



**INDIAN ASSOCIATION
FOR THE STUDY OF
TRADITIONAL ASIAN MEDICINE**



**IASTAM Oration
&
Award Function 2015**

Chief Guest

Smt. Vasuben Narendrabhai Trivedi

Minister of State Education, Women and Child Welfare (Independent Charge),
Higher and Technical Education

Guests of Honour

Dr. Anil Patel

Chairman, Gujarat Building construction worker welfare board,
Government of Gujarat & Prabhari, Pradesh Vividh Cells, BJP

Dr. Kandarp Desai

Director - ISM & H, Govt. Of Gujarat.

DATE

Saturday 14th February 2014

VENUE

Gujarat Ayurved University, Chanakya Bhavan, Gurudwara Road,
Opp. City B Division Police Station, Jamnagar, Gujarat 361008

*“ The power that can transform life in a movement can be
found only in the living illuminated souls, though shining
lights who appear among us from time to time.”*

Swami Vivekanand

RESPECTING KNOWLEDGE

Recognition of & respect for true knowledge and achievement in the field of traditional medicine has always been a commitment at IASTAM-India. It is a stated mission statement of IASTAM India for the past 35 years. It has also been IASTAM – India's endeavor to provide a bridge between different streams of knowledge & faculties involved in the development of the Traditional Asian Medicine. IASTAM strives to encourage and recognize commitment and achievements in the field of indigenous systems of medicine. Specifically the effort is to recognize pioneering work done by authorities from the Modern Sciences of Allopathy, Pharmaceutics, Molecular Biology & others for the enrichment of Ayurved & other Traditional Systems. IASTAM ORATION & AWARDS in tune with its interdisciplinary spirit are to recognize pioneering work done by experts from within the systems and other faculties to bridge the gap between knowledge and science, traditions & practices, potentials and needs.

IASTAM ORATION & AWARDS 2015

In Honour Of Lifetime Contribution to IASTAM India	<u>Prof. R. K. Mutatkar</u>
ZANDU INTERNATIONAL AWARD <i>Sponsored By EMAMI Ltd. For Excellence in Research Contributions for Ayurvedic and or Natural Products</i>	<u>Dr. Ikhlas Khan</u>
Pandit Shiv Sharma Oration <i>For Promotion of Ayurveda</i>	<u>Prof. Dr. Subhash Ranade</u>
Prof. K.N. Udupa Award <i>For Biomedical Research</i>	<u>Prof. Dr. Y.K. Gupta</u>
Dr. C. Dwarkanath Award <i>For Contemporary Interpretation</i>	<u>Dr. Pratipkumar Debnath</u>
Dr. K.M. Parikh Award <i>For Pharmaceutical Sciences</i>	<u>Dr. Maltiben G. Chauhan</u>
Shri Gopaldas Parikh Award <i>For Drug Development</i>	<u>Prof. Dr. Bhushan Patwardhan</u>
Shri Mathuradas B. Parikh Award <i>For Excellence in Profession</i>	<u>Dr. G. G. Gangadharan</u>
Vaidya Haribhau Paranjape Award <i>For Excellence in Shalya Tantra</i>	<u>Dr. Subhashchandra Varshney</u>
Yoga Forum Munchen Patanjali Award <i>For Contributions to Yoga</i>	<u>Dr. R.H. Nagendra</u>



Prof. R. K. Mutatkar

In Honour of Lifetime Contribution to IASTAM India

Prof. Ramchandra Keshav Mutatkar pioneered teaching of Medical Anthropology in India at the Department of Anthropology, University of Pune in 1974. He is the Hon. Director of AYUSH in Public Health and The Maharashtra Association of Anthropological Sciences (MAAS), supported by Government of India. Prof. R. K. Mutatkar was the first choice to organize a meeting at Pune University on 20th April 1980 to formulate the Constitution in order to register the Indian Association for the Study of Traditional Indian Medicine, which was a great success. He is a true academician wedded to scientific pursuits with a full-fledged university department behind him. Prof. R. K. Mutatkar was the first General Secretary. In his capacity as General Secretary, he also discharged the responsibility of editing IASTAM-India Newsletter. He was also organizing Secretary for the Asian Congress in 1983 and Third ICTAM in 1990 held at Mumbai. After the sad demise of Pandit Shiv Sharma and Dr. Udupa, it was unanimously decided to elect Prof. R. K. Mutatkar to be the third President of IASTAM India. For the first time, Steering Committee on AYUSH for formulating the 11th five Year Plan appointed a Working Group on 'AYUSH in Public Health' with Prof. Mutatkar as its Chairman. As a result, schemes on public health initiatives were introduced in the AYUSH department of Government of India. He has been awarded Prof. Panchanan Mitra Memorial Oration, Prof. S. S. Sarkar Memorial Oration & First Prof. Irawati Karve Memorial Oration



ZANDU

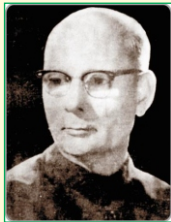
IASTAM - ZANDU INTERNATIONAL AWARD 2015 for 'Excellence in Research Contribution to Ayurvedic and / or Natural Products'. Sponsored by EMAMI Ltd.

IASTAM with support from EMAMI, the well-known corporate conglomerate is pleased to announce its first international award, 'ZANDU INTERNATIONAL AWARD' which will be given for 'Excellence in Research Contribution to Ayurvedic and / or Natural Products'. The award is to recognize an expert who has made significant research contributions internationally on development of Ayurvedic or natural products. This award is in the name of Zandu which signifies – Ayurvedic healthcare products for more than 100 years. Zandu's Ayurvedic Herbal Health Care products are available in every corner of India and in all major international markets. The Zandu Foundation for Healthcare ZFHC with modern facilities conducts and promotes R & D in the field of health with emphasis on Ayurveda to fulfill its social commitments. To augment the natural sources of crude drugs and meet the increased demand for endangered medicinal plants is the prime objective of ZFHC. Zandu International Award sponsored by EMAMI is for the IASTAM Oration Award Function 2015. We hope to get continued support from EMAMI for this award.



Dr. Ikhlas Khan

Dr. Ikhlas Khan is the Assistant Director of the National Center for Natural Products Research, Director of the FDA Center of Excellence, Research professor, as well as professor in the Department of pharmacognosy at the National Center for Natural Products Research at the University of Mississippi. Additionally, he is the Director for Sino-US TCM Research Center; Director, Center for Research of Indian Systems of Medicine (CRISM); Research Professor and Coordinator for Natural Products Research center for Water and Wetlands Research. He is Ph.D. in Pharmacy from the Institute fuer Pharmaceutics Biology in Munich, West Germany and has done postdoctoral studies at Swiss Federal Institute of Technology (ETH) Zurich. Dr. Khan's primary research interests include analytical fingerprinting for standardization of herbal products, and bio-analytical approaches to improvement of product quality and safety. Dr. Khan has authored or co-authored over 550 original research articles, publications, or reviews. Dr. Khan is the recipient of numerous awards and serves on several committees of National Center and has Memberships to scientific organizations. He also served as a WHO consultant. He is an honorary membership of Sigma Xi, the Scientific Research Society; Rho Chi, the Pharmaceutical Honor Society.



Pandit Shiv Sharma Oration For Contribution to Promotion of Ayurveda

IASTAM, in memory of its Founder President and eminent Vaidya Padmabhushan Pandit Shiv Sharma has instituted this “Oration” for excellence in propagation of Ayurveda or outstanding services rendered to further the cause of Ayurveda. The Pandit Shiv Sharma Memorial Oration was constituted with the explicit object of recognising efforts put in for promotion & propagation of the Ayurvedic cause. During the pre and post-independence era Pandit Shiv Sharma led the Ayurvedic profession of the country with clear vision and focus. His tireless efforts brought the Ayurvedic profession together through the All India Ayurvedic Congress of which he went on to become the youngest ever president, a position he held for 7 terms. He was also the first Honorary Ayurvedic Physician to the President of India and also a Member of Parliament. Pandit Shiv Sharma is acknowledged as the architect of the Central Council of Indian Medicine of which he became the first President. Among the various accomplishments, creating international acceptance for Ayurveda easily ranks as the most significant.



Prof. Dr. Subhash Ranade

Prof. Subhash Ranade is the chairman of the International Academy of Ayurveda, Professor and Head at Interdisciplinary School of Ayurveda, Head and Professor at Dept. of Ayurveda, University of Pune, as a Principal of Ashtang Ayurveda, Pune, and a Prof. Emeritus for the University of Bremen (Germany) and University of Tel Aviv (Israel). He has been a visiting Professor for many international institutions in North America, South America, Europe, Middle East and Japan. Prof. Subhash Ranade's publications of 145 books in more than 15 languages, national and international television interviews, extensive writing through scientific as well as community based healthcare magazines and through various modes of modern media; have propagated the message of Ayurveda to the larger global community. By organizing several national and international conferences he is continuously encouraging emerging talent in Ayurveda. Over last three and half decades he has been traveling untiringly across the globe to all the five continents and 68 countries. This has immensely served the purpose of propagation and popularization of Ayurveda.



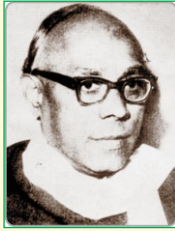
Prof. K. N. Udupa Award For Contributions to Research in Indigenous Systems of Medicine

IASTAM in memory of eminent educationist, scientist and former President of our Association Prof. K. N. Udupa has instituted this Award for Excellence in Research in Ayurveda / Indigenous Systems of Medicine. Prof. K.N. Udupa, the first president of IASTAM – India who was born in Kodettur in Karnataka was known as the modern Sushruta. Though coming from a poor family he finished his graduation in 1943 from the Banaras Hindu University (BHU) with the help of scholarships and tuitions. He learned Surgery from Dr. Mirajkar, who also helped him to apply and obtain for M.S. in Surgery from Michigan University, U.S.A. He invented devices to perform surgery and built up a strong team. In 1959 he submitted the famous Udupa Committee Report and took on an assignment as a Principal and Professor of Surgery at the BHU. He went on to become known as surgeon and a teacher par excellence. In a distinguished career Prof. Dr. Udupa won many awards and orations and was also awarded Padmashree. Prof. Udupa retired in 1980 from active service. After retirement he was actively involved in research and community work.



Prof. Dr. Y.K. Gupta

Prof. Y. K. Gupta is currently Professor and Head, Department of Pharmacology, All India Institute of Medical Sciences (AIIMS), in-charge of National Poison Information Centre (NPIC), National Scientific Co-coordinator of Pharmacovigilance Program of India (PvPI) and vice-Chairman of Revision of National List of Essential Medicines. Prof. Y. K. Gupta has done scientific investigations such as anti-emetic study of Ginger against cancer chemotherapy, evaluation of various herbal extracts and compounds in experimental model of Alzheimer's disease, studies on herbal compounds for activity in models of cognitive decline, anti-epileptic studies of selected Indian herbs, anti-arthritis activity of *Terminalia chebula* & *Colchicum leuteum*. He has served diverse domains of health sciences through several advisory committees and task forces of various academic and regulatory agencies. He has contributed vitally through high powered committees and governing bodies. He has conceptualized one of the popular drug bulletin Drugs.



Dr. C. Dwarkanth Memorial Award for Contribution to Contemporary Interpretation or Application of Ayurvedic Principles.

IASTAM in the memory of the great Ayurvedic Research Scholar Dr. C. Dwarkanth respected both by the Ayurvedic and Modern fraternity has instituted this Award for excellence in newer interpretations or contributions based on fundamental principles of Ayurveda leading to its novel application. Dr. C. Dwarkanth a well-known Ayurvedic scholar and researcher graduated from the Govt. School of Indian Medicine, He worked on the effect of Swarna Bhasma (Gold Therapy) in Tuberculosis at the Faculty of Medicine, Hamburg University, Germany. In a distinguished career He held important positions like Research Officer and Secretary of the Chopra Committee on ISM and Principal, Govt. College of Indian Medicine, Mysore. He was a model teacher and also as a pioneer in bringing a modern scientific approach to Ayurvedic concepts. He was a Professor of Kayachikitsa at the Post-graduate Training Centre in Ayurveda and 1959 took over as the Adviser (Indigenous system of Medicine), Govt. of India, Ministry of Health. Dr. C. Dwarkanth published several monographs and books on Ayurveda which reveal his special insights and research abilities. Some of the books authored by him were later prescribed as text books/ reference material. He passed away in September 1978 at New Delhi.



Dr. K. M. Parikh Memorial Award For Contribution to Development of Ayurvedic / Herbal Pharmaceutics

IASTAM in memory of Dr. Krishnakant Parikh, its founder member and a visionary in the field of Ayurvedic Pharmaceutical Research and development and contribution to its growth. Born in the reputed Parikh family that was running Zandu Pharmaceutical works. He held a doctorate in medicinal plants from Munich University. He joined his family business, and brought up to international standards in a career spanning more than 4 decades. Dr. K.M. Parikh was elected as President of IDMA in the very first year of its formation. Being a true nationalist Dr. K.M. Parikh believed in scientific and technological up gradation of manufacturing and quality control in Ayurvedic preparations. Dr. K.M. Parikh also kept up his academic interests, in spite of his busy schedule in overseeing the growth of Zandu Pharmaceutical Works. An accomplished orator Dr. K.M. Parikh was a honoured guest at numerous conclaves, conferences, debates and educational campuses.



Prof. Dr. Pratipkumar Debnath

Prof. Dr. Pratipkumar Debnath excelled academically as a Head Department of Panchakarma and in charge Clinical Research, J. B. Roy State Ayurvedic Medical College Kolkata and as a Consultant, National Research Institute of Ayurveda for Drug Development, Kolkata Department of AYUSH. He has recently published pioneering research on 'Makaradhawaja nanoencapsulation' for drug delivery, indeed, in a true sense a contemporary application to the traditional therapeutics. He is the Founder Director of the 'Gananath Sen Institute of Ayurvedya and Research on Reverse Pharmacology'. He has inherited an outstanding family tradition of Ayurveda. Subsequently he acquired Ph.D through Dept of Pharmacology, B.H.U. He is a 'Fellow Indian Pharmacological Society', as well as a 'Fellow National Academy of Ayurveda'. He has to his credit more than 150 scientific publications. He has served several Government and academic organizations in different capacity including WHO as AYUSH Expert. He has been a founder of core committee, to establish Ethnopharmacology in India and also member of different scientific and Ethics Committees'. He is also the President of Indian Science Congress and his research strides from foundational philosophy of Ayurveda to evidence based science of Ayurveda.



Dr. Malati G. Chauhan

Dr. Maltiben Chauhan has done pioneering work in the development of Ayurvedic pharmaceutics especially through a specialized work in pharmacognosy. She has served in various capacities such as Post Graduate Teacher, Ph.D. Guide, Professor, Head of the Department, and Dean through the institutions. She has in her name several scientific publications on medicinal plants and four significant volumes and honoured with Dr. Harit R. Derasari Oration award at L. M. College of Pharmacy & Best Pharmacognosy teacher of Indian Society of Pharmacognosy. She is the founder member of AADAR (Academy of Ayurveda Development and Research), Ahmedabad. She is also an active member of SFTRRD (The Sciences Foundation for Tribal and Rural Resource Development), ICMR (Indian Council of Medical Research), ICAR (Indian Council of Agriculture Research), State Medicinal plants Board, Gujarat State Pharmacy Council, and many more.



Shri Mathurdas Parikh Award For Excellence in Profession

IASTAM in memory of Shri Mathurdas Parikh instituted this 'Award for Excellence' in Ayurvedic Profession. (Preferably given to a renowned Ayurvedic practitioner for service to society through the profession of Ayurved) Putting the traditional home-bound heritage of Ayurved on an industrial footing was by no means a simple task. To set up an Ayurvedic factory was an uphill task requiring tremendous amount of dedication, hard work and skill. It involved numerous intricate aspects and a multi-disciplinary approach to manage the functions of finance, production and marketing. Shri Mathurdas Parikh a business leader of his times had the necessary skill sets. His meticulous planning and efficient management control set the industry on a sound business footing. Zandu in great measure owes its success to the business acumen of Late Shri Mathurdas Parikh.



Dr. G. G. Gangadharan

Dr. G. Gangadharan has been into clinical services for three decades. He has been in the forefront of disseminating Ayurveda services to the rural masses through various programs at field level. He has secured prestigious position of Medical Director, at Institute of Ayurveda and Integrative Medicine (I-AIM); an initiative of Foundation for Local Health Traditions (FRLHT), Bangalore. He has trained through the Gurukul pattern of education and acquired Ayurvedacharya, from Madras University, achieved PhD in Ayurveda from Pune, and now is pursuing international Masters in health leadership from McGill University, Canada. He has contributed to publication. He has been instrumental in mainstreaming of Ayurveda in the national health scenario and also mobilizing support from policy makers for Ayurveda based public health systems. He has also been instrumental in 100 bed Ayurveda and integrative medicine hospital and healthcare centre.



Vaidyaratn Haribhau Paranjape Award For Excellence in Shalya Shalakya

IASTAM in memory of Vaidya Haribhau Paranjape instituted this 'Award for Excellence' in Shalya Tantra. Vaidyaratn Haribhau Balkrishna Paranjape completed his graduation in arts & further undertook his studies in Ayurveda. He started 'Ayurved Shikshan Mandal' with an objective to simplify Ayurvedic teaching and to serve the people for their medical needs. Ashtang Ayurved Mahavidyalaya was added with Ashtang Ayurved Pharmacy then the first Ayurvedic Charitable dispensary and finally the Ashtang Charitable Ayurvedic Hospital. He served as secretary of the Mandal for 47 years. He was honoured by Pune District Congress Committee for his contributions. The great man who dedicated his whole life for the cause of Ayurveda passed away on 20th November 1983. The institutions established by him continue to serve the causes that he strived for.



Prof. Dr. Subhashchandra Varshney

Dr. Subhashchandra Varshney has been serving the domain of surgery in Ayurveda for almost four decades as a clinician, teacher and researcher. He has served at different academic positions in the capacity of lecturer, reader, professor and principal at different institutions in Department of Shalya-Tantra. Currently even after retirement He has continued as a professor of Shalya-Tantra at Datta Meghe Institute of Medical Sciences. He has performed independently over 15000 operations and has done substantial scientific work for the development of para-surgical procedures inspired from Ayurveda principles, such as Jaloukavacharana (Leech Therapy), Ksharasutra (Medicated thread Therapy), Dhoopan chikitsa (Fumigation) and Agnikarma (Cauterization). He is bestowed by 'The Best Teachers awards' by All India Teachers association. He has also worked in the field of family planning and fertility control which is well appreciated by government of Maharashtra.



Yoga Forum Munchen Patanjali Award For Contributions to Yoga

Yoga Forum Munchene .V was founded in 1989 by Reinhard Bogle & others. The students are educated and trained to teach Yoga to adult education groups. Individual pedagogical and psychological support is provided to every student for personal development. The goal of Yoga is understood to be a physical wellbeing and to provide biosocial balance. Its philosophical background is the SankhyaKarika that forms basis for Yoga together with Ayurveda and Patanjali Yoga Sutras. Yoga, Ayurveda, Sankhya and such other findings are incorporated into its curriculum. Yoga Forum continuously endeavours to upgrade its knowledge and applications in the light of deeper and newer understandings, both of ancient knowledge and modern biophysical information. Yoga is carefully differentiated from religion. Being closely associated with IASTAM activities and encouraged by its collaborators Yoga Forum Munchen decided to offer an Award in the memory of Patanjali, author of YogaSutra to encourage interdisciplinary activities and research on Yoga.



Dr. H. R. Nagendra

Dr. H. R. Nagendra has been serving humanity through proficiency in Yoga for over four decades. He joined Vivekananda Kendrain his early 30's for a service mission as a whole time worker. He is the Vice chancellor of Swami Vivekananda Yoga Anusandhana Samsthana (SVYASA). With his leadership and inspirational guiding force, SVYASA, a Yoga University has been designated as ICMR Center for Advanced Research in Yoga and Neurophysiology whereas Department of AYUSH has accorded it as a Center of Excellence in Yoga. He is also the Director of 'Prashanti Kuteeram'. He has published numerous books and research papers in the field of yoga which has brought scientific meaning to the spiritual practices. He has been the editor of a journal and magazines on yoga and has been instrumental in developing curricula for a number of yoga courses. He has been awarded National Citizens Award, "Man of Excellence" award by the Bangalore Badaganadu Sangha Association, "Yoga Shree" award and many more.



Shri Gopaldas Parikh Award For Contribution to Drug Development in the field of Phytochemistry

He gained his early training under his father shri Mathuradas Parikh and Shri Jugatram Vaidya. Following tradition of his mentors for manufacturing classical products while protecting basic needs of the Ayurvedic principles and tradition during this period Zandu adapted to newer technologies that became hallamrk of He formed a team of his own to in-house fabricate such adaptations and even imported machinery from Japan and other places. He worked a team of Ayurvedic and pharmaceutical experts to introduce a series of trend setting formulations as specificity products for the treatment of specific disorders. He was appointed Director to the board of Zandu. He took active part under AMO for amendment of patent law which as amended based on report of Hathi committee" that helped the Indian pharmaceutical Industry grew phenomenally. He contributed immensely during 45 years of his association the ayurvedic industry.



Prof. Dr. Bhushan Patwardhan

Professor Bhushan Patwardhan brings over 30 year experience in research and development in the area of ethnopharmacology, drug discovery & development and integrative medicine. He is a Fellow of National Academy of Medical Sciences and visiting Professor at Indian Institute of Advanced Studies, Shimla. He is present Chairman of Academic Planning and Development Committee of National Institute of Pharmaceutical Education & Research. He has worked on several policy making bodies and also has worked on Taskforces of National Knowledge Commission and Planning Commission. He was was Vice Chancellor of a deemed University. He is on the research advisory committees of national institutions and Editor-in-Chief of Journal of Ayurveda and Integrative Medicine published by Wolters Kluwer. He is recipient of many awards and orations. He has authored three peer reviewed books and has contributed book chapters with reputed publishers including Elsevier, Wiley, Pharma Press, InTech and Research Signpost.

National Ayurveda Scholar Awards For Best Ph.D. Thesis & M.D./M.S. Dissertation Of Ayurved

1. **Best thesis - Ph.D. in Ayurveda.** Certificate of Merit and Cash Prize

Name of Scholar **Dr. Sreekumar K.**

Thesis - A clinical Study On Shushkaakshipaaka W.S.R. To Dry Eye Syndrome And Its Management With Mridweekaadi Eye Drops And Nayanamitra Eye Ointment.

Department - Shalakyatantra, Institute - I.P.G.T. & R Jamnagar, Gujarat Ayurved Univerdity Jamnagar

Currently working as Assistant professor in the Salakya tantra department in Govt. Ayurveda College, Tripunithura, Dept. of Ayurveda Medical Education, Govt. of Kerala.



2. **Best dissertation - MD/MS in Ayurveda.** Certificate of Merit and Cash Prize

Name of Scholar **Dr. Sarang Lakhmale**

Thesis - A Pharmacognostical & Pharmacological Evaluation Of Badichang W.S.R. To Vishaghna Karma Naja Naja Venom Poisoning.

Department - Dravyaguna Vigyan Institute - I.P.G.T. & R Jamnagar, Gujarat Ayurved Univerdity Jamnagar

Currently working as Assistant Professor in Dravyaguna at Govt. Ayurved College Nanded, Maharashtra.



3. **Best thesis - Within Faculty of Ayurved, Bharati Vidyapeeth University** Certificate of Merit and Cash Prize

Name of Scholar **Dr. Sarita Bhutada** for Ph.D.

Thesis - A Study On Co-Relation Between Dosaja Prakruti Of Persons And Their Marital Life.

Department - Kriya Sharir, Institute - College Of Ayurved, Bharati Vidyapeeth University, Pune.

Currently working as Professor and HOD in Department of Sharir Kriya, G J Patel Institute of Ayurvedic Studies & Research



IASTAM ORATION AND AWARD FUNCTION

An Oration that begun in memory of our founder President has gradually increased to 10. This year the “Zandu International Award” is sponsored by EMAMI Ltd. We hope EMAMI will help institute the International Award on a permanent basis. IASTAM will now onwards organize its “IASTAM ORATION AND AWARD FUNCTION” every year. This will give the participants an opportunity to learn and exchange views and experiences with scholars and experts from different disciplines who have contributed to the development of indigenous systems of Medicine. IASTAM is the only organization in the country which has requisite approach and reach to provide unique multidisciplinary platform for the promotion of Indian Systems of Medicine like Ayurved, Yoga, Unani, Siddha and others. IASTAM appeals for contribution from individuals, institutes or organizations to contribute to institute more awards in the areas of unrepresented subjects, faculties or activities.

BE A MEMBER, BE A CATALYST!

Integration of knowledge and sciences holds future development. IASTAM; committed to Indian Indigenous Systems of Medicine with an Asian perspective provides an opportunity to be catalytic agent and an active participant.

Do join us to strengthen our activities.

Do join us as Institutional, Patron or Life members.