medicine.

Registration Packages

Category	Early Bird 15th Aug, 2015	16th Aug to 15th Oct, 2015	16th Oct to 15th Dec, 2015	After and Spot Registration
Students	INR 2500	INR 3000	INR 3500	INR 4000
IASTAM Members	INR 2750	INR 3000	INR 3500	INR 4000
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International	USD 200	USD 225	USD 275	USD 300
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Abstract Submissions :

- The papers should be related to the theme (sub-themes and topics) of the conference.
- All submitted 'Abstracts' will be considered for oral or poster presentations.
- For Abstract structure & format, submission guideline, please check our website www.icaam2016.com/Abstractsection.

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Secretariat ICAAM:-

Bharati Vidyapeeth Deemed University, College of Ayurved,
Pune-Satara Road, Dhankawadi, Pune - 411043, India

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